



Be the one to help



Mental Health Service Act (MHSA) MHSA Steering Committee

Open to the public! Join advocates, providers, clients and family members to provide input on MHSA planning.

The MHSA Steering Committee meets the first Thursday at 3pm in Feb., May, Sep. and Dec. to provide input, make recommendations and stay up to date on MHSA planning and programs.

Meeting objectives include:

- Learn about Prevention and Early Intervention priority outcomes
- Provide input on a new Housing Navigator program

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- ✓ Stipends are available for clients/family members
 - ✓ Language interpretation is provided if needed*

* To reserve language services, please contact us at mhsa@smcgov.org at least 2 weeks prior to the meeting.

DATE & TIME

Thursday, May 5, 2022

3:00 pm – 4:30 pm

Zoom Meeting:

<https://us02web.zoom.us/j/83216209789>

Dial in: +1 669 900 6833

Meeting ID: 832 1620 9789

iPhone one-tap: +16699006833,,83216209789#

Contact:

Doris Estremera, MHSA Manager

(650) 573-2889 ♦ mhsa@smcgov.org

www.smchealth.org/MHSA



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The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



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Mental Health Services Act (MHSA) Steering Committee Meeting

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AGENDA

1. **Welcome & Introductions** 5 min
Jean Perry, MHSARC Commissioner & MHSA Steering Committee Co-Chairperson
2. **Logistics & Agenda Review – Doris Estremera, MHSA Manager** 5 min
 - Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA
3. **Announcements – Jean Perry** 5 min
 - INN Launch & Submission Packet
4. **General Public Comment – Jean Perry** 10 min
 - For non-agenda items
 - Additional public comments can also be submitted via email to mhsa@smcgov.org.
5. **Housing Navigator Program** 40 min
– Judy Davila, Housing Consultant
 - Public Input
6. **MHSA Prevention and Early Intervention – Prioritized Outcomes** 25 min
–Megan Drazek, RDA Consultant & Doris Estremera
 - Public Input
7. **Adjourn**

*** Public Participation:** All members of the public can offer comment at this public meeting; there will be set opportunities in the agenda to provide input. You can also submit questions and comments in the chat. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will call on you and you will unmute yourself. Please limit your questions and comments to 1-2 minutes. The meeting will be recorded. Questions and public comments can also be submitted via email to mhsa@smcgov.org.

***REMINDER – Please Complete the Steering Committee Feedback Survey**

https://www.surveymonkey.com/r/MHSA_MtgFeedback





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Mental Health Services Act (MHSA) Steering Committee Meeting

May 5, 2022

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Welcome & Introductions

- Share your name, pronouns and affiliation in the chat
- MHSA Steering Committee Members:
 - Jean Perry, MHSARC (MHSA Co-chair)
 - Leticia Bido, MHSARC (MHSA Co-chair)
 - Adriana Furuzawa, Felton Institute
 - Chris Rasmussen, MHSARC
 - Eddie Flores, Peninsula Health Care District
 - Jairo Wilches, BHRS OCFA
 - Juliana Fuerbringer, California Clubhouse
 - Kava Tulua, One East Palo Alto
 - Maria Lorente-Foresti, BHRS ODE
 - Mary Bier, North County Outreach Collaborative
 - Melissa Platte, Mental Health Association
 - Michael S. Horgan, Heart & Soul, Inc.
 - Michael Krechevsky, Felton Institute
 - Michael Lim, MHSARC
 - Molly Henricks, SMC Office of Education
 - Paul Nichols, MHSARC
 - ShaRon Heath, Voices of Recovery
 - Sheila Brar, MHSARC

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Agenda

1. Welcome & Introductions
2. MHSA Announcements
3. General Public Comments
4. NEW- Housing Navigator Program (Input)
5. Prevention & Early Intervention Outcomes (Input)



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A few logistics...

- Agenda, handouts, slides: www.smchealth.org/MHSA, under “Announcements” tab
 - Past meeting materials/minutes: under “Steering Committee” tab
- Stipends for clients and family members participating
 - You can let us know in the chat (private message) - please provide your email
- Meeting is being recorded
- Quick demographics poll



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Participation Guidelines

- You can enter questions in the chat box as we go
 - For each agenda topic there will be time for questions/comments – you can also use the “Raise Hand” button during this time.
- If you have a general public comment (non-agenda items), let us know now in the chat.
- Share your unique perspective and experience
- Share the airtime; allow every voice to be heard (step up/step back)
- Practice both/and thinking; consider all ideas along with your personal advocacy
- Be brief and meaningful when voicing your opinion



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Announcements

2022 Mental Health Month!

Attend events, get involved & find support



smcmentalhealthmonth.org

MHSA Innovation Funding Cycle

Share your ideas for developing new best practices in behavioral health



smchealth.org/mhsa

→ Click on Latest News–MHSA Innovation!

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General Public Comment



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Housing Navigator Program



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Housing Navigator Services

- A team of housing specialists to provide both housing locator and retention services.
- **Target Population:** Individuals living with serious mental illness and their families
- **Access Points:** BHRS clinics, referrals from network of community-based providers and self-referrals (website)
- **Staffing:** 4 Housing Specialists, 4 Peer Navigators, 1 Occupational Therapist, 1 Supervisor + admin



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1) Housing Locator Component

- **Services:**
 - Outreach to landlords, housing developers, property managers and housing community at large
 - Partner with BHRS regional clinics, landlords, Housing Authority, and housing-based organizations.
 - Identify housing options that include Permanent Supportive Housing, Independent Housing, Shared Housing and Room and Board housing.
 - Provide support to potential housing applicants including assistance with appointments and filling out the housing applications and acquiring funds to cover down payment and moving costs
 - Provide relocation services when needed.



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2) Housing Retention Component

• Services:

- Partner with BHRS clinics and provide outreach and education to clients and their families
- Assess households for maintaining daily living skills and housing retention
- Provide WRAP (Wellness and Recovery Action Plan) for Housing workshops
- Develop a hands-on education and coaching plan with each individual client
- Provide support for client with landlord/tenant issues.
- Provide tenant eviction prevention through assessment, services to mitigate eviction and work with landlord to resolve.
- Assist tenant with annual housing authority recertification process
- Provide annual follow up, reassessment and service if needed.
- Attend monthly BHRS Housing Operations and Planning (HOP) meeting.



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Prevention & Early Intervention (PEI) Outcomes





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MHSA Components

76%  **Community Services & Supports (CSS)**
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19%  **Prevention & Early Intervention (PEI)**
Interventions prior to the onset of mental illness and early onset of psychotic disorders

5%  **Innovation (INN)**
New approaches and community-driven best practices

Workforce Education and Training (WET)
 Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)
 Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over \$1 million

San Mateo County: \$34.3M annual 5-year average through FY 20-21

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What is MHSA PEI?

- Interventions prior to the onset of mental illness with the exception of early onset of psychotic disorders
- Build protective factors and reduce risk factors for developing a potentially serious mental illness.
- Examples of risk factors include, but are not limited to, adverse childhood experiences, severe trauma, poverty, experiences of racism and social inequality, prolonged isolation, suicide attempt.

➤ [San Mateo County PEI Program List](#)



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PEI Data Collection Process



Data Reporting Templates now include:

1. # of Individuals Served
 - Unduplicated and broad reach
2. Demographics
 - Long and short surveys
3. Referrals
 - Mental health, substance use and social services
4. Individual level outcomes
 - “Domains” - ↑ protective factors / ↓ risk factors and ↑ recovery / ↓ decreased symptoms

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PEI Outcome Domains

	Access to Services	Community Advocacy	Connection and Support	Cultural Identity	General Mental Health	Improved Knowledge and Skills	Self-empowerment	Stigma reduction	Emergency Services Utilization
HAP	✓	✓	✓			✓	✓	✓	
HAP-Y	✓	✓	✓			✓	✓	✓	
MBSAT						✓			
Panche Be Youth	✓		✓	✓		✓	✓	✓	
ECCT	✓	✓	✓	✓		✓		✓	
Project SUCCESS					✓	✓	✓	✓	
The Cariño Project			✓	✓	✓	✓		✓	
Peer Counseling	✓		✓		✓			✓	
Youth S.O.S.	✓		✓			✓	✓		✓
Primary Care Interface	✓				✓				
re(MIND)					✓		✓	✓	✓
The Pride Center			✓	✓	✓	✓	✓	✓	

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Input

- Your input can inform a) current data collection plans and b) future program prioritization
- PEI is intended to: ↑protective factors, ↓risk factors, ↑recovery, ↓symptoms

Are there other individual-level outcomes you would want to see prioritized for PEI?

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Get Involved!

- **Subscribe to receive opportunities to get involved in MHSA planning:**
www.smchealth.org/MHSA
- **BHRS-wide opportunities:**
<https://www.smchealth.org/get-involved>



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Thank you!

Jean Perry, MHSARC Commissioner
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