



SAN MATEO COUNTY HEALTH

## AGING & DISABILITY SERVICES

### Commission on Aging Aging Readiness and Family Caregiver Support Committee

#### AGENDA

#### IN PERSON

Monday, January 26, 2026 9:30am – 11:00am

#### IN PERSON MEETING FOR COMMISSIONERS AND PUBLIC

2000 Alameda de las Pulgas Room 209 San Mateo,  
CA 94403

#### ZOOM LINK FOR PUBLIC TO ATTEND

<https://smcgov.zoom.us/j/96563451503>

Meeting ID: 965 6345 1503

One tap mobile

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Committee Members: Kathy Uhl, Daniela Jonguitud, Patty Clement, Twila Dependahl,  
Maria Barr

**Staff:** Anna Sawamura

- |  |               |
|--|---------------|
| 1. Call to Order                               | Daniela/Patty |
| 2. Roll Call                                   | Anna          |
| 3. Welcome and Introductions                   | All           |
| 4. Note Taking Assignment                      |               |
| 5. Public Comment                              |               |
| 6. Review and approve January 26th Agenda      | All           |
| 7. Review and approve November 17th Minutes    | All           |
| 8. Feedback regarding Personal Plan Check List | All           |
| 9. Discussion on Finalizing Work on Goal II    | All           |
| 10. Discussion on Future Goals                 | All           |
| 11. Announcements                              | All           |
| 12. Adjourn                                    |               |

Assistive listening devices are available at this meeting. In compliance with the Americans with Disabilities Act, Title II (ADA, Title II), the county will provide reasonable accommodations for persons with disabilities. If possible, please give three (3) days advanced notice of any accommodation needs by calling (650) 713-8610 or dial 711 to the California Relay Service for persons who are deaf, or hard of hearing or speech disabled. For the comfort and safety of those who are sensitive to airborne chemicals, please refrain from wearing chemical-based products.



**Commission on Aging**

2000 Alameda de las Pulgas Suite 200 • San Mateo, CA 94403

**Phone** (650) 573-3900 • **Fax** (650) 837-9713 • **CA Relay** 711 • **Website**

<http://smchealth.org/CoA>

**24-hour line to report abuse** (800) 675-TIES (8437)

**Health System Chief** • Colleen Chawla

**Board of Supervisors** • Jackie Speier • David Canepa • Noelia Corzo • Ray Mueller • Lisa Gauthier