



# Be the one to help



## Mental Health Service Act (MHSA) NEW MHSA Steering Committee Kick-Off

**Open to the public!** Join advocates, providers, clients and family members to provide input on MHSA planning.

The MHSA Steering Committee meets the first Thursday at 3pm in February, May, September and December to provide input, make recommendations and stay up-to-date on new MHSA developments and ongoing programming.

### Meeting objectives include:

- Orientation to MHSA and goal setting for 2021 MHSA meetings.
- Provide input on the use of MHSA funds to support ongoing programs.
- Learn how to get involved in program planning.

- ✓ Stipends are available for clients/family members
- ✓ Language interpretation is provided if needed\*

\*Please contact Tania Perez at [tperez@smcgov.org](mailto:tperez@smcgov.org) at least 2 week in advance to reserve language services.

### DATE & TIME

**Thursday, February 4, 2021**

3:00 pm – 4:30 pm

### Zoom Meeting:

<https://us02web.zoom.us/j/83216209789>

Dial in: +1 669 900 6833

Meeting ID: 832 1620 9789

iPhone one-tap: +16699006833,,83216209789#

### Contact:

Doris Estremera, MHSA Manager

(650) 573-2889 ♦

[mhsa@smcgov.org](mailto:mhsa@smcgov.org)

[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)



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& RECOVERY SERVICES**

The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



# Mental Health Services Act (MHSA)

## Steering Committee Meeting

February 4, 2021



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# Before we begin...

- Stipends for clients and family members participating
  - Please remain online after the meeting ends
- Meeting is being recorded
- Participants are muted and share screen are disabled
- Participation
  - Please enter your questions in the chat box; I will address those first
  - “Raise Hand” button
  - Host will unmute one participant at a time
- Quick Poll





# Agenda

1. MHSA Orientation
2. MHSA Fiscal Updates
3. Goal Setting
4. Announcements





# 1. MHSA Orientation




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# MHSA Components

**76%**  **Community Services & Supports (CSS)**  
Direct treatment and recovery services  
for serious mental illness or serious  
emotional disturbance

**19%**  **Prevention & Early Intervention (PEI)**  
Interventions prior to the onset of mental  
illness and early onset of psychotic  
disorders

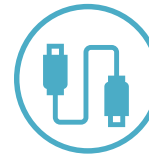
**5%**  **Innovation (INN)**  
New approaches and community-driven  
best practices

## Workforce Education and Training (WET)



Education, training and workforce  
development to increase capacity and  
diversity of the mental health  
workforce

## Capital Facilities and Technology Needs (CFTN)



Buildings and technology used for the  
delivery of MHSA services to individuals  
and their families.

1% tax on personal income over \$1 million

San Mateo County: \$30.7M annual 5-year average through FY 19-20

# MHSA Planning

- **Community Program Planning (CPP) Process**

- Three-Year Plan
  - Existing program priorities
  - Priority Expansions
  - Expenditure Projections
- Annual Updates
  - Data and outcomes for each program
  - Adjustments to the Three-Year Plan

**Example: FY 17/18 Priority Expansion**

Component	Updated Priority Expansions **	Estimated Costs Per Fiscal Year
Prevention & Early Intervention	Expansion of Stigma Free San Mateo, Suicide Prevention and Student Mental Health efforts*	\$50,000
	Youth mental health crisis support and prevention**	\$600,000
	After-care services for early psychosis treatment for reengagement, maintenance and family navigator support	\$230,000
TOTAL PEI		\$650,000

- **Current Timeline**

- Three-Year Plan Implementation: July 1, 2020 – June 30, 2023
- Annual Updates Due: June 30<sup>th</sup> each year
- Next Three-Year Planning Phase: January 2023 – April 2023
- Next Three-Year MHSA Plan Due: June 2023





# MHSA Funding Principles

- Developed with stakeholders to guide annual funding allocations and expansions
  1. Maintain required % allocations
  2. Sustain and strengthen existing priorities
  3. Maximize revenue sources
  4. Utilize MHSA reserves to strategically mitigate impact to services
  5. Prioritize direct services to clients
  6. Maintain prevention efforts
  7. Sustain geographic, cultural, ethnic and linguistic equity
  8. Evaluate potential reductions and allocations





# Current Three-Year Plan Priorities

Required Components	Required Categories	Local Plan Priorities	Funding Allocation (% of total revenue)
Community Services & Supports (CSS)	Full Service Partnerships (FSP)	Children & Youth Transition Age Youth Adult & Older Adults Housing Supports	<b>76%</b> 51% of the CSS allocation must fund FSP services
	General Systems Development (GSD)	Co-Occurring Integration Older Adult System of Care Child Welfare Integration Intellectually Disabled Peer/Family Partners Supports Crisis Intervention/Stabilization Infrastructure Strategies	
	Outreach and Engagement (O&E)	N/A	
Prevention & Early Intervention (PEI)	Early Intervention	Early Psychosis Primary Care Interventions Crisis Response	<b>19%</b> 51% of the PEI allocation must fund services for ages 0-25
	Prevention	Trauma Informed Systems Community Interventions for School Community Capacity Building	
	Recognition of Signs of Mental Illness	N/A	
	Stigma and Discrimination Reduction	N/A	
	Access and Linkages	N/A	
Innovations (INN)	N/A; requires approval by the State	Priority needs identified by the 3-Year Plan	<b>5%</b>



Questions?



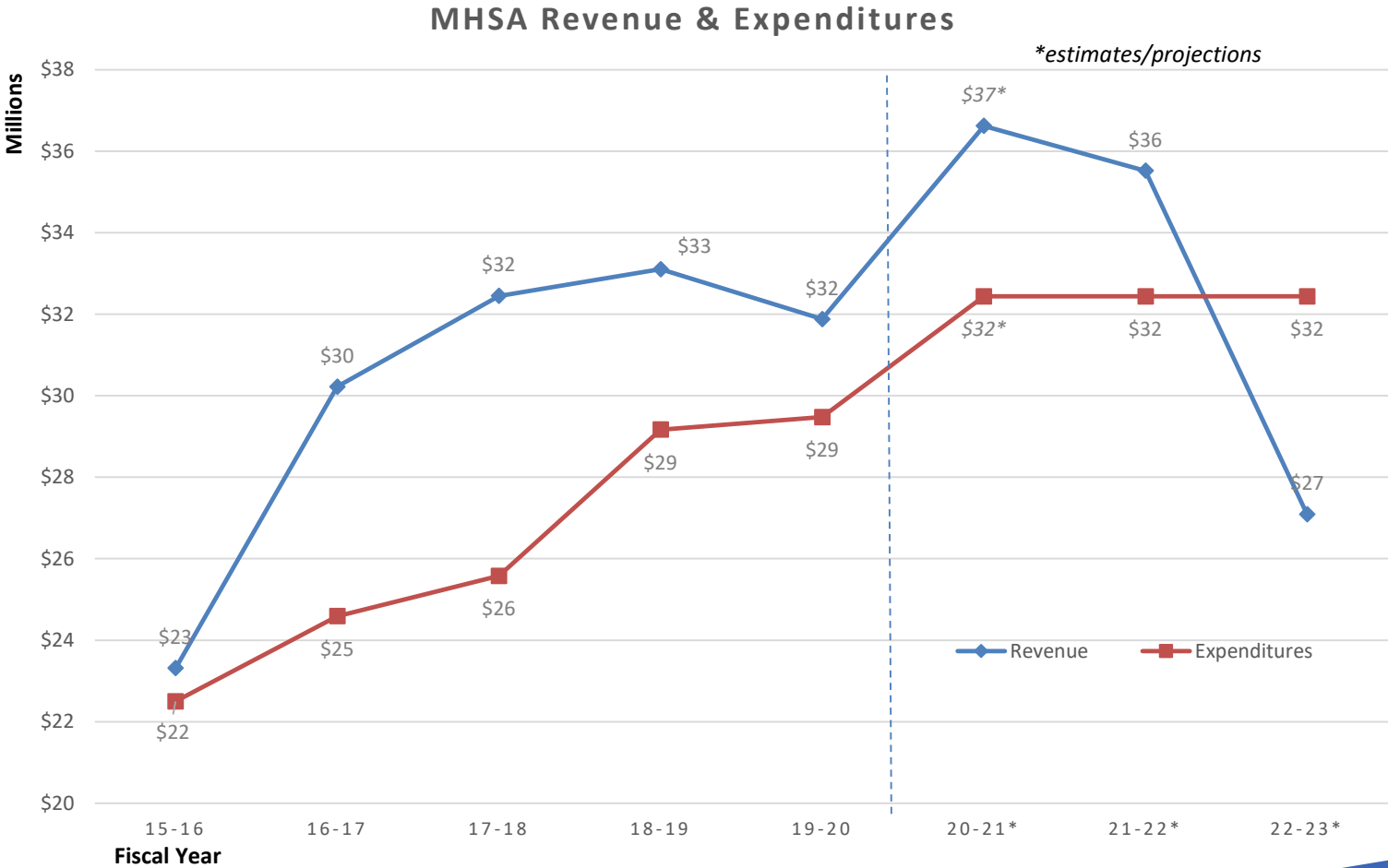
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## 2. Fiscal Updates

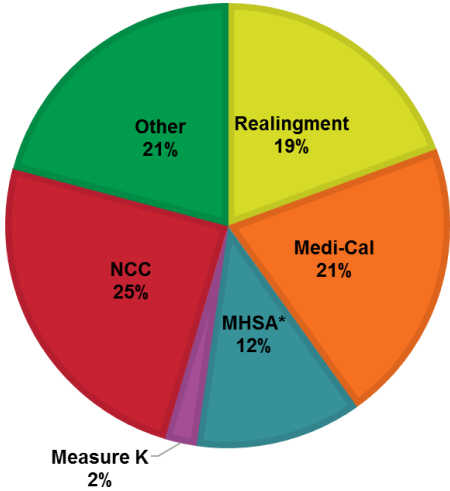


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# MHSA Revenue Projections



BHRS FY 19-20 Revenue





A woman with long, wavy purple hair is speaking into a black microphone. She is wearing a blue t-shirt with a colorful patterned strap over her shoulder. To her left, the back of a person's head and shoulder are visible. The background is a blurred green plant.

# Questions?



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# 3. Goal Setting



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# MHSA Steering Committee Role

- The MHSA Steering Committee
  1. Makes recommendations to the planning and program development process
  2. Assures that MHSA CPP process reflects local diverse needs and priorities



# INPUT: How do we accomplish this role? What venues + topics?

1. Makes recommendations to the planning and services development process.

## Currently:

- Planning committees/taskforce
  - Examples: PEI Taskforce, Youth S.O.S. Team, Housing Initiative Taskforce, INN selection committee
- Input via the MHSA Steering Committee meetings
  - Examples: Issue Resolution Process, Innovation Projects, Funding Principles, Program Presentations)





# INPUT: How do we accomplish this role? What venues + topics?

2. Assures that MHSA CPP process reflects local diverse needs and priorities

## Currently:

- Diverse membership requirements + selection committee
- Input on the Three-Year Planning Framework + input into all phases
- Prioritization vote on strategies for funding



# Next Steps

- Synthesize all input and propose an MHSA Steering Committee Engagement Plan
- Next Meeting - May 6, 2021
  - Annual Update
  - Input on MHSA budget
  - Housing Initiative Outcomes



## 4. Announcements

- **New Innovation Projects**
- **Join the MHSA Steering Committee:**  
[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)
- **Housing Initiative (March, April, May)**
  - 1<sup>st</sup> Wed of the month, 10:30am – 12:00pm
- **Subscribe at MHSA website to stay informed:**  
[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)
- **Attend standing committees**
  - <https://www.smchealth.org/get-involved>

# Thank you!

**Doris Estremera, MHSA Manager**

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**[smchealth.org/MHSA](https://www.smchealth.org/MHSA)**

**[https://www.surveymonkey.com/r/MHSA\\_MtgFeedback](https://www.surveymonkey.com/r/MHSA_MtgFeedback)**



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