

## **Glossary of Service Modalities**

Alcohol & Other Drug (AOD) Services offers assessment, detoxification, outpatient, residential, transitional housing, ancillary and prevention services to adults and youth at sites located throughout San Mateo County. We also have bilingual/bicultural staff who can assist clients in many languages.

### **Assessment**

The Alcohol and Other Drug Services staff provides assessment services to San Mateo County residents involved in the following programs: Juvenile Dependency Court, Adult Drug Court (north and south county), Juvenile Drug Court, CalWORKs, Child Protective Services, Prop 36, Shelter Network, other county programs. We also provide services to post-incarcerated clients. After assessment, clients are referred to an appropriate substance abuse treatment service based on their needs. We also refer clients to other supportive programs to receive additional services such as counseling, job training and placement, housing resources, and childcare. All services provided by Alcohol and Other Drug Services are confidential. Our goals are to provide helpful prevention and treatment service information and to support clients as they go through recovery.

### **Ancillary Services**

We offer a range of on-site ancillary services: dual-diagnosis and psychiatric support services, vocational counseling (assessment, education/training, employment skills, job placement), parenting-skills training, child care, citizenship training, and ESL and GED classes. Some of these services are available through referral only. Specific sites provide crisis and family counseling.

### **Detoxification Services**

These facilities provide 24-hour, supervised, non-medical withdrawal from alcohol and other drugs.

### **Drug Court**

The San Mateo County Drug Court is a specialized court that addresses the needs of nonviolent, drug-dependent defendants. Defendants that are eligible for Drug Court have the option of participating in the Drug Court instead of serving a County Jail sentence. The defendant is expected to attend all court reviews, enroll and complete a substance abuse treatment program, submit clean drug tests, and abide by any other directives of Drug Court. The Drug Court utilizes a team case management approach to serve the clients. The "team" is comprised of the judge (team leader), probation officers, OR program, prosecutors, defense attorneys, AOD Services Case Managers/Assessment Specialists and treatment professionals. The team works collaboratively to develop a strategy to address the client's needs in an effort to decrease the likelihood of relapse, re-offense, and re-entry into the criminal justice system.

### **Outpatient Treatment**

Outpatient sites offer flexible intensity of services, based on the severity of clients' illness. This includes individual, group, vocational, and educational counseling. Convenient hours, including evening appointments, are available. We also offer two special programs:

- **Addiction Medicine and Therapy Program**  
This outpatient program offers medication assistance treatment for opioid addiction. The program offers both medically supervised withdrawal and maintenance treatment for persons who are opiate-dependent. Treatment requires rehabilitation counseling and offer clients HIV counseling and testing.
- **Perinatal Services**  
Intensive individual and group counseling is available for pregnant and parenting women. Opiate-dependent women may receive medically supervised methadone maintenance or detoxification treatment. Programs focus on women's issues, domestic violence, and parenting. As a special service, we also provide on-site child care for children up to age three.

### **Prevention Services**

Information and referral, education, and support services are available both to the community at large (including people in the earliest stages of experiencing alcohol and other drug problems) and for family members and significant others of clients enrolled in the managed care system.

### **Residential Treatment**

Residential treatment consists of structured, live-in programs at licensed treatment facilities for men, women, and women with children ages five and under. The treatment goal here is client stabilization. Services include individual, group, vocational, and educational counseling.

### **Transitional Housing**

This service is geared exclusively for those in outpatient treatment who either need a safe environment or who require temporary housing. It provides a great opportunity for clients to develop a support system while receiving outpatient services. There is also specialized housing for women in reunification.