



Behavioral Health Commission

Unadopted Minutes

Wednesday, December 7, 2022

Zoom Meeting

BOARD MEMBERS PRESENT: Chris Rasmussen, Paul Nichols, Chelsea Bonini, Jean Perry, Katelyn Chang, Kristina Bell, Leticia Bido, Michael Lim, Randy Torrijos, Sheila Brar, Yoko Ng

STAFF: Chantae Rochester, Lisa Mancini, Doris Estremera, Claudia Saggese

BOARD MEMBERS ABSENT:

Excused: Candice Hawley, Hudson Fox, Frieda Edgette

Un-excused:

OTHERS PRESENT (signed in): Pat Willard

CALL TO ORDER

The meeting was called to order at 3:31 p.m. by Chris Rasmussen

INTRODUCTIONS

Commission members introduced themselves

APPROVAL OF TODAY'S AGENDA

Approval of the Agenda with the following changes:

▶ **M/S/C** Torrijos/Lim

APPROVAL OF MINUTES

Approval of minutes from the November 2, 2022, with the following changes:

Michael Lim's comments on MHSA Funds

Chris Rasmussen's comments regarding Civics 101 class

▶ **M/S/C** Torrijos/Lim

Approval of minutes from the October 19, 2022, Executive Committee Meeting

▶ **M/S/C** Torrijos/Lim

Correspondence, Announcements, and Public Comment

Kristina Bell

We had a successful Gun Buy Back Event last Saturday. We collected 288 firearms. I want to say thank you to the citizens of San Mateo County for their continued support of this event, as well as Supervisor Pine.

Michael Lim

I have three announcements:

1. The Council on Criminal Justice and Behavioral Health has rescheduled their juvenile justice workshop to the 16th of this month.
 - a. They will be providing an overview of the report findings and recommendations related to juvenile justice in California
2. The National African American Male Wellness Agency is having a discussion on Real Men and Real Talk
 - a. Focusing on black men's mental wellness on December 8.
3. The Depression and Bipolar Support Alliance (DBSA) is having a webinar on December 13 at 11

Chantae Rochester

The Commission is accepting applications for all vacancies. Applications will be accepted through January 5, 2023.

Pat Willard

You mentioned the quantity of guns taken in, but not the type of guns.

A: 3 non-functioning, 6 assault weapons, 18 ghost guns (which are untraceable).

STANDING COMMITTEES

A. Committee for Children & Youth

Reported by Katelyn Chang

Next meeting will be held on January 18, 2023, at 4:00 p.m.
Via Zoom

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on January 18, 2023, at 10:30 a.m.
Via Teams

C. Committee for Older Adults

Reported by Jean Perry

The next meeting will be held on January 4, 2023, at 11:00 a.m.
Via Teams

D. Committee for Alcohol and Other Drug Services

Reported by Paul Nichols

The next meeting will be held on January 17, 2023, at 1:00 p.m.
Via Teams

E. Mental Health Services Act Steering Committee

Reported by Leticia Bido and Jean Perry

The next meeting will be held on January 5, 2023, at 3:00 p.m.
Via Zoom

Public Comment

Pat Willard

I would be interested to have young people answer the survey. I'm enjoying the work on the committee for the 3-year plan. I've been talking about the mobile mental health crisis response program often.

Director's Report

Reported by Lisa Mancini, Interim Director

I am incredibly impressed with the work that the commission does, thank you for our commitment to helping us improve lives.

Director Position

Interviews are scheduled for 12/14, we will have updates following the interviews.

Director of the Office of Consumer and Family Affairs (OCFA)

Claudia Saggese is retiring at the end of the year. She's been with us for 18 years and has made a huge impact on the lives of family members and clients. She puts a lot of care and love into the work she does. We will backfill her position until a permanent hire is made.

Palm Avenue Detox

Pam Avenue Detox has reopened.

December [Director's Update](#)

Past issues can be found [here](#).

Public Comment

Jean Perry

The new facility at Cordilleras is being named this week, there was an opportunity to input. There's a committee representing a broad range of stakeholders to help decide on the name. Hopefully like the mural at Canyon Oaks the name will promote recovery and hope.

The interviews for Medical Director are also happening this week.

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention Committee

Reported by Yoko Ng

The Suicide Prevention Committee met Tuesday, December 6, 1:30-3:00

- Reviewed and provided input on a two-page year in rebuild draft
- Revealed the framework for 2021-2026 Suicide Prevention Roadmap
- You can download both documents at www.smchelath.org/suicideprevention

The next Suicide Prevention Committee meeting is Tuesday, January 17, at 1:30 p.m.

Old Business

Open Public Hearing for Action Items #1 and #2 (see below)

► **M/S/C** Torrijos/Brar

Action Item #1 *Vote to close the 30-Day Public Comment Period for an Amendment of the Fiscal Year 2022-23 Mental Health Services Act (MHSA) Annual Update to include the purchase of 2191-2195 El Camino Real Property*

▶ **M/S/C** Nichols/Perry

Action Item #2 *Vote to Close the 30-Day Public Comment Period for the Mental Health Services Act Innovations Project Plans*

▶ **M/S/C** Nichols/Perry

New Business

Action Item #1: *Vote to submit an Amendment of the Fiscal Year 2022-23 Mental Health Services Act Annual Update to include the purchase of 2191-2195 El Camino Real Property to the Board of Supervisors*

▶ **M/S/C** Bido/Edgette

Action Item #2: *Vote to submit the Mental Health Services Act Innovation Project Plans to the Board of Supervisors*

▶ **M/S/C** Bido/Edgette

Public Comment

Jean Perry

When does the BOS reconstitute post elections? And will that affect us sending this forward?

A: The BOS comes back January 3, but I think Doris may have other timeline consideration or when it come the BOS.

Doris Estremera

We are targeting the end of January or early February for these items to go to the BOS.

Presentation

Cordilleras Update

Presented by Terry Wilcox-Rittgers

About the programs that will be housed at the future Cordilleras Behavioral Health Campus:

The future Cordilleras Behavioral Health campus has been designed to provide a world-class healing therapeutic environment that is far more homelike and far less institutional. This came about from an extensive review of best clinical practices, as well as campus and building models around the world. Treating people in a smaller-scale, more homelike setting reduces social isolation and creates a more natural environment for healing and social skills training, thereby mitigating problems related to adjustment and recovery. There will be four 16-bed mental health rehabilitation centers and co-housing for 57 residents along with a Campus Center. Construction of the new \$155 million campus is currently underway next to the current facility. Completion is slated for the fall of 2023. Learn more about this [project](#).

Please help us spread the word and share this information broadly with clients, family members, staff, partners, and community members.

For questions, please contact Terry Wilcox-Rittgers, BHRS special projects coordinator at twilcox-rittgers@smcgov.org.

Public Comment

Jean Perry

I understand there is a stream running through the property, what has happened in the design to prevent Cordilleras from being under water? My second question, I've heard in the past about truck loads of cigarettes being delivered and I'm wondering if this is going to be an opportunity to make an environment that is healthier regarding smoking?

A: They've re-engineered the entire drain system, so there will be a brand-new sturdy larger piping for all the underground part of the stream. The part of the stream that's been exposed for years is coming out of the woods and into the Cordilleras grounds is still open and has been cleared to make sure it flows properly and not become a flood hazard.

Locked facilities like Cordilleras currently don't have smoking. If a person is not in one of our locked facilities but a resident of the community, they can choose to smoke or not. Persons living there in the suites currently have a designated smoking area.

Chelsea Bonini

Will any of the programming at Cordilleras involve groups other than adults? Are there plans to upgrade the Canyon Oaks facility?

A: Individuals who will be living on the future Cordilleras campus will be adults, they will be at least 18 years of age. Canyon Oaks residents are all adolescents. We have been working with the staff and residents of Canyon Oaks to ensure their needs are addressed as related to the construction process. They are two different programs.

Lisa Mancini

The John Sobrato Foundation will be providing a new basketball court. It's not a new structure but the kids have been playing on this court that isn't safe. We are schedule to meet with our project management with the county to see what we can do upgrade a lot of areas at Canyon Oaks.

Yoko Ng

I really enjoyed learning that Cordilleras residents will be able to collaborate with California Clubhouse. I would really advocate to collaborate with others around self-care and employment programs.

Meeting Adjourned:

The meeting was adjourned at 5:00 p.m. by Chris Rasmussen

Next MHSARC Meeting:

January 4, 2023, from **3:30-5:00 p.m.**
Virtual Meeting

Next Executive Committee Meeting:

Wednesday, January 18, 2023, at 3:00 p.m.
Virtual Meeting

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE BHC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.