



SAN MATEO COUNTY HEALTH
**AGING & DISABILITY
SERVICES**

**Commission on Aging
Aging Readiness and
Family Caregiver Support Committee**

**AGENDA
IN PERSON**

Monday, January 26, 2026 9:30am – 11:00am

IN PERSON MEETING FOR COMMISSIONERS AND PUBLIC

2000 Alameda de las Pulgas Room 209 San Mateo,
CA 94403

ZOOM LINK FOR PUBLIC TO ATTEND

<https://smcgov.zoom.us/j/96563451503>

Meeting ID: 965 6345 1503

One tap mobile
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Committee Members: Kathy Uhl, Daniela Jonguitud, Patty Clement, Twila Dependahl, Maria Barr

Staff: Anna Sawamura

1. Call to Order	Daniela/Patty
2. Roll Call	Anna
3. Welcome and Introductions	All
4. Note Taking Assignment	
5. Public Comment	
6. Review and approve January 26th Agenda	All
7. Review and approve November 17th Minutes	All
8. Feedback regarding Personal Plan Check List	All
9. Discussion on Finalizing Work on Goal II	All
10. Discussion on Future Goals	All
11. Announcements	All
12. Adjourn	

Assistive listening devices are available at this meeting. In compliance with the Americans with Disabilities Act, Title II (ADA, Title II), the county will provide reasonable accommodations for persons with disabilities. If possible, please give three (3) days advanced notice of any accommodation needs by calling (650) 713-8610 or dial 711 to the California Relay Service for persons who are deaf, or hard of hearing or speech disabled. For the comfort and safety of those who are sensitive to airborne chemicals, please refrain from wearing chemical-based products.



Commission on Aging

2000 Alameda de las Pulgas Suite 200 • San Mateo, CA 94403

Phone (650) 573-3900 • Fax (650) 837-9713 • CA Relay 711 • Website

<http://smchealth.org/CoA>

24-hour line to report abuse (800) 675-TIES (8437)

Health System Chief • Colleen Chawla

Board of Supervisors • Jackie Speier • David Canepa • Noelia Corzo • Ray Mueller • Lisa Gauthier