



**Commission on Aging
Aging Readiness and
Family Caregiver Support Committee**

AGENDA

IN PERSON

Monday, November 25, 2024 9:30am – 11:00am
2000 Alameda de las Pulgas Room 209
San Mateo, CA 94403

Virtual Link for the Public

<https://smcgov.zoom.us/j/88999658213>

Meeting ID: 889 9965 8213

One tap mobile

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Dial by your location

1 669 900 6833 US (San Jose)

Meeting ID: 889 9965 8213

1. Welcome and Introductions
2. Public Comment
3. Note Taking Assignment
4. Approval of today's agenda
5. Approval of October 28th meeting notes
6. Recommendation on Presentations for CoA General Meeting
7. Discussion on Goal Setting:
Goal 1: To Inspire Older Adults to create a personal plan for Healthy Aging
Goal 2: Promote positive aging
8. Announcements
9. Adjourn



Commission on Aging

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Phone (650) 573-3900 • **Fax** (650) 837-9713 • **CA Relay** 711 • **Website** <http://www.smchealth.org/coa>

24-hour line to report abuse (800) 675-TIES (8437)

Health System Chief • Louise Rogers

Board of Supervisors • David Canepa • Noelia Corzo • Ray Mueller • Dave Pine • Warren Slocum