The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over $1 million.

The MHSA Steering Committee meets the first Thursday at 3pm in February, May, September and December to provide input, make recommendations and stay up-to-date on new MHSA developments and ongoing programming.

**Meeting objectives include:**

- Orientation to MHSA and goal setting for 2021 MHSA meetings.
- Provide input on the use of MHSA funds to support ongoing programs.
- Learn how to get involved in program planning.

**DATE & TIME**

**Thursday, February 4, 2021**
3:00 pm – 4:30 pm

**Zoom Meeting:**
https://us02web.zoom.us/j/83216209789
Dial in: +1 669 900 6833
Meeting ID: 832 1620 9789
iPhone one-tap: +16699006833,,83216209789#

**Contact:**
Doris Estremera, MHSA Manager
(650) 573-2889 ♦
mhsa@smcgov.org

www.smchealth.org/MHSA

✓ Stipends are available for clients/family members
✓ Language interpretation is provided if needed*

*Please contact Tania Perez at tsperez@smcgov.org at least 2 week in advance to reserve language services.
Mental Health Services Act (MHSA)
Steering Committee Meeting
February 4, 2021
Before we begin...

- Stipends for clients and family members participating
  - Please remain online after the meeting ends
- Meeting is being recorded
- Participants are muted and share screen are disabled
- Participation
  - Please enter your questions in the chat box; I will address those first
  - “Raise Hand” button
  - Host will unmute one participant at a time
- Quick Poll
Agenda

1. MHSA Orientation
2. MHSA Fiscal Updates
3. Goal Setting
4. Announcements
1. MHSA Orientation
MHSA Components

76% Community Services & Supports (CSS)
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19% Prevention & Early Intervention (PEI)
Interventions prior to the onset of mental illness and early onset of psychotic disorders

5% Innovation (INN)
New approaches and community-driven best practices

Workforce Education and Training (WET)
Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)
Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over $1 million
San Mateo County: $30.7M annual 5-year average through FY 19-20
MHSA Planning

**Community Program Planning (CPP) Process**
- Three-Year Plan
  - Existing program priorities
  - Priority Expansions
  - Expenditure Projections
- Annual Updates
  - Data and outcomes for each program
  - Adjustments to the Three-Year Plan

**Current Timeline**
- Three-Year Plan Implementation: July 1, 2020 – June 30, 2023
- Annual Updates Due: June 30th each year
- Next Three-Year Planning Phase: January 2023 – April 2023
- Next Three-Year MHSA Plan Due: June 2023

### Example: FY 17/18 Priority Expansion

<table>
<thead>
<tr>
<th>Component</th>
<th>Updated Priority Expansions **</th>
<th>Estimated Cost Per Fiscal Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevention &amp; Early Intervention</td>
<td>Expansion of Stigma Free San Mateo, Suicide Prevention and Student Mental Health efforts*</td>
<td>$50,000</td>
</tr>
<tr>
<td></td>
<td>Youth mental health crisis support and prevention**</td>
<td>$600,000</td>
</tr>
<tr>
<td></td>
<td>After-care services for early psychosis treatment for reengagement, maintenance and family navigator support</td>
<td>$230,000</td>
</tr>
<tr>
<td></td>
<td><strong>TOTAL PEI</strong></td>
<td><strong>$650,000</strong></td>
</tr>
</tbody>
</table>
MHSA Funding Principles

- Developed with stakeholders to guide annual funding allocations and expansions
  1. Maintain required % allocations
  2. Sustain and strengthen existing priorities
  3. Maximize revenue sources
  4. Utilize MHSA reserves to strategically mitigate impact to services
  5. Prioritize direct services to clients
  6. Maintain prevention efforts
  7. Sustain geographic, cultural, ethnic and linguistic equity
  8. Evaluate potential reductions and allocations
## Current Three-Year Plan Priorities

<table>
<thead>
<tr>
<th>Required Components</th>
<th>Required Categories</th>
<th>Local Plan Priorities</th>
<th>Funding Allocation (% of total revenue)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Services &amp; Supports (CSS)</td>
<td>Full Service Partnerships (FSP)</td>
<td>Children &amp; Youth, Transition Age Youth, Adult &amp; Older Adults, Housing Supports</td>
<td>76% 51% of the CSS allocation must fund FSP services</td>
</tr>
<tr>
<td></td>
<td>General Systems Development (GSD)</td>
<td>Co-Occurring Integration, Older Adult System of Care, Child Welfare Integration, Intellectually Disabled, Peer/Family Partners Supports, Crisis Intervention/Stabilization, Infrastructure Strategies</td>
<td></td>
</tr>
<tr>
<td>Outreach and Engagement (O&amp;E)</td>
<td>N/A</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>Prevention &amp; Early Intervention (PEI)</td>
<td>Early Intervention</td>
<td>Early Psychosis, Primary Care Interventions, Crisis Response</td>
<td>19% 51% of the PEI allocation must fund services for ages 0-25</td>
</tr>
<tr>
<td></td>
<td>Prevention</td>
<td>Trauma Informed Systems, Community Interventions for School, Community Capacity Building</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Recognition of Signs of Mental Illness</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stigma and Discrimination Reduction</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Access and Linkages</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>Innovations (INN)</td>
<td>N/A; requires approval by the State</td>
<td>Priority needs identified by the 3-Year Plan</td>
<td>5%</td>
</tr>
</tbody>
</table>
No tenemos documentos, pero mis hijos son ciudadanos. Pertenecen a los EE.UU. Mi peor temor es que mi hijo hable porque me quieran a mis hijos.
2. Fiscal Updates
MHSA Revenue Projections

MHSA Revenue & Expenditures

Fiscal Year

15-16 16-17 17-18 18-19 19-20 20-21* 21-22* 22-23*

Revenue
Expenditures

*estimates/projections

BHRS FY 19-20 Revenue

- Medi-Cal: 21%
- MHSA*: 12%
- Measure K: 2%
- Other: 21%
- Realignment: 19%
- NCC: 25%

Millions

$20 $22 $24 $26 $28 $30 $32 $34 $36 $38

San Mateo County Health

Behavioral Health & Recovery Services
Questions?
3. Goal Setting
MHSA Steering Committee Role

• The MHSA Steering Committee
  1. Makes recommendations to the planning and program development process
  2. Assures that MHSA CPP process reflects local diverse needs and priorities
INPUT: How do we accomplish this role? What venues + topics?

1. Makes recommendations to the planning and services development process.

Currently:

- Planning committees/taskforce
  - Examples: PEI Taskforce, Youth S.O.S. Team, Housing Initiative Taskforce, INN selection committee
- Input via the MHSA Steering Committee meetings
  - Examples: Issue Resolution Process, Innovation Projects, Funding Principles, Program Presentations)
INPUT: How do we accomplish this role? What venues + topics?

2. Assures that MHSA CPP process reflects local diverse needs and priorities

Currently:
- Diverse membership requirements + selection committee
- Input on the Three-Year Planning Framework + input into all phases
- Prioritization vote on strategies for funding
Next Steps

• Synthesize all input and propose an MHSA Steering Committee Engagement Plan
• Next Meeting - May 6, 2021
  • Annual Update
  • Input on MHSA budget
  • Housing Initiative Outcomes
4. Announcements

- New Innovation Projects
- Join the MHSA Steering Committee: www.smchealth.org/MHSA
- Housing Initiative (March, April, May)
  - 1st Wed of the month, 10:30am – 12:00pm
- Subscribe at MHSA website to stay informed: www.smchealth.org/MHSA
- Attend standing committees
  - https://www.smchealth.org/get-involved
Thank you!

Doris Estremera, MHSA Manager
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smchealth.org/MHSA

https://www.surveymonkey.com/r/MHSA_MtgFeedback