COMMISSION MEMBERS PRESENT: Chris Rasmussen, Chelsea Bonini, Frieda Edgette, Jean Perry, Leticia Bido, Michael Lim, Sheila Brar, Gina Quiney, Kristina Bell

STAFF: Chantae Rochester

COMMISSION MEMBERS ABSENT:
   Excused: Candice Hawley, Katelyn Chang, Paul Nichols
   Un-excused:

OTHERS PRESENT (signed in): Candice Muntz, Pat Willard

CALL TO ORDER
The meeting was called to order at 3:32 p.m. by Chris Rasmussen

INTRODUCTIONS
Commission members introduced themselves

APPROVAL OF TODAY’S AGENDA
Approval of the Agenda
   ► M/S/C Edgette/Lim

APPROVAL OF MINUTES
Approval of minutes from the February 1, 2023, meeting.
   ► M/S/C Brar/Edgette

Approval of minutes from the February 15, 2023, Executive Committee Meeting
   ► M/S/C Brar/Edgette

Correspondence, Announcements, and Public Comment
Jean Perry
California START – A collaborative Initiative with Regional Centers throughout the State. See attached flyer for more information.
League of Women Voters Bay Area virtual educational conference, Saturday,
STANDING COMMITTEES

Committee for Children & Youth
   No report for this month
   Next meeting will be held on April 19, 2023, at 4:00 p.m.
   In-Person at 2000 Alameda de las Pulgas, Room 201, San Mateo
   Or virtual via Zoom

Committee for Adults
   Reported by Yoko Ng
   Next meeting will be held on April 19, 2023, at 10:30 a.m.
   In-Person at 2000 Alameda de las Pulgas, Room 201, San Mateo
   Or virtual via Teams

Committee for Older Adults
   Reported by Jean Perry
   The next meeting will be held on April 1, 2023, at 11:00 a.m.
   In-Person at 2000 Alameda de las Pulgas, Suite 100, San Mateo
   Virtual via Teams

Committee for Alcohol and Other Drug Services
   Reported by Chris Rasmussen
   The next meeting will be held on April 18, 2023, at 1:00 p.m.
   In-Person at 310 Harbor Blvd., Building E, Belmont
   Virtual via Teams

Mental Health Services Act Steering Committee
   Reported by Jean Perry
   The next meeting will be held on May 4, 2023, at 3:00 p.m.
   In-Person location TBD
   Virtual via Zoom

Director's Report
Interim Director Lisa Mancini was not able to attend.

Please see the latest HYPERLINK "https://www.smchealth.org/sites/main/files/file-attachments/directors_update_mar_2023.pdf?1677525338" Director's Update
Liaison, Task Force and Ad Hoc Committees
Suicide Prevention Committee
Reported by Yoko Ng

The Suicide Prevention Committee met on Tuesday, February 7, 2023. We discussed:
Survey results from 2020 survey
Goal #2 of the roadmap
The next Suicide Prevention Committee Meeting is Tuesday, April 4, at 1:30 – 3:00 p.m. via Zoom.

Old Business
Nothing to report.

New Business
New Ad/Hoc Committee:
Strategic Partnership/Membership (recruitment)
Chair – Michael Lim
Members (volunteers) – Gina Quiney, Sheila Brar, Frieda Edgette, Leticia Bido, Jean Perry

Presentation
MHSA 3-Year Plan Input Session
Led by: Commissioner Jean Perry
Chris Rasmussen
24/7 Crisis Response
Using data from the pilot programs to build countywide infrastructure for crisis response. Submit a copy of the report that was given to the Board of Supervisors.

Yoko Ng
Housing and workforce that single out true bilingual staff who are competent to serve the community. Provide bilingual staff more training to allow them to be able to serve the community. Screen based on job related language; recruitment shouldn’t be limited to bilingual but those who are culturally competent. Upgrade capacity for those positions as well as recruiting, screening, and further training.
The teams that provide direct services need more bilingual staff with diverse backgrounds.

Star Vista has a huge population of bilingual staff, they are an example of an organization who has done it well.

Provide training for culturally sensitive populations.

Freida Edgette
Focused resources to take the caregiver roadmap (for parents and caregivers) and connect it to the continuum of care. Create visibility as well as articulating rights and expectations and who to call. It would be great to include a peer component as well.
Four phased process to take them through:
Get all stakeholders in the same room
Where are there linkages with different agencies?
Demystify the systems and provide heartfelt support with respect of where to go to get support for parents and caregivers
Navigating the complexity of the system
Look for patterns and trends
Then go to the most frequent tracks/scenarios and build the path and branch out from there
How do you make people aware of the programs available (not just parents and caregivers but teachers and others)?
Have a way to add information and share it with the community
Have a way to keep the information current
Not a call number and leave a message
Something that is useful
It should include testimonies and stories that would be video based
Gathering the stakeholders in the beginning would help with the process
BHRS in partnership with community partners
The custodian of it as it grows and changes
It would be a collaborative effort
Someone with strong media background
Design an app
Kept relevant within a 3-year window

Yoko Ng
Simplify the housing application and reduce the application fees, they are too high.

Leticia Bido
Have something like a street team for advocacy.
How do we reach our most vulnerable?
Ensuring that those who don’t normally interact with youth services know what is available
Collaborate with community partners
Think about those who are not yet linked to services

Michael Lim
There’s a group of people doing this type of work, they are not yet mobilized, the Health Ambassador Program through the Office of Diversity and Equity (ODE). Health Ambassador Program for Youth run by StarVista:
They are educated in various part of mental health
This area of education could be expanded to include:
Diversity and equity
Alcohol and Other Drug Services
Homelessness
Justice Involved
The subject topic for graduation is limited, maybe we want to expand that and that has a way of feeding into our peer support program.
These people have lived experience
This could be a pathway for workforce development
Pathway for them to become Peer Support Specialist

Meeting Adjourned: The meeting was adjourned at 5:05 p.m. by Chris Rasmussen

Next MHSARC Meeting: April 5, 2023, from 3:30-5:00 p.m.
College of San Mateo
College Center- Building 10, Room 468

Next Executive Committee Meeting: Monday, April 17, 2023, at 5:00 p.m.
2000 Alameda de las Pulgas, Atrium
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE BHC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and
services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.