



Join the ODE Parent Project®



Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

Dinner and childcare provided!
Childcare limited to first 20 children who sign up, ages 3-15, potty trained.

DATES

Classes start:
Wednesday, September 11th
5:30 pm – 9:00 pm
Bayside Stem Academy
2025 Kehoe Ave, San Mateo
CA 94403

Class dates:
9/11, 9/18, 9/25, 10/2, 10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/11, 12/18

Class language:
English

Register in advance:
Wini McMichael
Wellness Coordinator
(650) 638-2913
wcmichael@smfsd.net

