ALCOHOL AND OTHER DRUG SERVICES DIRECTORY
San Mateo County Health System's
Behavioral Health and Recovery Services

Alcohol and Other Drug Services Directory

Behavioral Health and Recovery Services Alcohol and Other Drug Services (AOD) offers a broad range of services for the prevention and treatment of drug and alcohol disorders.

AOD administers substance use prevention and treatment funds from federal, state and local sources and provides substance use consultation, assessment, linkages, and referrals to a network of contracted community-based substance use treatment providers throughout the County.

Alcohol and other drug treatment services include: detoxification services, outpatient, residential, and medication assisted treatment. Culturally competent and integrated services are provided by addiction counselors, peers and mental health providers through a network of community partners. No one is turned away for lack of funds. Priority admission is given to pregnant and parenting women.

This Directory of Services is here to assist the general public in identifying and accessing alcohol and other drug services and recovery supports.

Get Help through the ACCESS Call Center

Anyone can contact the Access Call Center for assistance in finding mental health and/or substance use services for you or someone in your family who may be experiencing a mental illness and/or substance use condition. Call the Behavioral Health and Recovery Services (BHRS) ACCESS Call Center for an assessment, information and referral based on individual needs.

ACCESS Call Center: (800) 686-0101, TDD: (800) 943-2833
AOD Helpline: (650) 573-3950
www.smchealth.org

If you are experiencing a Mental Health Emergency or crisis, call 9-1-1 or go to your nearest hospital emergency room if you can safely get there.
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<tr>
<td>Clinically Managed Residential Withdrawal</td>
<td>A service designed to safely assist patients through withdrawal without the need for on-site access to medical or nursing personnel. Trained staff provide 24-hour supervision, observation, and support for patients who are intoxicated or experiencing withdrawal in a residential setting.</td>
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<tr>
<td>Deferred Entry of Judgment (DEJ)</td>
<td>A drug court program where defendants are court mandated to participate in a 20-hour program that provides education and counseling services. They are also placed on DEJ probation and monitored. Offenders who satisfactorily complete their DEJ probation have their guilty or no contest pleas dismissed.</td>
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<tr>
<td>Driving Under the Influence (DUI) Programs</td>
<td>San Mateo County has 5-licensed DUI programs that provide first and/or multiple offender program services throughout San Mateo County. These programs are designed to enable participants to consider attitudes and behavior, support positive lifestyle changes, and reduce or eliminate the use of alcohol and/or drugs.</td>
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<tr>
<td>First Offender Program (FOP)</td>
<td>3, 6 or 9-month DUI program which provides a combination of education, group and individual counseling and other services.</td>
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<td>Medication Assisted Treatment (MAT)</td>
<td>Combines behavioral therapy and medications to treat substance use disorders.</td>
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<td>Multiple Offender Program (MOP)</td>
<td>18-month DUI program which provides a combination of education, group and individual counseling and other services.</td>
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<td>Outpatient Treatment (OP)</td>
<td>A nonresidential alcohol and/or other drug service where individuals receive treatment individually and/or in group settings.</td>
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<tr>
<td>Sobering Station</td>
<td>A 24-hour facility that serves as a safe sobering-space and an alternative to jail for persons arrested for driving under the influence or public intoxication.</td>
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<tr>
<td>Wet and Reckless (WRP)</td>
<td>12-hour DUI program, education only.</td>
</tr>
<tr>
<td>Residential Treatment</td>
<td>Live-in program which is maintained and operated to provide 24-hour residential, nonmedical, alcoholism or other drug addiction recovery or treatment services.</td>
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<tr>
<td>Transitional Housing</td>
<td>Also known as sober living environments (SLEs) are facilities/residences for individuals in recovery from addiction, which serve as an interim environment between treatment and their future lives. SLEs grew out of a need to have safe and supportive places in which people could live while they were in recovery.</td>
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</tbody>
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### Treatment Providers A - Z

#### Asian American Recovery Services (AARS)
A program of HealthRight 360
www.healthright360.org
6181 Mission St.
Daly City, CA 94014
**Ph. (415) 337-0140**
Fax (415) 337-0411

population served
Adults

services
- Outpatient Treatment

other services
- School-Based Mental Health Services

languages
- Tagalog
- Ilocano (2nd dialect)
- Cantonese
- Spanish

#### Bay Area Addiction Research & Treatment (BAART)
www.baartprograms.com
795 Willow Road
Menlo Park, CA 94025
**Ph. (650) 324-1470**
Fax (650) 324-4149

population served
Adults

services
- Outpatient Treatment
- Medication Assisted Treatment

other services
- Parenting Classes
- Anger Management
- Domestic Violence
- Offers Transitional Housing

languages
- Spanish

#### El Centro de Libertad The Freedom Center
www.elcentrodelibertad.org

locations: Redwood City and Half Moon Bay
500 Allerton (Main office)
Redwood City, CA 94063
**Ph. (650) 599-9955**
Fax (650) 599-9273

population served
Adults, Youth

services
- Outpatient Treatment

other services
- Drop-in (Recreational) Center
- Referrals to Mental Health, Medical Care and Other Social Services

languages
- Spanish

#### Free At Last
www.freeatlast.org
1796 Bay Road
East Palo Alto, CA 94303
**Ph. (650) 462-6999**
Fax (650) 462-1055

population served
Adults

services
- Outpatient Treatment
- Residential Treatment
- Offers Transitional Housing

other services
- Drop-in (Recreational) Center
- Referrals to Mental Health, Medical Care and Other Social Services

languages
- Spanish

#### Health Right 360 – IMAT Clinic
www.healthright360.org
117 North San Mateo Drive
San Mateo, CA 94401
**Ph. (650) 425-9408**
Fax: (415) 554-0107

population served
Adults

services
- Medication Assisted Treatment

other services
- Drop-in (Recreational) Center
- Referrals to Mental Health, Medical Care and Other Social Services

languages
- Spanish

#### Hope House
Service League of San Mateo County
www.serviceleague.org
3789 Hoover Street
Redwood City, CA 94063
**Ph. (650) 363-8735**
Fax (650) 363-8701
Email: hopehouse@serviceleague.org

populations served
Adult Women

services
- Residential Treatment
Palm Avenue Detox
Horizon, Inc.
www.horizonservices.org
2251 Palm Avenue
San Mateo, CA 94403
Ph. (650) 513-6500
Fax (650) 345-7023

Populations served
Adults

Services
- Clinically Managed Residential Withdrawal Management

Languages
- Spanish
- Tagalog

Latino Commission
www.thelatinocommission.org
301 Grand Avenue, Suite 301
South San Francisco, CA 94080
Ph. (650) 244-1444
Fax (650) 244-1447

Residential Intakes:
(650) 244-0305

Populations served
Adults

Services
- Outpatient Treatment
- Residential Treatment
- Offers Transitional Housing

Languages
- Spanish
- Tagalog

Our Common Ground
www.ocgworks.org
2560 Pulgas Avenue
East Palo Alto, CA 94303
Ph. (650) 325-6466
Fax (650) 325-6467

Populations served
Adults

Services
- Residential Treatment
- Outpatient Treatment

Other Services
- Offers Transitional Housing

Languages
- Spanish

Pioneer Court
Outpatient Program
A program of HealthRight 360
www.healthright360.org
2015 Pioneer Ct. Suite B
San Mateo, CA 94403
Ph. (650) 273-4813
Fax (650) 638-1602

Populations served
Adults, Youth

Services
- Outpatient Treatment

Other Services
- Mental Health Services

Languages
- Spanish
- Tagalog
- Lao
- Cantonese

Project Ninety
www.projectninety.org
720 South B Street
San Mateo, CA 94401
Ph. (650) 579-7881
Fax (650) 579-2640

Populations served
Adult Men

Services
- Residential Treatment
- Offers Transition Housing

Pyramid Alternatives, Inc.
www.pyramidalternatives.org
480 Manor Plaza (Main office)
Pacifica, CA 94044
Ph. (650) 355-8787
Fax (650) 355-8780

Populations served
Adults, Youth

Services
- Outpatient Treatment

Other Services
- Anger Management
- Domestic Violence
- Mental Health Services
- Senior Support Services
- Parenting Program
- School-Based Mental Health Services

Languages
- Spanish
- Tagalog
- Cantonese
- Mandarin
- Russian
- Farsi
- French

Sitiike Counseling Center
www.sitike.org
306 Spruce Avenue
South San Francisco, CA 94080
Ph. (650) 589-9305
Fax (650) 589-9330

Populations served
Adults

Services
- Outpatient Treatment
Other Services
- Anger Management
- Domestic Violence
- Adolescent Drug Education

Languages
- Spanish

StarVista - Archway
www.star-vista.org
609 Price Avenue, Suite 201
Redwood City, CA 94063
Ph. (650) 366-8433
Fax (650) 366-8455

Population served
Adults

Services
- Outpatient Treatment

Other Services
- Domestic Violence
- Anger management
- Mental Health Services
- Offers Transitional Housing

Languages
- Spanish

StarVista – Insights
www.StarVista.org
609 Price Ave Suite 205
Redwood City, CA 94063
Ph. (650) 366-8436
Fax (650) 366-8455

Population served
Youth

Services
- Outpatient Treatment

Other Services
- Anger Management
- Mental Health Services
- Case Management
- Offers Transitional Housing

Languages
- Spanish

StarVista – Women’s Enrichment Center (WEC)
www.star-vista.org
335 Quarry Road
San Carlos, CA 94070
Ph. (650) 591-3636
Fax (650) 591-3600

Population served
Adult Women

Services
- Outpatient Treatment

Other Services
- Anger Management
- Mental Health Services
- Case Management
- Offers Transitional Housing

Languages
- Spanish

Women’s Recovery Association (WRA)
A program of HealthRight 360
www.healthright360.org
(Main Office)
2015 Pioneer Ct. Suite B
San Mateo, CA 94403
Ph. (650) 273-4790
Fax (650) 638-1602

Population served
Women

Services
- Residential Treatment

Other Services
- Mental Health Services
- Offers Transitional Housing

Languages
- Cantonese
- Tagalog
- Russian
El Centro de Libertad
The Freedom Center
www.elcentrodelibertad.org
San Mateo, Redwood City
500 Allerton (Main office)
Redwood City, CA 94063
Ph. (650) 599-9955
Fax (650) 599-9273

Population Served
Adults, Youth

Services
- Deferred Entry of Judgment (DEJ)

Languages
- Spanish

Free At Last
www.freeatlast.org
1796 Bay Road
East Palo Alto, CA 94303
Ph. (650) 462-6999
Fax (650) 462-1055

Population served
Adults

Services
- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Multiple Offender Program (MOP)

Languages
- Spanish

Occupational Health Services (OHS)
www.mhn.com
San Mateo, Redwood City
(Main Office)
1941 O'Farrell, Suite 114
San Mateo, CA 94403
Ph. (650) 572-0300
Fax (650) 572-0274
Email: ohssanmateo@mhn.com

Population served
Adults

Services
- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Deferred Entry of Judgment (DEJ)

Languages
- Spanish

Pyramid Alternatives, Inc.
www.pyramidalternatives.org
San Bruno, Pacifica, San Mateo
480 Manor Plaza (Main office)
Pacifica, CA 94044
Ph. (650) 355-8787
Fax (650) 355-8780

Population served
Adults

Services
- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Multiple Offender Program (MOP)
- Deferred Entry of Judgment (DEJ)

Languages
- Cantonese
- Mandarin
- Spanish

Sitiike Counseling Center
www.sitike.org
306 Spruce Avenue
South San Francisco, CA 94080
Ph. (650) 589-9305
Fax (650) 589-9330

Population served
Adults

Services
- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Deferred Entry of Judgment (DEJ)

Languages
- Spanish

StarVista - Archway
www.star-vista.org
609 Price St
Redwood City, CA
Ph. (650) 366-8433
Fax (650) 366-8455

Population served
Adults

Services
- Wet and Reckless Program (WRP)
- First Offender Program (FOP)
- Deferred Entry of Judgment (DEJ)

Languages
- Spanish
- Other languages as needed
Other Recovery Resources and Supports  

A - Z

The ADAPT Foundation
Box 1052
San Carlos, CA 94070
Ph. (650) 245-8489
Email: urgenthelp@adaptfoundation.org

Services
Provides support and educational services for friends and family of drug and alcohol abusers including.

AIDS Community Resource Consortium
(Syringe Access Program)
2684 Middlefield Road, Suite E
Redwood City, CA 94063
Ph. (650) 364-6563

Services
FREE sterile syringe exchange and safe injection supplies, condoms and safe sex supplies, and referrals to additional services.

Drop-in Hours:
Tuesday through Friday
9am-6pm
Or call Megan: (650) 364-6563

Alanon and Alateen
www.alanonmidpeninsula.org

Meeting Locations
Throughout San Mateo County
Ph. (650) 592-7935
Email: meetinglist@alanonmidpeninsula.org

Services
Part of a worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years.

Languages
- Spanish

California Tobacco Helpline
www.nobutts.org
Ph. (800) -NO-BUTTS
(800-662-8887)

Services
Offers support, counseling, information, education and resources for individuals interested in stopping or reducing their tobacco use.

Languages
- Spanish

Alcoholics Anonymous (AA)
www.aa-san-mateo.org
2242 Palm Avenue
San Mateo, CA 94403
Ph. (650) 577-1310
Email: aa@aa-san-mateo.org

Services
Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Languages
- Spanish

AIDS Community Resource Consortium
(Syringe Access Program)
2684 Middlefield Road, Suite E
Redwood City, CA 94063
Ph. (650) 364-6563

Services
FREE sterile syringe exchange and safe injection supplies, condoms and safe sex supplies, and referrals to additional services.

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Part of a worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Alateen is part of the Al-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years.

Languages
- Spanish

California Tobacco Helpline
www.nobutts.org
Ph. (800) -NO-BUTTS
(800-662-8887)

Services
Offers support, counseling, information, education and resources for individuals interested in stopping or reducing their tobacco use.

Languages
- Spanish
Heart and Soul, Inc.
www.heartandsoulinc.org
210 Industrial Road, #205
San Carlos, CA 94070
Ph. (650) 232-7426
Fax (650) 832-1463

Services
Provides self-help centers and anti-stigma programming. Offers recovery-oriented and wellness support classes.

LifeRing Secular Recovery
www.lifering.org
1440 Broadway, Suite 400
Oakland, CA 94612
Ph. (800) 811-4142

Services
LifeRing is an abstinence-based, worldwide network of individuals seeking to live in recovery from addiction to alcohol or to other non-medically indicated drugs. Offers peer-to-peer support in ways that encourage personal growth and continued learning through personal empowerment.

In San Mateo County, the following face-to-face meetings occur every week.

Monday 7:00 PM:
Mills Peninsula Hospital
1501 Trousdale, Dr., Bldg B, 1st Floor, Rm D
Burlingame

Wednesday 6:00 PM:
Pacifica Resource Center
1809 Palmetto Ave.
Pacifica

Thursday Noon
VA Clinic
1001 Sneath Ln, 3rd Floor
San Bruno

Narcotics Anonymous (NA)
www.norcalna.org
Meeting Locations Throughout San Mateo County
Ph. (650) 802-5950

Services
Narcotics Anonymous is a fellowship of men and women who are learning to live without drugs. Groups meet regularly.

Languages
- Spanish

Network of Care County of San Mateo
www.sanmateo.networkofcare.org

Services
Network of Care is a comprehensive, Internet-based community resource for people with mental illness, as well as their caregivers and service providers. This easy-to-use Web site provides an extensive directory to put people in touch with the right services at the right time. It also offers vital information about diagnoses, insurance and advocacy, as well as daily news from around the world concerning mental health.

Office of Consumer and Family Affairs
www.smhealth.org/bhrs/ocfa
Ph. (800) 388-5189

Services
The office of Consumer and Family Affairs (OCFA) provides a way for San Mateo County Behavior Health and Recovery Services clients / consumers and their family members to participate and have a voice in the creation and review of policies and service. The OCFA facilitates access to the grievance and problem resolution process, and is dedicated to training, supporting and educating the Behavioral Health System about consumer and family culture.

Languages
- Services available in multiple languages as needed

Psychiatric Emergency Services (PES)
San Mateo Medical Center
222 West 39th Ave., San Mateo, CA, 94403
Ph. (650) 573-2662

Services
Emergency psychiatric services for individuals who are experiencing acute psychological distress. Provides treatment, consultation, assessment, information and diagnoses.

Languages
- Services available in multiple languages as needed
Prenatal to Three Initiative - Prenatal Addiction Outreach Team
www.smchealth.org/pre3
2000 Alameda de las Pulgas
San Mateo, CA 94403
Ph. (650) 573-2502
Fax (650) 341-0674
Services
Home visiting case management to San Mateo County pregnant and parenting women (adult or teen) with child under the age of three with substance abuse concerns. Services include comprehensive alcohol and drug assessment, motivational counseling, full pre-treatment services, referrals and linkages to treatment programs, prenatal / pediatric care, medical services, child care, WIC program, etc.

Service League of San Mateo County
www.serviceleague.org
727 Middlefield Road
Redwood City, CA 94063
Ph. (650) 364-4664
Email: info@serviceleague.org
Services
Provides in-custody programs, services, and other activities within all San Mateo County jails. The agency also delivers after-release programs and services at five program sites in the community including transitional housing, transportation, and other supports.

Drop in hours are Monday thru Friday 8AM to 5PM

Star Vista 24-Hour Alcohol and Drug Help Line
Ph. (650) 573-3950
Services
A help line counselor will answer questions about alcohol and other drug prevention and recovery programs. Offers support for persons dealing with their own alcohol and other drug issues or for those whose lives have been affected by alcohol and drug abuse in others by referring these individuals to appropriate services.

Languages
- Services available in multiple languages as needed

San Mateo County BHRS ACCESS Call Center
www.smchealth.org
Ph. (800) 686-0101
TDD: (800) 943-2833
Services
Provides information and referrals about mental health and substance abuse resources in San Mateo County.

Languages
- Services available in multiple languages as needed

San Mateo County Juvenile Probation
http://probation.smccgov.org/juvenile-services-division
222 Paul Scannell Drive
San Mateo, CA 94402
Ph. (650) 312-8816
Fax (650) 312-5349
Services
Provides juvenile drug court services which include intervention services, parenting and education classes for parents of juvenile drug offenders, urine analyses, and monitoring and supervision of compliance with court orders by participants in Juvenile Drug Court.

STD/HIV Program-Edison Clinic
222 39th Avenue, 1st Floor, San Mateo, CA 94403
Ph. (650) 573-2385
Email: ph_counselor@smcgov.org
Services
The Program provides comprehensive, community-based prevention and testing services, STD/HIV related health care, social services, advocacy, and referrals to community agencies providing drug treatment, housing, food, dental care and other services.
Voices of Recovery (VOR)

www.vorsmc.org
310 Harbor Blvd, Bldg., E
Belmont, CA 94002

Ph. (650) 802-6552
Fax (650) 592-5375

Services
Voices of Recovery San Mateo County (VORSMC) creates peer-led opportunities for education, wellness, advocacy and support services for individuals in or in need of long term recovery from alcohol and other drug addictions, equally sharing these opportunities and support services with impacted families.

Vocational Rehabilitation Services (VRS)

550 Quarry Road
Belmont, CA 94002

Ph. (650) 802-6450
Fax (650) 508-0782

Services
Provides skills assessment, vocational testing, individual and group counseling, development of individual long- and short-term vocational goals toward self-sufficiency, referral to training programs, and job development and placement for participants of county-contracted alcohol and drug treatment programs.
Community-based alcohol and drug prevention partnerships are acting both regionally and county-wide to identify and address community-level conditions that promote or encourage underage alcohol use and to reduce the harmful consequences of alcohol and other drug abuse. Youth and adult residents, service provider agencies, schools, law enforcement, and others have joined these efforts to make positive changes in their communities.

Coastside Prevention Partnership
Half Moon Bay, Montera, Pescadero, Moss Beach, La Honda
Youth Leadership Institute
www.yli.org
1670 S Amphlett Blvd. Suite 250
San Mateo, CA 94402
Contact
Fahad Qurashi
FQurashi@yli.org

East Palo Alto Substance Abuse Prevention Coalition
East Palo Alto
One East Palo Alto
www.oneepa.org
1798-B Bay Road
East Palo Alto, CA 94303
Ph. (650) 330-7462

North County Prevention Partnership
Daly City, Pacifica
Asian American Recovery Services (AARS)
www.ncppsanmateo.org
1115 Mission Rd.
South San Francisco, CA 94080
Ph. (650) 243-4855
Fax (650) 243-4851
Contact
Lyanna Pillazar, MPH, CHES
lpillardar@aars.org

North Central San Mateo Prevention Partnership
San Mateo
Peninsula Conflict Resolution Center
www.pcrcweb.org
1660 S. Amphlett Blvd.
Suite 219
San Mateo, CA 94402
Ph. (650) 513-0330 ext. 318
Fax: (650) 513-0335
Contact
Malissa Netane
mnetane@pcrcweb.org

Redwood City and North Fair Oaks Prevention Partnership
Redwood City, North Fair Oaks
Redwood City 2020
www.rwc2020.org
400 Duane Street, Room 125
Redwood City, CA 94062
Ph. (650) 423-2200 ext. 3466
Contact
Madeleine Kane
mkane@redwoodcity.org

Friday Night Live/Club Live
County-Wide
Youth Leadership Institute
Provides countywide coordination for Friday Night Live (high school) and Club Live (middle school) as well as expertise in youth development and engagement, and environmental prevention strategies and best practices. YLI partners with SMCAOD and the community based prevention efforts.
www.yli.org
1670 S Amphlett Blvd. Suite 250
San Mateo, CA 94402
Contact
Fahad Qurashi
FQurashi@yli.org