



SAN MATEO COUNTY HEALTH
**AGING & DISABILITY
SERVICES**

**Commission on Aging
Aging Readiness and
Family Caregiver Support Committee**

**AGENDA
IN PERSON**

**Monday, September 22, 2025 9:30am – 11:00am
2000 Alameda de las Pulgas Room 209
San Mateo, CA 94403**

Virtual Link for the Public

Join Zoom Meeting

<https://smcgov.zoom.us/j/86841036051>

Meeting ID: 868 4103 6051

One tap mobile

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Dial by your location

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Meeting ID: 868 4103 6051

Committee Members: Kathy Uhl, Daniela Jonguitud, Patty Clement, Karen Coppock,
Twila Dependahl, Maria Barr

Staff: Anna Sawamura, Melissa Sanchez

1. Roll Call
2. Welcome and Introductions
3. Public Comment
4. Note Taking Assignment
5. Review and Approval of today's agenda
6. Review and Approval of July 28th meeting minutes
7. Discussion and finalizing Goal I Checklist – Personal Plan Check lists to suggest including in Help at Home Booklet – new section.
8. Discussion and preparation to work on Goal II.
9. Announcements
10. Adjourn



Commission on Aging

2000 Alameda de las Pulgas Suite 200 • San Mateo, CA 94403

Phone (650) 573-3900 • **Fax** (650) 837-9713 • **CA Relay** 711 • **Website** <http://www.smchealth.org/coa>

24-hour line to report abuse (800) 675-TIES (8437)

Health System Chief • Colleen Chawla

Board of Supervisors • David Canepa • Noelia Corzo • Ray Mueller • Jackie Speier • Lisa Gauthier