The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over $1 million.

The MHSA Steering Committee meets the first Thursday at 3pm in Feb., May, Sep. and Dec. to provide input, make recommendations and stay up to date on MHSA planning and programs.

Meeting objectives include:

- Learn about Prevention and Early Intervention priority outcomes
- Provide input on a new Housing Navigator program

✓ Stipends are available for clients/family members
✓ Language interpretation is provided if needed*

* To reserve language services, please contact us at mhsa@smcgov.org at least 2 weeks prior to the meeting.

DATE & TIME
Thursday, May 5, 2022
3:00 pm – 4:30 pm

Zoom Meeting:
https://us02web.zoom.us/j/83216209789
Dial in: +1 669 900 6833
Meeting ID: 832 1620 9789
iPhone one-tap: +16699006833,,83216209789#

Contact:
Doris Estremera, MHSA Manager
(650) 573-2889 • mhsa@smcgov.org

www.smchealth.org/MHSA

Open to the public! Join advocates, providers, clients and family members to provide input on MHSA planning.
Mental Health Services Act (MHSA) Steering Committee Meeting
Thursday, May 5, 2022 / 3:00 – 4:30 PM
Zoom Meeting: https://us02web.zoom.us/j/83216209789
Dial in: +1 669 900 6833 / Meeting ID: 832 1620 9789

AGENDA

1. Welcome & Introductions
   Jean Perry, MHSARC Commissioner & MHSA Steering Committee Co-Chairperson
   5 min

2. Logistics & Agenda Review – Doris Estremera, MHSA Manager
   - Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA
   5 min

3. Announcements – Jean Perry
   - INN Launch & Submission Packet
   5 min

4. General Public Comment – Jean Perry
   - For non-agenda items
   - Additional public comments can also be submitted via email to mhsa@smcgov.org.
   10 min

5. Housing Navigator Program
   – Judy Davila, Housing Consultant
   - Public Input
   40 min

6. MHSA Prevention and Early Intervention – Prioritized Outcomes
   – Megan Drazek, RDA Consultant & Doris Estremera
   - Public Input
   25 min

7. Adjourn

*Public Participation: All members of the public can offer comment at this public meeting; there will be set opportunities in the agenda to provide input. You can also submit questions and comments in the chat. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will call on you and you will unmute yourself. Please limit your questions and comments to 1-2 minutes. The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.*
Welcome & Introductions

- Share your name, pronouns and affiliation in the chat
- MHSA Steering Committee Members:
  - Jean Perry, MHSARC (MHSA Co-chair)
  - Leticia Bido, MHSARC (MHSA Co-chair)
  - Adriana Furuazawa, Felton Institute
  - Chris Rasmussen, MHSARC
  - Eddie Flores, Peninsula Health Care District
  - Jairo Wilches, BHRS OCFA
  - Juliana Fuerbringer, California Clubhouse
  - Kava Tulua, One East Palo Alto
  - Maria Lorente-Foresti, BHRS ODE
  - Mary Bier, North County Outreach Collaborative
  - Melissa Platte, Mental Health Association
  - Michael S. Horgan, Heart & Soul, Inc.
  - Michael Krechevsky, Felton Institute
  - Michael Lim, MHSARC
  - Molly Henricks, SMC Office of Education
  - Paul Nichols, MHSARC
  - ShaRon Heath, Voices of Recovery
  - Sheila Brar, MHSARC
Agenda

1. Welcome & Introductions
2. MHSA Announcements
3. General Public Comments
4. NEW- Housing Navigator Program (Input)
5. Prevention & Early Intervention Outcomes (Input)

A few logistics…

- Agenda, handouts, slides: [www.smchealth.org/MHSA](http://www.smchealth.org/MHSA), under “Announcements” tab
  - Past meeting materials/minutes: under “Steering Committee” tab
- Stipends for clients and family members participating
  - You can let us know in the chat (private message) - please provide your email
- Meeting is being recorded
- Quick demographics poll
Participation Guidelines

• You can enter questions in the chat box as we go
  • For each agenda topic there will be time for questions/comments – you can also use the "Raise Hand" button during this time.
• If you have a general public comment (non-agenda items), let us know now in the chat.
• Share your unique perspective and experience
• Share the airtime; allow every voice to be heard (step up/step back)
• Practice both/and thinking; consider all ideas along with your personal advocacy
• Be brief and meaningful when voicing your opinion

Announcements

2022 Mental Health Month!
Attend events, get involved & find support

smcmentalhealthmonth.org

MHSA Innovation Funding Cycle
Share your ideas for developing new best practices in behavioral health

smchealth.org/mhsa
→ Click on Latest News–MHSA Innovation!
General Public Comment

Housing Navigator Program
Housing Navigator Services

• A team of housing specialists to provide both housing locator and retention services.

• **Target Population:** Individuals living with serious mental illness and their families

• **Access Points:** BHRS clinics, referrals from network of community-based providers and self-referrals (website)

• **Staffing:** 4 Housing Specialists, 4 Peer Navigators, 1 Occupational Therapist, 1 Supervisor + admin

1) Housing **Locator** Component

• **Services:**
  • Outreach to landlords, housing developers, property managers and housing community at large
  • Partner with BHRS regional clinics, landlords, Housing Authority, and housing-based organizations.
  • Identify housing options that include Permanent Supportive Housing, Independent Housing, Shared Housing and Room and Board housing.
  • Provide support to potential housing applicants including assistance with appointments and filling out the housing applications and acquiring funds to cover down payment and moving costs
  • Provide relocation services when needed.
2) Housing Retention Component

• Services:
  • Partner with BHRS clinics and provide outreach and education to clients and their families
  • Assess households for maintaining daily living skills and housing retention
  • Provide WRAP (Wellness and Recovery Action Plan) for Housing workshops
  • Develop a hands-on education and coaching plan with each individual client
  • Provide support for client with landlord/tenant issues.
  • Provide tenant eviction prevention through assessment, services to mitigate eviction and work with landlord to resolve.
  • Assist tenant with annual housing authority recertification process
  • Provide annual follow up, reassessment and service if needed.
  • Attend monthly BHRS Housing Operations and Planning (HOP) meeting.

Public Input
What considerations do you want to see included and/or prioritized in this new service?
Prevention & Early Intervention (PEI) Outcomes

MHSA Components

- **Community Services & Supports (CSS)**
  - Direct treatment and recovery services for serious mental illness or serious emotional disturbance
  - 76%

- **Prevention & Early Intervention (PEI)**
  - Interventions prior to the onset of mental illness and early onset of psychotic disorders
  - 19%

- **Innovation (INN)**
  - New approaches and community-driven best practices
  - 5%

- **Workforce Education and Training (WET)**
  - Education, training and workforce development to increase capacity and diversity of the mental health workforce

- **Capital Facilities and Technology Needs (CFTN)**
  - Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over $1 million
San Mateo County: $34.3M annual 5-year average through FY 20-21
What is MHSA PEI?

- Interventions prior to the onset of mental illness with the exception of early onset of psychotic disorders
- Build protective factors and reduce risk factors for developing a potentially serious mental illness.
- Examples of risk factors include, but are not limited to, adverse childhood experiences, severe trauma, poverty, experiences of racism and social inequality, prolonged isolation, suicide attempt.

➢ San Mateo County PEI Program List

PEI Data Collection Process

Data Reporting Templates now include:

1. # of Individuals Served
   - Unduplicated and broad reach
2. Demographics
   - Long and short surveys
3. Referrals
   - Mental health, substance use and social services
4. Individual level outcomes
   - “Domains” - ↑ protective factors / ↓ risk factors and ↑ recovery / ↓ decreased symptoms
## PEI Outcome Domains

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# Input

- Your input can inform a) current data collection plans and b) future program prioritization
- PEI is intended to: ↑protective factors, ↓risk factors, ↑recovery, ↓symptoms

**Are there other individual-level outcomes you would want to see prioritized for PEI?**
Get Involved!

- Subscribe to receive opportunities to get involved in MHSA planning:
  www.smchealth.org/MHSA
- BHRS-wide opportunities:
  https://www.smchealth.org/get-involved

Thank you!

Jean Perry, MHSARC Commissioner
Leticia Bido, MHSARC Commissioner
Doris Estremera, MHSA Manager
Email: mhsa@smchealth.org
Website: www.smchealth.org/MHSA

https://www.surveymonkey.com/r/MHSA_MtgFeedback