



Be the one to help



Mental Health Service Act (MHSA) Three-Year Plan

Open to the public! Join advocates, providers, clients and family members to provide input on the next 3 years of MHSA funding.

The MHSA Three-Year Plan is developed in collaboration with clients and families, community members, staff, community agencies and stakeholders. It includes priorities for future funding, program expansions and/or improvements and expenditure projections.

Meeting objectives include:

- Provide input and prioritize behavioral health needs
- Develop and prioritize strategies for the next three years
- Review and provide input into available one-time funding

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- ✓ Stipends are available for clients/family members
 - ✓ Language interpretation is provided if needed*

**Please contact Tania Perez at (650) 573-5047 or tperez@smcgov.org 1 week in advance of the meeting(s) to reserve language/childcare services.*

MHSA Steering Committee Meetings

1) MHSA Needs Prioritization

Wednesday, March 4, 2020

3:30 pm – 4:00 pm (MHSARC)

4:00 pm – 5:30 pm (MHSA)*

County Health Campus, Room 100
225 37th Ave. San Mateo, CA

**The March meeting is combined with the Mental Health Substance Abuse and Recovery Commission (MHSARC), both meetings are open to the public.*

2) MHSA Strategy Prioritization

Wednesday, April 29, 2020

4:30 pm – 6:00 pm

Zoom Meeting: <https://zoom.us/j/125761698>

Dial in: +1 669 900 6833 / **Meeting ID:** 125 761 698

Contact:

Doris Estremera, MHSA Manager
(650) 573-2889 ♦ mhsa@smcgov.org
www.smchealth.org/MHSA

The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



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BEHAVIORAL HEALTH
& RECOVERY SERVICES



Mental Health Services Act (MHS) Steering Committee

Wednesday, March 4, 2020 / 4:00 – 5:30 PM

County Health Campus, Room 100, 225 37th Ave. San Mateo, CA 94403

AGENDA

1. **Welcome** 5 min
2. **MHSA Background** 15 min
 - MHSA Steering Committee Restructure
 - MHSA Three-Year Plan
 - Community Program Planning
3. **Needs Assessment – Preliminary Results** 25 min
 - Reactions? Does this resonate?
4. **Strategy Development Launch - Breakout Activity** 40 min
 - Select 1 area of need you would like to focus on and answer the following questions:
 1. Are there any program/service that are working well to address the need identified and would benefit from either expansion or enhancements?
 2. Is there a new service or program that you would like to see considered to address the need identified?
 3. If you were to select one (1) strategy from those identified in the above two questions, which do you believe would have the biggest impact in San Mateo County. (dots)
5. **Adjourn**

**Next MHSA Three-Year Planning Meeting
Strategy Prioritization**

April 29, 2019 from 4:30pm – 6:30pm

Veterans Memorial Building, Redwood Room
1455 Madison Ave, Redwood City, CA



 **Mental Health Services Act (MHSA)**
Three-Year Planning


MHSA Steering Committee
March 3, 2019 / 4pm – 5:30pm

www.smchealth.org/mhsa

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**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Agenda

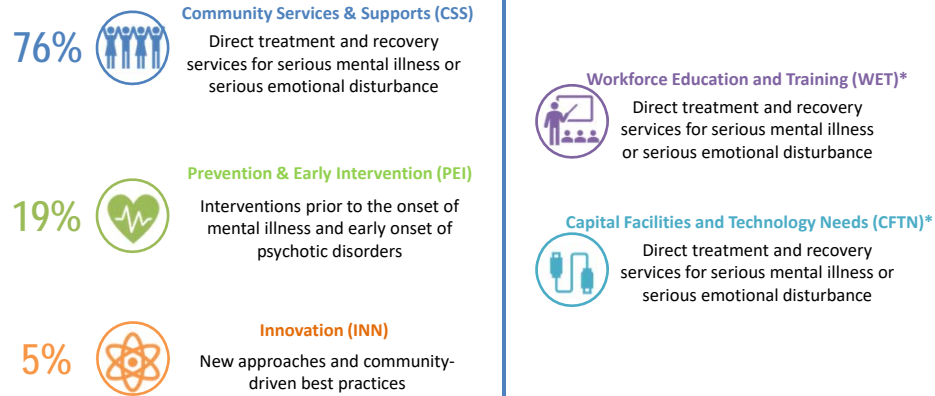
1. Welcome
2. MHSA Background
 - Steering Committee
 - Community Program Planning
3. Needs Assessment – Preliminary Results
4. Strategy Development Launch – Breakout Activity
5. Adjourn



MHSA – Prop 63 (2004)

1% tax on personal income over \$1 M

\$29.7M annual 5-year average for San Mateo County through FY 18-19



*Up to 20% of the average 5-year CSS revenue can be allocated annually to WET, CFTN and prudent reserve.

MHSA Steering Committee

- **Makes recommendations during planning and implementation, prioritizes services**
- **Meets 2x/yr + add'l meeting during three-year planning**
- **All commissioners + application process for broader diverse participation**
 - At least 50% represent clients/families
 - At least 50% marginalized cultural/ethnic groups
 - Maximum 2 member from any one agency + stakeholder seats
- ⇒ **Proposing a restructure – more to come!**
 - Quarterly meetings to meet the increased demands on MHSA
 - Smaller group of MHSA “experts” to promote meaningful engagement
 - 1-2 Commissioner liaison(s) to allow for more focused participation
 - Focused, time-limited strategy groups to maximize special interests and subject matter expertise

What's in a Three-Year Plan

- Current program descriptions and outcomes
- Priorities for future funding (if increased revenues)
 - Program expansions and/or improvements
 - Addressing gaps in services
- Expenditure projections



Community Program Planning (CPP)

Need Assessment Phase

- Reviewed 15 local plans, assessments, reports

⇒ Survey to help prioritize

- 1,600+ MHSA subscribers and email networks
- Blog, Social Media, Nextdoor postings
- Flyers at libraries, clinics
- BHRS employees
- Collaboratives, groups, meetings
- Social Media
- Community colleges
- City communication officers

- Strategy Development Phase launches today!



Preliminary Survey Results

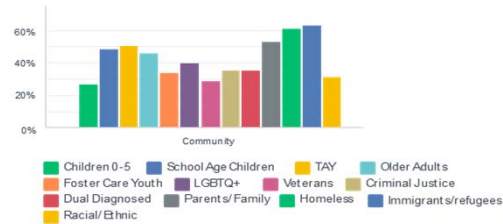
- Survey closes on March 20th
- 176 responses to-date
 - 80 BHRS employees
 - 96 broader community
 - 46% identify as client/family member
 - 40% identify as providers (behavioral/social services)
 - 58% white / 74% ages 26-59, 20% 60+
- Top priorities to-date across all age groups
 - Homelessness/Housing
 - Mental Health Crisis Supports
 - Suicide/Suicide Ideation
 - Trauma

*BHRS employees - Co-occurring and Complex Cases

Preliminary Survey Results

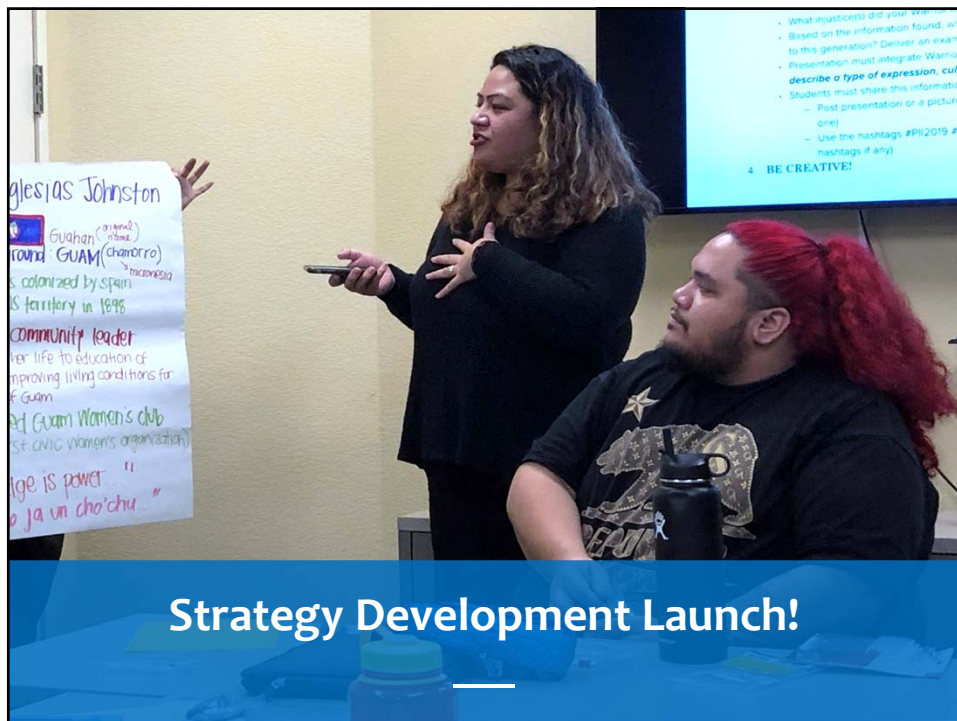
- **Priority populations**

- Immigrants, Homeless, Parents/Families
- School Age Children, Transition-Age Youth, Older Adults



- **Barriers to accessing services**

- Healthcare Coverage, Stigma, Social Determinants, Immigration Status, Lack of Information
- BHRS employees - Transportation



Breakout Activity

1. **Breakout into groups based on top needs (select one)**
 - Homelessness/Housing
 - Mental Health Crisis Supports
 - Suicide/Suicide Ideation
 - Trauma
2. **Brainstorm the following questions:**
 - Are there any program/service that are working well to address the need identified and would benefit from either expansion or enhancements?
 - Is there a new service or program that you would like to see considered to address the need identified?
3. **Prioritize strategies**

Thank you!



For more information: www.smchealth.org/MHSA
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Mental Health Services Act (MHSA) Three-Year Plan, Fiscal Years 2020-2023

2020 Input Sessions – updated for COVID-19 response precautions

San Mateo County promotes collaboration with clients/consumers, families, communities, providers and advocates in all phases of the Community Program Planning (CPP) process for the development of the Mental Health Services Act (MHSA) Three-Year Plan. The MHSA Three-Year Plan includes priorities for future funding, program expansions and improvements, and expenditure projections.

The following are scheduled input sessions to-date. ***Please check the MHSA website regularly for updates to this schedule, www.smchealth.org/mhsa.*** All sessions will be provided with MHSA background information and an overview of the CPP process. If language interpretation is needed, please contact Tania Perez at (650) 573-5047 or tsperetz@smcgov.org, one (1) week in advance of the input session.

Stakeholder Group	Date	Time	Conference Call Line information
Collaboratives:			
Coastside Collaborative	3/19/20	3pm	Join Zoom Meeting: https://zoom.us/j/932719034?pwd=SlhxMG8xOGEyN2NRMFJBVGFLcmdjdjZ09 Meeting ID: 932 719 034 / Password: 772634 Dial in: +1 669 900 6833
East Palo Alto Behavioral Health Advisory Group	4/09/20	1pm	Zoom Meeting: https://zoom.us/j/705724833 Dial in: +1 669 900 6833 / Meeting ID: 705 724 833
North County Outreach Collaborative	4/3/20	1pm	Zoom Meeting: https://zoom.us/j/458216012 Dial in: +1 669 900 6833 / Meeting ID: 458 216 012
Peer Recovery Collaborative	3/30/20	3:30pm	Zoom Meeting: https://zoom.us/j/589250449 Dial in: +1 669 900 6833 / Meeting ID: 589 250 449
Health Equity Initiatives:			
African American Community Initiative	3/10/20	10:30am	650-761-6481 / Conference ID: 829 179 974#
Chinese Health Initiative	4/3/20	1:30pm	650-724-9799 / Meeting ID: 596 325 2478
Diversity and Equity Council	3/6/20	11am	1-888-636-3807 / Access code: 566983#
Filipino Mental Health Initiative	4/9/20	5pm	Zoom Meeting: https://zoom.us/j/7266572587
Latino Collaborative	3/24/20	3:30pm	1-866-390-1828 / Access code: 110549 #
Native American Initiative	3/19/20	8:30am	1-888-636-3807 / Access code: 566983 #
Pacific Islander Initiative	4/7/20	11am	650-761-6481 / Conference ID: 796 938 978#
Pride Initiative	4/8/20	4:30pm	650-761-6481 / Conference ID: 896 455 514#
Spirituality Initiative	3/10/20	12:30pm	650-761-6481 / Conference ID: 692 060 877#
Mental Health Services Act (MHSA) Steering Committee:			
MHSA Need Prioritization*	3/4/20	3:30pm	225 37 th Ave, Room 100, San Mateo
Pre-session orientation	3/4/20	2pm	225 37 th Ave, Room 100, San Mateo
MHSA Strategy Prioritization*	4/29/20	4:30pm	Zoom Meeting: https://zoom.us/j/125761698 Dial in: +1 669 900 6833 / Meeting ID: 125 761 698
Pre-session orientation	4/21/20	3pm	Zoom Meeting: https://zoom.us/j/807397618 Dial in: +1 669 900 6833 / Meeting ID: 807 397 618

Mental Health and Substance Abuse Recovery Commission (MHSARC):			
MHSARC Adult Committee	4/15/20	10:30am	1-866-390-1858 / Access Code: 110549
MHSARC Child and Youth Committee	3/18/20	4pm	1-866-390-1828 / Access Code: 110549
MHSARC Older Adult Committee	4/1/20	11am	650-761-6481 / Conference ID: 951 811 463#
Other Stakeholder Groups			
AOD Treatment Providers Meeting	TBD		Closed session
Contractors Association	3/19/20	9am	Closed session
Housing Committee	3/12/20	9am	650-761-6481 / Conference ID: 696 039 67#
Immigrant Parent Group	3/18/20	6pm	Key interviews
Lived Experience Education Workgroup	3/3/20	3:30pm	2000 Alameda de las Pulgas, Room 201, San Mateo
Transition Age Youth	N/A	N/A	Key Interviews
Veterans	N/A	N/A	Key Interviews
School Mental Health Collaboratives:			
Central School Collaborative	3/10/20	2pm	Cancelled
Coastside School Collaborative			Not Available
Northeast School Collaborative	4/16/20	8:30am	Zoom Meeting: https://smcoe.zoom.us/j/227763223 Dial in: +1 669 900 9128 / Meeting ID: 227 763 223
Northwest School Collaborative	3/6/20	8:30am	Jefferson Elementary School District Office, 101 Lincoln Ave, Daly City
South School Collaborative	4/20/20	10:30am	Zoom Meeting: https://smcoe.zoom.us/j/165241650 Dial in: +1 669 900 9128 / Meeting ID: 165 241 650

*There are two MHSA Steering Committee meetings, March 4th and April 29th (as highlighted above) that are focused on prioritizing the needs and strategies for the MHSA Three-Year Plan. Meetings are open to the public. For these MHSA Steering Committee meetings: stipends will be made available for clients and family members and language interpretation will be provided if needed. Please contact Tania Perez at (650) 573-5047 or ts Perez@smc gov.org, one (1) week in advance of the meeting(s) to reserve language services.

Public Comment Preparation Sheet

Name:
Address:
Agenda Item:

1. Beginning – Introduce Yourself (2 sentences)

2. Middle – Provide Supporting Evidence

Point A

Point B

Point C

Personal Story

3. Close – Your ask

Public Comment: Beginning - Introduction

- * A one sentence self-introduction: “Hello, my name is Shirley Lopez and I am from Blizzard County.”
- * And one sentence of relevant affiliations: “I am a member of *Peers and Families for Change*,” or “I work as a counselor at Serene County Consumer Services.”

Public Comment : Middle - Supporting Evidence

This is the “meat” of your statement:

- * What do you want the Committee members to know?
- * Are you for or against something? Why? Give your best two or three reasons.
- * Give it a personal touch, share your story! Speak from **personal experience** to make your comment more powerful. You don't want to make it “all about yourself,” but letting the audience know that an issue affects or has affected your life gives that issue a “human face.”

Your lived experience is your expertise Remember that no one expects you to know or be an expert about **everything** about your topic! Focus on what you know, your own experience and your own point of view. It's **your** perspective that the audience may need to hear! ₄

Public Comment End - Your Ask

Strong and polite

- * A one sentence summary statement *“For all of these reasons, I urge the Committee to vote “no” on the proposed policy changes. Thank you for your time.”*
- * Example: Khatera Slami-Tample (3 min)
<https://www.youtube.com/watch?v=lqQyW4diAmg>



Mental Health Services Act (MHSA) Components and Programs

Fiscal Year 2019 – 2020

Community Services and Supports (CSS)	
Full Service Partnerships (FSP)	<p>Children and Youth</p> <ul style="list-style-type: none">• Edgewood Short-term Adjunctive Youth and Family Engagement (SAYFE) FSP• Edgewood Comprehensive “Turning Point” FSP• Fred Finch Out-of-County Foster Care FSP <p>Transition Age Youth</p> <ul style="list-style-type: none">• Edgewood Comprehensive “Turning Point” FSP<ul style="list-style-type: none">○ North and South Drop-in Centers○ Caminar Enhanced Supportive Education Services○ Mental Health Association Supported Housing <p>Adult /Older Adult</p> <ul style="list-style-type: none">• Telecare - FSP and Housing Support• Caminar - FSP and Housing Support + Assisted Outpatient Treatment FSP• Mateo Lodge - South County Integrated FSP• Augmented Board and Care
General System Development (GSD)	<ul style="list-style-type: none">• Older Adult System of Integrated Services (OASIS)• Senior Peer Counseling Services (50% CSS; 50%PEI)• Pathways, Court Mental Health• Pathways, Co-Occurring Housing Services• Juvenile Girls Program• Co-Occurring AOD Services and Recovery Support• Child Welfare Partners Program• Puente Clinic for Intellectually Disabled Dual Diagnosis• Peer Consumer and Family Partners• The California Clubhouse• The Barbara A. Mouton Multicultural Wellness Center• Evidence Based Practices (EBP) and Services
Outreach and Engagement (O&E)	<ul style="list-style-type: none">• Family Assertive Support Team (FAST)• Ravenswood Family Health Center (40% CSS; 60%PEI)

Innovations (INN)

Health Ambassador Program – Youth (HAP-Y)
The Pride Center - Behavioral Health Coordinated Services
Neurosequential Model of Therapeutics (NMT) in Adult System of Care
Help@Hand - Tech Suite Collaborative



Mental Health Services Act (MHSA) Components and Programs

Fiscal Year 2019 – 2020

Prevention and Early Intervention (PEI)	
Prevention & Early Intervention (Ages 0 – 25)	<ul style="list-style-type: none">• Early Childhood Community Team (ECCT)• Trauma-Informed Systems for 0-5 Providers• Trauma-Informed Co-Occurring Services for Youth• Project SUCCESS• Teaching Pro-Social Skills• Crisis Hotline, Youth Outreach and Intervention Team
Early Intervention	<ul style="list-style-type: none">• Prevention and Recovery in Early Psychosis (PREP)• Primary Care Interface• SMC Mental Health Assessment and Referral Team (SMART)
Prevention	Office of Diversity and Equity (ODE) <ul style="list-style-type: none">• Health Equity Initiatives• The Parent Project• Health Ambassador Program
Recognition of Early Signs of MI	<ul style="list-style-type: none">• Adult Mental Health First Aid
Stigma Discrimination and Suicide Prevention	<ul style="list-style-type: none">• Digital Storytelling and Photovoice• Stigma Free San Mateo County – Be the ONE Campaign• San Mateo County Suicide Prevention Committee (SPC)
Access and Linkage to Treatment	<ul style="list-style-type: none">• Ravenswood Family Health Center (40% CSS; 60%PEI)• Senior Peer Counseling (50% CSS; 50%PEI)• HEI Outreach Worker Program• North County Outreach Collaborative (NCOC)• East Palo Alto Partnership for Mental Health Outreach (EPAPMHO) and East Palo Alto Behavioral Health Advisory Group (EPABHAG)

One-time Funding Allocations	
Workforce and Education Training (WET)	<ul style="list-style-type: none">• Training by/for Consumers and Family Members• System Transformation and Workforce Development• Behavioral Health Career Pathways Program• Financial Incentives – Cultural Stipends, Loan Assumption
Housing	<ul style="list-style-type: none">• Cedar Street Apartments in Redwood City (2009)• El Camino Apartments in South San Francisco (2010)• Delaware Pacific Apartments in San Mateo (2011)• Waverly Place Apartments in North Fair Oaks (2018)• Bradford Senior Housing and 2821 El Camino Real (2019)
Capital Facilities and Information Tech	<ul style="list-style-type: none">• eClinical Care (launched in 2008-09)

MHSA funds are highly leveraged; many of these programs are also funded by other sources.