



Mental Health Service Act (MHSA) NEW MHSA Steering Committee

Open to the public! Join advocates, providers, clients and family members to provide input on MHSA planning.

The MHSA Steering Committee meets the first Thursday at 3pm in February, May, September and December to provide input, make recommendations and stay up-to-date on new MHSA developments and ongoing programming.

Meeting objectives include:

- Recommend MHSA Steering Committee goals and a structure moving forward.
- Present MHSA Annual Update - learn about MHSA funded program outcomes.
- Provide input on the use of MHSA one-time and sustaining ongoing programs.

- ✓ Stipends are available for clients/family members
- ✓ Language interpretation is provided if needed*

*Please contact us at mhsa@smcgov.org at least 2 weeks in advance to reserve language services.

DATE & TIME

Thursday, May 6, 2021

3:00 pm – 4:30 pm

Zoom Meeting:

<https://us02web.zoom.us/j/83216209789>

Dial in: +1 669 900 6833

Meeting ID: 832 1620 9789

iPhone one-tap: +16699006833,,83216209789#

Contact:

Doris Estremera, MHSA Manager

(650) 573-2889 ♦

mhsa@smcgov.org

www.smchealth.org/MHSA



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH & RECOVERY SERVICES

Mental Health Services Act (MHSA) Steering Committee Meeting

Thursday, May 6, 2021 / 3:00 – 4:30 PM

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AGENDA

- | | |
|---|--------|
| 1. Welcome | 5 min |
| <i>Jean Perry, MHSARC Commissioner</i>
<i>Leticia Bido, MHSARC Commissioner</i> | |
| 2. Logistics & Agenda Review – <i>Doris Estremera</i> | 5 min |
| 3. MHSA Steering Committee Structure | 20 min |
| • Goal Setting Survey Results | |
| 4. MHSA Annual Update – <i>Doris Estremera</i> | 10 min |
| • One-Time & Ongoing Funding | |
| 5. Implementation Highlights | 30 min |
| • Housing Initiative Taskforce – <i>Pat Way and Jean Perry, MHSARC Commissioners</i> | |
| • Youth S.O.S. Team – <i>Zena Andreani, Program Manager, StarVista Crisis Intervention and Suicide Prevention Center</i> | |
| • Mental Health Student Services Act (MHSSA) – <i>Molly Henricks, Coordinator, School Safety & Risk Prevention Coordinator, San Mateo County Office of Education</i> | |
| 6. Program Outcomes | 15 min |
| 7. General Public Comments | 5 min |

*** Public Participation:** All members of the public can offer comment at this public meeting. There will be opportunity to provide Public Comment after each agenda item. You can also submit questions and comments in the chat; these will be addressed first. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will call on you and you will unmute yourself. Please limit your question/comments to 1-2 minutes.

The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.

***REMINDER – Please Complete the Steering Committee Feedback Survey**

https://www.surveymonkey.com/r/MHSA_MtgFeedback





Mental Health Services Act (MHSA)

Steering Committee Meeting

May 6, 2021



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

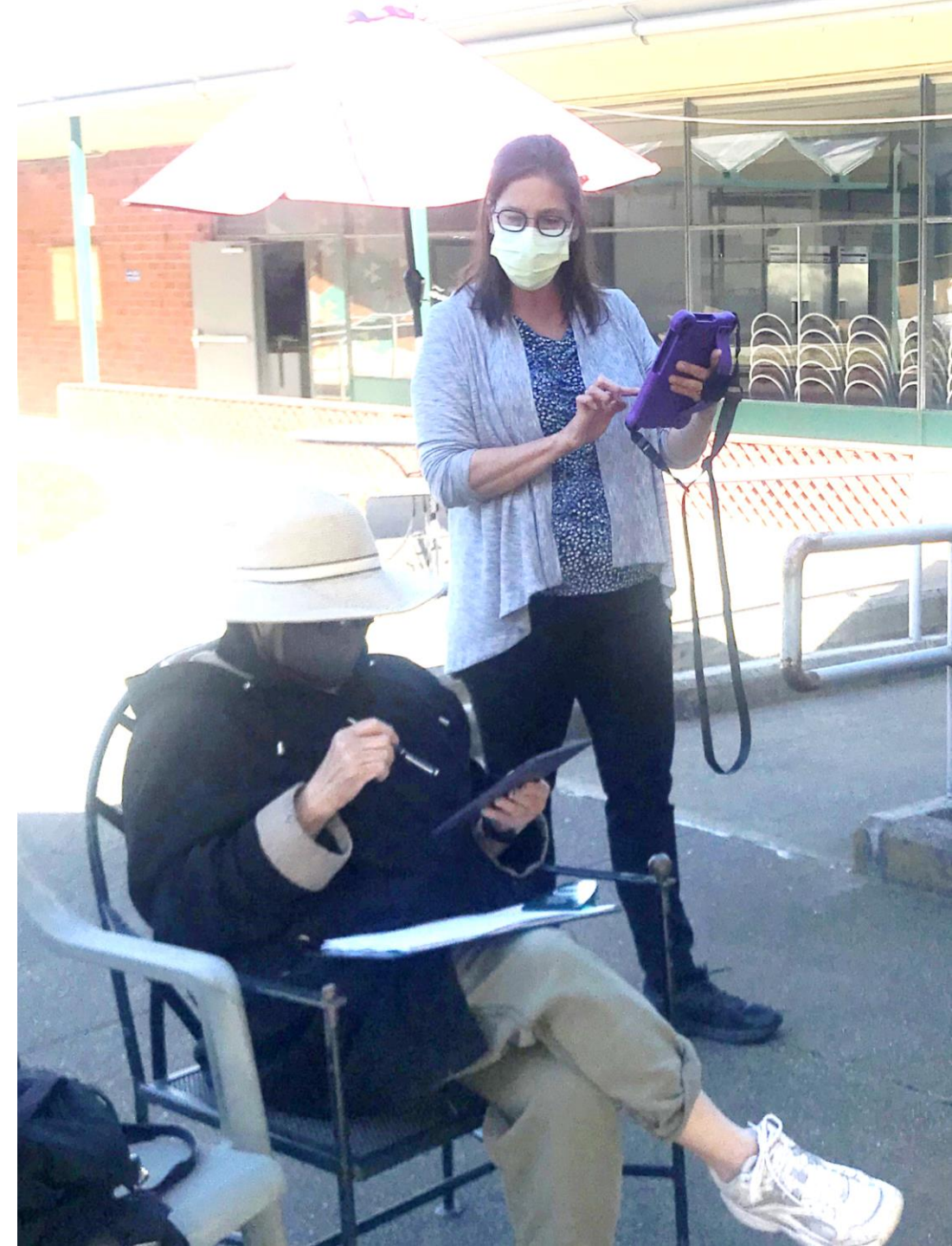
Before we begin...

- Introductions: your name, pronouns and affiliation in the chat
- Stipends for clients and family members participating
 - You can chat to me directly, please provide your email or please remain online after the meeting ends and I'll take down your information
- Meeting is being recorded
- Participation
 - Please enter your questions in the chat box; I will address those first
 - "Raise Hand" button; unmute yourself when called on
- Quick Poll





Agenda


1. MHSA Steering Committee Proposed Structure
2. MHSA Annual Update
 - One-time and ongoing funding
 - Implementation Highlights
 - Program clients served
3. General Public Comments



MHSA Components

76%  **Community Services & Supports (CSS)**
Direct treatment and recovery services
for serious mental illness or serious
emotional disturbance

19%  **Prevention & Early Intervention (PEI)**
Interventions prior to the onset of mental
illness and early onset of psychotic
disorders

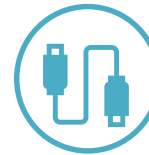
5%  **Innovation (INN)**
New approaches and community-driven
best practices

Workforce Education and Training (WET)



Education, training and workforce
development to increase capacity and
diversity of the mental health
workforce

Capital Facilities and Technology Needs (CFTN)



Buildings and technology used for the
delivery of MHSA services to individuals
and their families.

1% tax on personal income over \$1 million

San Mateo County: \$30.7M annual 5-year average through FY 19-20

1. MHSA Steering Committee – Proposed Structure



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Steering Committee Survey

- To structure a meaningful committee where input, voices and lived experience is valued
- To develop shared goals and understanding of our role as a steering committee members
- To understand our motivations, strengths and interests



Survey Feedback- Workgroups

- Workgroups
 - Time-limited (3-4 months)
 - Meet monthly
 - Small in size (up to 10 participants)
- Workgroup Expectations
 - Focused on a specific topic - review outcomes and available data and develop recommendation(s) for improvements
 - Some “homework” in between meetings
 - Attend all meetings



Proposed Workgroups

- Workgroup Topics & MHSA Planning Timeline



Reference: Multi-County FSP Improvement Project – [Progress Report](#)

Questions



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2. MHSA Annual Update

- MHSA Annual Update document will be posted May 28th
- **30-Day Public Comment** @ [MHSARC Meetings](#):
 - June 2nd: Vote to open 30-day public comment period
 - July 7th: Public Hearing and Vote to close public comment and to recommend the Annual Update for approval by the BoS
- Public Comments may provided verbally at the meeting or in writing to: mhsa@smcgov.org

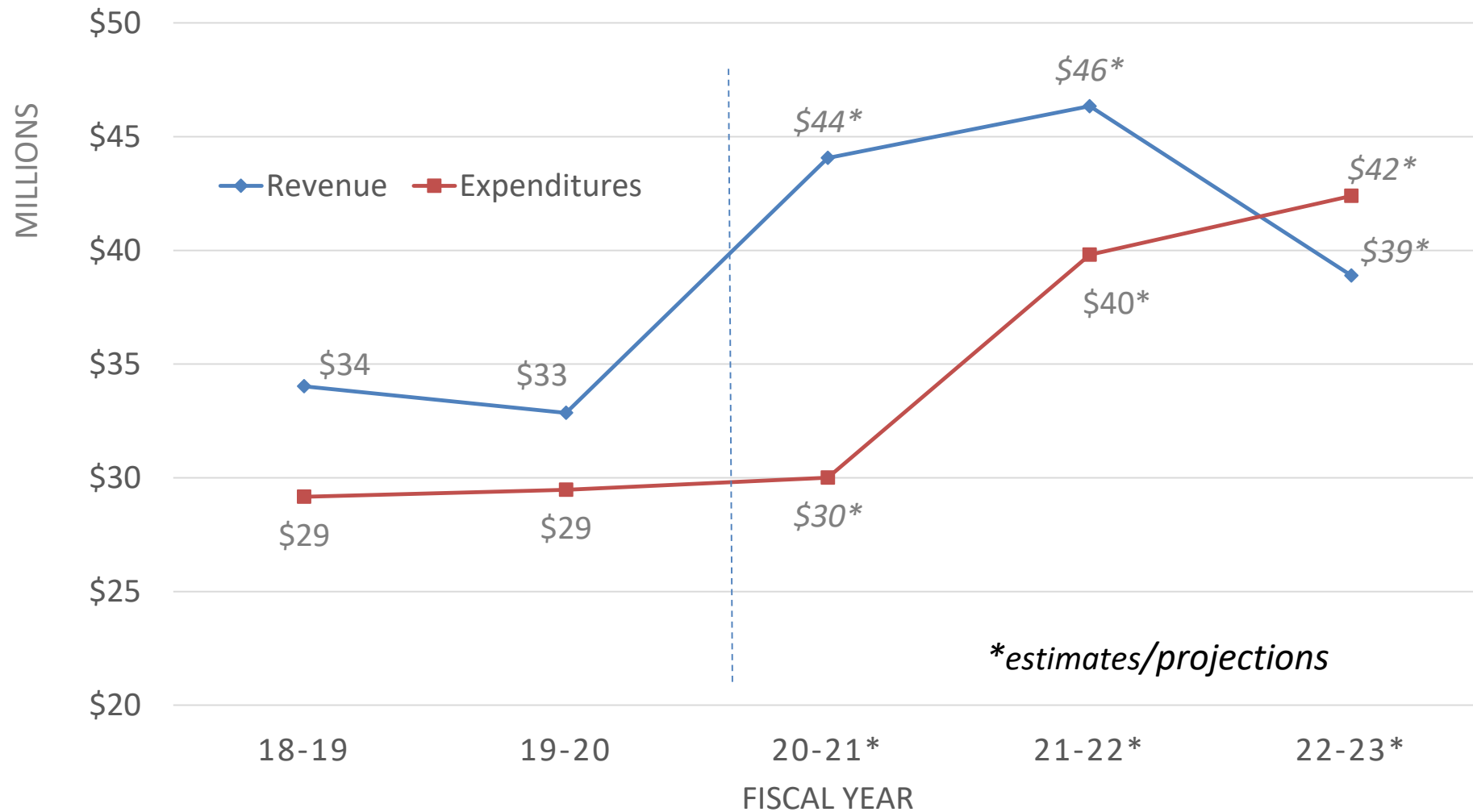
One-Time & Ongoing Funding

Updated One-Time Spend Plan

Priority	Item	FY 21/22	FY 22/23	Grand Total
System Improvements	Clinic/FSP productivity stop-gap	\$1,500,000	\$0	
	MHSA PEI data-informed improvements	\$80,000	0	
	Trauma-informed systems (BHRS, HSA, CJ, etc)	\$100,000	\$100,000	
	System Improvement Total	\$1,680,000	\$100,000	\$1,700,000
Technology Supports	Network Adequacy Compliance	\$100,000	\$0	
	IT Infrastructure	\$301,000	\$0	
	Increase access-telepsychiatry/health	\$80,000	\$0	
	Help@Hand (Tech Suite)	\$300,000	\$300,000	
	Technology Total	\$781,000	\$300,000	\$1,081,000
Workforce Training and Community Education	Workforce Capacity Development	\$295,000	\$85,000	
	Workforce pipeline and retention	\$274,000	\$24,000	
	Crisis Coordination	\$50,000	\$50,000	
	Supported Employment	\$400,000	\$300,000	
	Community Education	\$180,000	\$180,000	
	Education and Training Total	\$1,199,000	\$639,000	\$1,838,000
COVID Client Supports	Client activities/needs	\$50,000		
	Alternative Care Sites	\$83,500		
	Hotels for homeless	\$165,415		
	Co-occurring detox facility	\$200,000		
	COVID Testing/Vaccines for high risk	\$50,000		
	COVID Client Supports Total	\$548,915		\$548,915
Capital Facilities	EPA Clinic Renovations	\$700,000		
	Cordilleras Renovations	\$500,000		
	SSF Clinic Renovations		\$500,000	
	Capital Facility Improvements Total	\$1,200,000	\$500,000	\$1,700,000
TOTALS		\$5,408,915	\$1,539,000	\$6,947,915

See meeting handout for descriptions, attached

MHSA Revenue Projections



Strategies for FY 21/22

- One-time Plan for \$12M excess revenue
 - Types of projects: housing development (Housing Initiative Taskforce recommendations); renovations on county-owned facilities, technology needs, system improvements
- Ongoing Budget increase to over-revenue
 1. New allocations to MHSA priorities
 2. Add existing BHRS systemic needs to the MHSA budget
 3. Add MHSA one-time programs to ongoing budget

Reference: [MHSA Funding Principles](#)



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Item	FY 2021-22 Amount
NEW (Housing Initiative Taskforce)	\$2,200,000
NEW Infrastructure Supports	\$462,500
FSP Match	\$1,700,000
Housing Supportive Services	\$290,283
Client Flex Funds and Stipends	\$51,000
Communication Support	\$75,000
OASIS, CJ and Pre-to-3 Positions	\$750,000
AOD - Youth Residential	\$85,790
Adult Resource Management	\$1,037,593
School Based MH Clinicians	\$500,000
Adult NMT Interventions	\$200,000
Tech Supports	\$330,000
Pride Center	\$700,000
Health Ambassador Program- Youth	\$250,000
Primary Care Interface	\$1,337,972
TOTAL	\$9,970,138

Proposed Ongoing Budget Increases

- \$13.1M increase over two fiscal years
 - Green = new allocations
 - Black = BHRS systemic needs
 - Red = BHRS systemic needs; new MHSA priorities
 - Purple = one-time programs to ongoing

Item	FY 2022-23 Amount
Whole Person Care (HOPE Program)	\$1,444,188
Youth NMT Interventions	\$628,318
Youth Mental Health First Aid	\$189,313
Parent Project	\$160,896
Total Wellness	\$750,000
TOTAL	\$3,172,715

See meeting handout for descriptions, attached

A woman with purple hair is speaking into a microphone. She is wearing a blue shirt and a colorful patterned necklace. The background is blurred green foliage. The entire image has a blue overlay.

Questions?



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Implementation Highlights

Innovation Projects

- The Pride Center
 - Final outcomes in a future MHSA meeting
- Help@Hand
 - Device Distribution & Digital Literacy: Get App-y, Tech Cafe's, Peer Trainings
- 3 New Projects next FY
 - Social Enterprise and Wellness Cafe for Filipino/a/x youth
 - PIONEERS Program
 - Prevention services in low-income housing



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Housing Initiative Taskforce

- Reviewed a Housing Continuum that includes pre-housing engagement, housing and housing supports
- Developed broad outcomes to begin narrowing down priorities based on the impact we want to make on clients, families and communities
- Brainstormed best practices
- Will be making funding recommendations to the MHSARC in June as part of the MHSA Annual Update.



Youth S.O.S. Team

- *Zena Andreani, Program Manager, StarVista Crisis Intervention and Suicide Prevention Center*



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& RECOVERY SERVICES

Mental Health Student Services Act - SYSTEMS Support

- *Molly Henricks, Coordinator, School Safety & Risk Prevention Coordinator, San Mateo County Office of Education*



Questions?



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**BEHAVIORAL HEALTH
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Program Clients Served

Community Services and Supports

(Clients Served)

Full Service Partnership*

17/18: 479

18/19: 520

19/20: 608

Outreach & Engagement

17/18: 5,255

18/19: 475**

19/20: 412

System Development

17/18: 2,415

18/19: 2,739

19/20: 2,053

**There are 447 total available FSP slots across all age groups*

*** In FY 18/19 Outreach Collaboratives were moved to PEI*

Full Service Partnerships

% improvement after first year in FSP (all age groups)*

	FY 17-18 (N = 755)	FY 18-19 (N = 746)	FY 19-20 (N = 780)
Hospitalizations	53% (128 to 60 clients)	49% (166 to 85 clients)	50% (169 to 84 clients)
Psychiatric Emergency Visits	31% (175 to 121 clients)	35% (312 to 204 clients)	36% (331 to 212 clients)

**Outcomes from BHRS Electronic Healthcare Records (EHR) data; the EHR data includes a larger sample size than self reported FSP data, as clients do not always complete the FSP survey tools*



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Prevention and Early Intervention

(Clients Served)

	Ages 0-25	Early Intervention	Prevention	Recognition of Early Signs of MI	Stigma & Discrimination Prevention	Access & Linkage to Treatment
FY 17-18	338	1244 2,834 SMART calls	4,146	279	96	1,347
FY 18-19	501	925 2,579 SMART calls	4,409	179	152	6,764*
FY 19-20	483	878 2,615 SMART calls	4,598	69	47	5,858

* FY 18/19 Outreach Collaboratives were moved from CSS to PEI

Questions?



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3. General Public Comments



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Announcements

- **Mental Health Month:**
www.smchealth.org/post/mental-health-month
- **Digital Literacy for Peers and Community Tech Cafe's**
 - www.smchealth.org/bhrs/mhsa, under "Announcements"
- **Subscribe at MHSA website to stay informed:**
 - www.smchealth.org/MHSA
- **Get Involved:**
 - <https://www.smchealth.org/get-involved>

Thank you!

Doris Estremera, MHSA Manager

mhsa@smchealth.org

[smchealth.org/MHSA](https://www.smchealth.org/MHSA)

https://www.surveymonkey.com/r/MHSA_MtgFeedback



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
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Updated Plan to Spend One-time Funds (with descriptions)

Priority	Item	FY 21/22	FY 22/23	Grand Total	Item Description
System Improvements	Clinic/FSP productivity stop-gap	\$1,500,000	\$0		Temporary “stop gap” to support BHRS revenue reductions... BHRS worked on improved integration of FSP/clinical services and billable services to increase other state/federal revenues for long-term sustainability
	MHSA PEI data-informed improvements	\$80,000	\$0		To support a database development for the San Mateo County Office of Education, Mental Health Student Services Act project, which is currently funded by State MHSA monies. The database will support data-informed decision making for school PEI services.
	Trauma-informed systems (BHRS, HSA, CJ, etc)	\$100,000	\$100,000		To fund trauma-informed system development consultants across county departments that interact with BHRS clients including Human Services Agency, Criminal Justice and others.
	System Improvement Total	\$1,680,000	\$100,000	\$1,780,000	
Technology Supports	Network Adequacy Compliance	\$100,000	\$0		Certification tool and consultant fees to support State requirements for implementation of Medicaid managed care adequacy standards addressing many key service areas including beneficiary rights and protections, quality, care coordination, timely access, among others.
	IT Infrastructure	\$301,000	\$0		Hardware and professional services including, dictation software, automated appointment reminders, treatment submission via Avatar, direct messaging via Avatar, patient portal to help capture e-signatures, licenses, interoperability and upgrades to allow for better user interface with tablets and MacBooks.
	Telepsychiatry/health	\$80,000	\$0		Telepsychiatry equipment and fees to support technology needs across BHRS services.
	Help@Hand (Tech Suite)	\$300,000	\$300,000		Help@Hand is an Innovation funded project. This funding is for sustainability. The Help@Hand advisory committee will focus on sustainability planning during FY 21/22.
	Technology Total	\$781,000	\$300,000	\$1,081,000	
Workforce Training and Community Education	Workforce Capacity Development	\$295,000	\$85,000		Relias online learning system, Psychodiagnostic Assessment, EMDR Implementation, Peer trainings (certification, advocacy and documentation), DBT, eating disorders, self-care/resilience
	Workforce pipeline and retention	\$274,000	\$24,000		Increased rate for cultural competence interns and State OSHPD match for student loan repayment program.
	Crisis Coordination	\$50,000	\$50,000		Regional collaboration and training, crisis resources and materials for community education.
	Supported Employment	\$400,000	\$300,000		Develop the infrastructure needed to leverage Dept of Rehabilitation funding for ongoing supported employment (services to assist clients with obtaining and maintaining employment.

Updated Plan to Spend One-time Funds (with descriptions)

Priority	Item	FY 21/22	FY 22/23	Grand Total	Item Description
Workforce Training and Community Education (continued)	Community Education	\$180,000	\$180,000		MH101, navigating housing/resources, hoarding Board and Care providers (MH 101, Recovery 101, WRAP, co-occurring, etc.)
	Education and Training Total	\$1,199,000	\$639,000	\$1,838,000	
COVID Client Supports	Client activities/needs	\$50,000			For residential sites; card games, apps, food, supports
	Alternative Care Sites	\$83,500			For residential clients that are COVID-19 positive and need to be quarantined
	Hotels for homeless	\$165,415			To address mass jail releases and reduction of shelter beds due to COVID
	Co-occurring detox facility	\$200,000			To address reduced beds due to physical distancing requirements
	COVID Testing/Vaccines for high risk	\$50,000			Regular 2x/week testing at Palm Ave Detox (25 tests/wk) and CYOC as needed; will allow for MediCal billing. Expanded to include vaccination supports.
	COVID Client Supports Total	\$548,915		\$548,915	
Capital Facilities (must be County-owned)	EPA Clinic Renovations	\$700,000			County-owned buildings qualify for MHSA Capital Facilities for renovations
	Cordilleras Renovations	\$500,000			
	SSF Clinic Renovations		\$500,000		
	Capital Facility Improvements Total	\$1,200,000	\$500,000	\$1,700,000	
TOTALS		\$5,408,915	\$1,539,000	\$6,947,915	

Proposed MHSA Ongoing Budget Increases (with descriptions)

\$13.1M increase over two fiscal years

Green = new allocations

Black = BHRS systemic needs

Red = BHRS systemic needs; new MHSA priorities

Purple = one-time programs to ongoing

Item	FY 2021-22 Amount	Item Description
NEW (Housing Initiative Taskforce)	\$2,200,000	FSP increases in both Youth and Adult System of Care. Increasing slots for clients + housing supports
NEW Infrastructure Supports	\$462,500	BHRS administration, contracting, fiscal, planning, evaluation, and implementation to support the State and local requirements associated with MHSA.
FSP Match	\$1,700,000	FSP-related Federal Financial Participation (FFP) match to allow for draw down of Federal Government's share under the Medicaid program.
Housing Supportive Services	\$290,283	Adult /Older Adult Supportive Housing Services for clients in MHSA funded units. Supportive services include comprehensive case management on-site and recovery based education and activities.
Client Flex Funds and Stipends	\$51,000	Flexible Funds for Pathways Court Mental Health clients to fund short-term non-clinical services (i.e. transportation, moving costs, clothes, grooming, food, storage, etc.). Stakeholder stipends support participation of individuals with lived experience in key BHRS activities.
Communication Support	\$75,000	BHRS Communication supports including graphic design, digital communication, web-based and social media, brochure, flyer development, and reports.
OASIS, Criminal Justice and Pre to 3 Position	\$750,000	Child Welfare and Pre-to-Three positions in the BHRS Youth System to support services for high risk children/youth referred through child welfare. Criminal Justice Restoration position to support forensic mental health and jail diversion.
AOD - Youth Residential	\$85,790	Dedicated residential SUD treatment bed with at Advent in a co-occurring STRTP licensed facility which also provide fully co-occurring services.
Adult Resource Management	\$1,037,593	ARM Mental Health Counselor positions that support individuals with SMI or co-occurring disorders in shelters, sobering centers, social detox who are eligible but not connected to ongoing services.
School Based MH Clinicians	\$500,000	School-based programs provide integrated mental health and special education services for adolescents who are at risk of psychiatric hospitalization, more restrictive school placement, residential placement or school failure.
Adult Neurosequential Model of Therapeutics (NMT) Interventions	\$200,000	Application of the BHRS Youth System NMT to the Adult System for assessing trauma so that alternative interventions (educational, enrichment and therapeutic) can be provided in a way that will help best meet the needs of adult clients.
Tech Supports	\$330,000	Tech Supports to provide technology supports (devices and data plans) and digital mental health literacy for peers, clients and family members of clients that would benefit from telehealth and/or other behavioral health services, but do not have the resources.
Pride Center	\$700,000	The San Mateo County Pride Center, a behavioral health coordinated services center, addresses the need for culturally specific programs and mental health services for the LGBTQ+ community.
Health Ambassador Program- Youth	\$250,000	HAP-Y serves as a youth-led initiative where young adults act as mental health ambassadors to promote awareness of mental health, reduce mental health stigma, and increase service access for young people and their communities.
Primary Care Interface	\$1,337,972	Primary Care Interface focuses on identifying persons in need of behavioral health services in the primary care setting. BHRS clinicians are embedded in primary care clinics to facilitate referrals, perform assessments, and refer to appropriate behavioral health services if deemed necessary.
TOTAL	\$9,970,138	

Program	FY 2022-23 Amount	Item Description
Whole Person Care (HOPE Program)	\$1,444,188	The five-year Whole Person Care (WPC) initiative is entering it's final year of grant funding. The pilot is aimed at improving the access, quality of care and efficiency of services delivered to those individuals with the most complex and often co-occurring conditions. Helping Our Peers Emerge (HOPE) Program assists BHRS adult clients transition from local psychiatric facilities into the community via trained Peer Mentors and Family Partners who provide emotional support, educational services and community resources.
Youth Neurosequential Model of Therapeutics (NMT) Interventions	\$628,318	BHRS Youth System practitioners are trained in the NMT for assessing children for trauma and other history and neural functioning so that interventions (educational, enrichment and therapeutic) can be provided in a way that will best meet the needs of the child.
Youth Mental Health First Aid	\$189,313	Youth Mental Health First Aid is an 8-hour public education training course provided to adults that focuses on how to identify a youth who is struggling with a mental health issue and how to connect that youth with services.
Parent Project	\$160,896	The Parent Project is a free, 12-week course that is offered in English and Spanish to anyone who cares for a child or adolescent. The classes meet for three hours each week. Parents learn parenting skills and get information about resources and other support available in their communities.
Total Wellness	\$750,000	Total Wellness is peer-driven coordinated care to holistically address behavioral health and physical health needs of clients.
TOTAL	\$3,172,715	