



## Mental Health Service Act (MHSA) Steering Committee Meeting

**Open to the public!** Join advocates, providers, clients and family members to provide input on MHSA program planning.

The MHSA Steering Committee meets throughout the year to provide input, recommendations and stay up-to-date on new MHSA developments and ongoing programming.

### Meeting objectives include:

- Learn the latest MHSA updates including revenue projections, Innovation projects and ongoing program planning.
- Provide input on the MHSA Steering Committee structure moving forward.
- Get involved in new program and strategy planning.

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- ✓ Stipends are available for clients/family members
  - ✓ Language interpretation is provided if needed\*

\*Please contact Tania Perez at [tperez@smcgov.org](mailto:tperez@smcgov.org) by September 25<sup>th</sup> to reserve language services.

### DATE & TIME

**Wednesday, October 7, 2020**

3:30 pm – 4:00 pm (MHSARC)

4:00 pm – 5:30 pm (MHSA)\*

**Zoom Meeting:** <https://us02web.zoom.us/j/81395582235>

Dial in: +1 669 900 6833 / Webinar ID: 813 9558 2235

iPhone one-tap: +16699006833,,81395582235#

*\*The MHSA meeting is combined with the Mental Health Substance Abuse and Recovery Commission (MHSARC), both meetings are open to the public.*

### Contact:

Doris Estremera, MHSA Manager  
(650) 573-2889 ♦ [mhsa@smcgov.org](mailto:mhsa@smcgov.org)

[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)



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The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over \$1 million.



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## Mental Health Services Act (MHSA) Steering Committee Meeting Three-Year Plan Strategy Prioritization

Wednesday, October 7, 2020 / 4:00 – 5:30 PM

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### AGENDA

1. Welcome, Logistics & Agenda Review 10 min
2. MHSA Overview & Updates 50 min
  - Revenue projections and reserve
  - Status on one-time spend plans
  - Youth crisis strategy development
  - Innovation projects
3. MHSA Steering Committee Restructure 15 min
  - Motion to implement new structure
4. MHSA Planning - How to Get Involved 10 min
5. Adjourn

**\* Public Participation:** All members of the public can offer comment at this public meeting. During the meeting, participants will be muted and share screen and chat will be disabled to prevent background noise and disruptions. The host(s) will unmute one participant at a time during the Q&A and Public Comment portions of the meeting. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will unmute you in the order in which the hand raise notification is received. Please limit your question/comments to 1-2 minutes, the host(s) will be monitoring the time. The meeting will be recorded.

Questions and public comments can also be submitted via email to [mhsa@smcgov.org](mailto:mhsa@smcgov.org).

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**\*REMINDER – Please Complete the Steering Committee Feedback Survey**

[https://www.surveymonkey.com/r/MHSA\\_MtgFeedback](https://www.surveymonkey.com/r/MHSA_MtgFeedback)







# Mental Health Services Act (MHSA)

## Steering Committee Meeting


October 7, 2020



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# Before we begin...

- Stipends for clients and family members participating
- Demographics survey, link in chat box  PAUSE
- Meeting is being recorded
- Participants are muted and share screen are disabled
- Participation
  - “Raise Hand” button
  - Host will unmute one participant at a time
  - 1-2 minutes maximum







# Agenda


- MHSA Overview
- MHSA Updates
- MHSA Steering Committee Restructure
  - Motion to approve
- New planning



# MHSA Overview

**76%**  **Community Services & Supports (CSS)**  
Direct treatment and recovery services  
for serious mental illness or serious  
emotional disturbance

**19%**  **Prevention & Early Intervention (PEI)**  
Interventions prior to the onset of mental  
illness and early onset of psychotic  
disorders

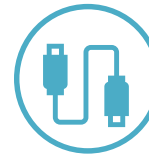
**5%**  **Innovation (INN)**  
New approaches and community-driven  
best practices

## Workforce Education and Training (WET)



Education, training and workforce  
development to increase capacity and  
diversity of the mental health  
workforce

## Capital Facilities and Technology Needs (CFTN)



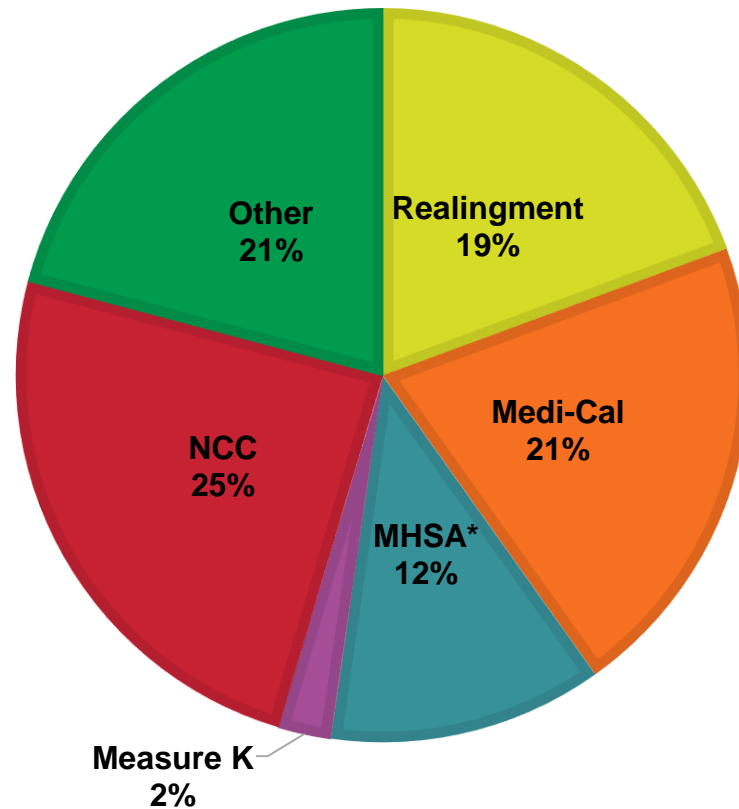
Buildings and technology used for the  
delivery of MHSA services to individuals  
and their families.

1% tax on personal income over \$1 million

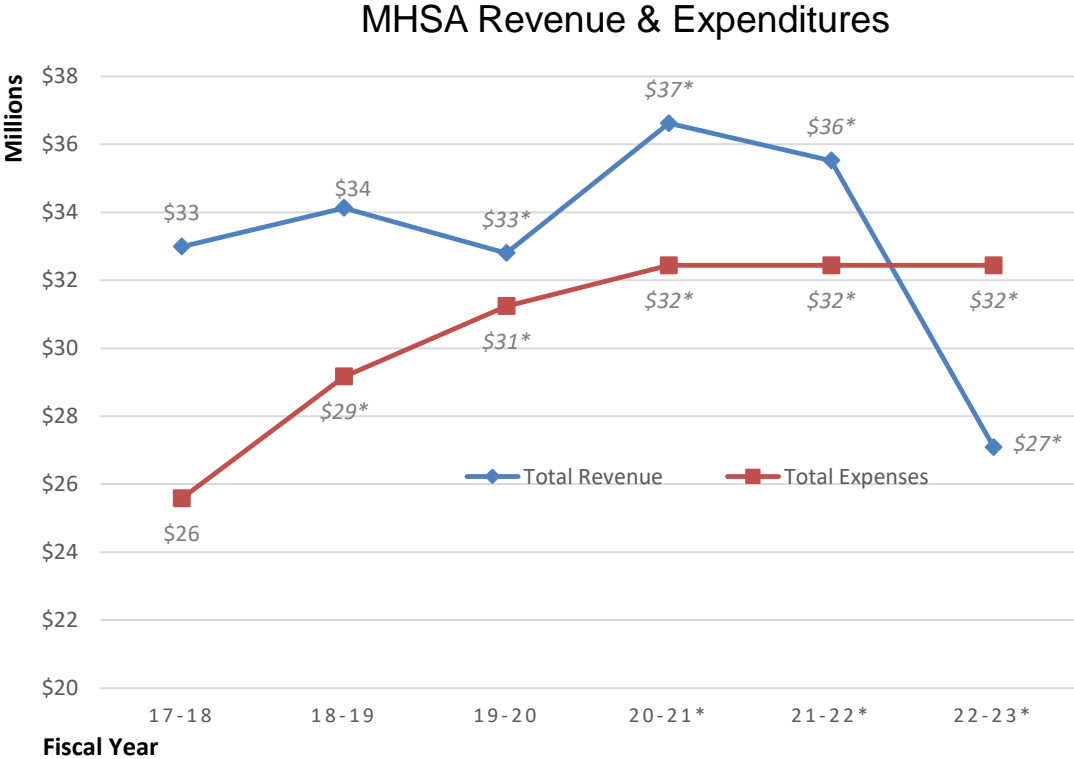
San Mateo County: \$30.7M annual 5-year average through FY 19-20

# BHRS Budget & MHSA

- BHRS Fiscal Year 2019-20 Revenue



# MHSA Revenue Projections



\*estimates; ongoing expenditure projections do not include one-time

MHSA Reserve & Unspent

Fiscal Year End	19/20
Trust Fund Balance	\$42,448,640
Target Reserve	\$17,065,120
5% INN	\$1,640,023
INN Ongoing	\$2,829,163
WET Ongoing	\$535,490
Housing Funds	\$105,039
One-Time Plans	\$17,500,000
TOTAL Obligated	\$39,674,835
Unspent	\$2,773,805







Questions?

# Update - \$12.5M, 3-Year One-Time Spend Plan

Priority	Item	FY 19/20	FY 20/21	Status
System Improvements - Core MHSA Services	Full Service Partnership	\$500,000	\$250,000	In progress
	Stop gap and one-time system improvement		\$2,500,000	In progress
	MHSA PEI data-informed improvements	\$100,000	\$50,000	In progress
	Trauma-informed systems (BHRS, HSA, CJ, etc.)		\$100,000	Not started
Technology for System Improvement	Network Adequacy Compliance	\$100,000		In progress
	Improve productivity (documentation, EHR)	\$100,000	\$225,000	In progress
	Increase access-telepsychiatry/health	\$30,000	\$30,000	Completed
Workforce and Community Education and Training	Workforce Capacity Development		\$206,000	In progress
	Community Education (B&C, MH101)		\$180,000	In progress
	Crisis Coordination (on-going)		\$150,000	In progress
	Supported Employment		\$400,000	Not started
	Workforce pipeline and retention		\$124,000	In progress
Capital Facilities	SSF Clinic		\$500,000	Delayed
	EPA Clinic	\$700,000		Delayed
	Casia House Renovations	\$100,000		In progress
	Cordilleras		\$500,000	Delayed
Stop Gaps	HAP-Y		\$250,000	In progress
	NMT- Adults		\$200,000	In progress
	Tech Suite		\$300,000	In progress



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# Update - \$5M COVID One-Time Spend Plan

Priority	Item	FY 19/20	Status
Technology Supports	Phones + Data Plan for BHRS Clients	\$108,000	In progress – October
	Phones + Data Plan for Contractors	\$270,000	In progress – October
	Tablets + Data Plan	\$69,000	In progress – October
Workforce Needs	Workspace assessment and safety	\$200,000	In progress
Client Supports	Client activities/needs	\$50,000	In progress
	Alternative Care Sites	\$100,000	Not started
	Hotels for homeless	\$200,000	Not started
	Co-occurring detox facility	\$200,000	In progress
	COVID Testing Program for high risk clients	\$96,000	In progress
Stop Gaps	Primary Care Interface	\$1,337,972	In progress
	Resource Management	\$2,169,028	In progress



# Update - Innovation Projects

Proposed Projects*	Status
Addiction Medicine Fellowship	Not approved – 9/24/20
Prevention and Early Intervention Services in Low-Income Housing	To be determined – 10/26/20
PIONEERS - Native Hawaiian and Pacific Islander (NHPI) youth mental health	To be determined – 10/26/20
Older Adult Homelessness Prevention and Economic Stress	Withdrawn – 7/8/20
Social Enterprise Cultural and Wellness Café for Filipino/a/x youth	APPROVED – 8/27/20 RFP to release soon

*\*all project proposals were submitted to the State Mental Health Services Oversight and Accountability Commission February 2020*



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# Update – Coastside Multicultural Wellness Program

## COASTSIDE COMMUNITY NEEDS ASSESSMENT

### About Our Respondents

210 Participants

188 Adult  
22 Youth

12 Sites

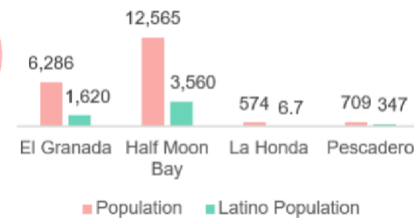
Coastside Hope  
La Costa Adult School  
Boys and Girls Club of the Coastside  
Our Lady of Pillar Church  
Alas  
Parents of Special Needs Group  
Moonridge Apartments  
Caregiver Connection  
Senior Exercise Class  
La Sala Group  
Zumba in Pescadero  
Pescadero Youth Group



Latinos represent the largest minority group living on the Coast

### What does this support?

In collaboration with the Latino community on the Coast (including providers, mental health consumers and families, educators and youth) the findings resulting from this assessment will inform the Multicultural Wellness Program in addressing behavioral health gaps and providing culturally and linguistically appropriate services



COMMUNITY

### Strengths

These strengths were identified as being fundamental to the well-being and resilience of the community members

### Barriers

These barriers were identified by the community which reduced accessibility and use of behavioral health services

FAITH

FAMILY

ACCESSIBILITY

- Awareness of service
- Culturally and linguistically appropriate services

CULTURE

ECONOMIC

- Low wage work
- Limited financial stability

TRANSPORTATION

- Geographic Isolation
- Inconsistent and unreliable

"Seeing my family happy is what propels me to wake up every morning"

"I am thankful to God that he has allowed me to be here"

"During traumatic events people come together"

"Mariachi class must continue to occur because daughter likes it and it makes her happy"

"I pay for classes that should be free"

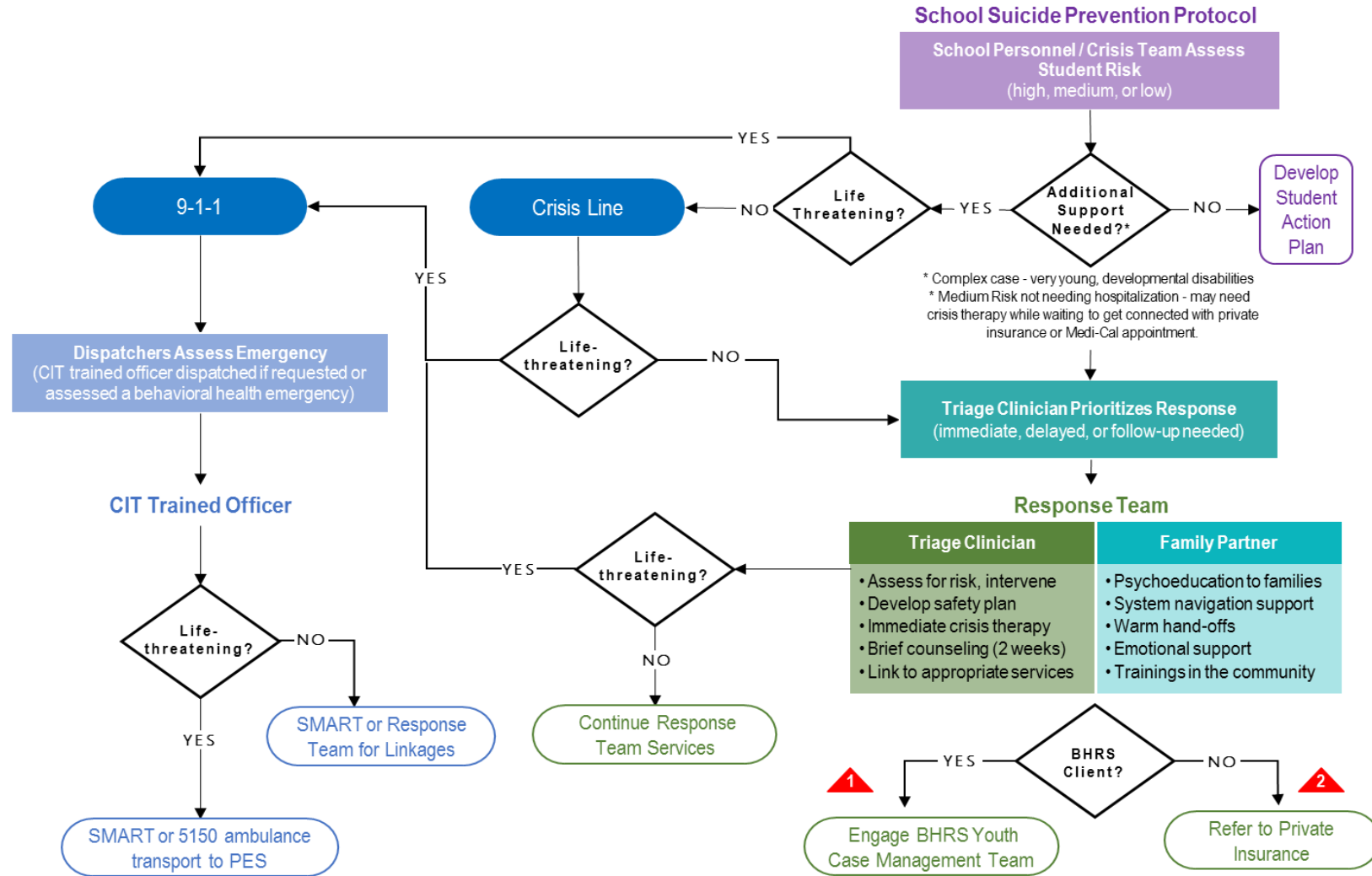
She asked many times for bus transportation to and from the school, but she was told there isn't money for it.

"My three year old daughter saw her father get deported and after that shock she stopped talking. She was so talkative before, they thought they might be able to help us but they said this case was not severe enough to help. It is frustrating as a mother to see your children suffer. It feels as though we are not wanted here"



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# Update - Youth Crisis Strategy Development



A woman with long, wavy purple hair is speaking into a black microphone. She is wearing a blue t-shirt with a colorful patterned strap over her shoulder. To her left, the back of a person's head and shoulder are visible. The background is a blurred green plant.

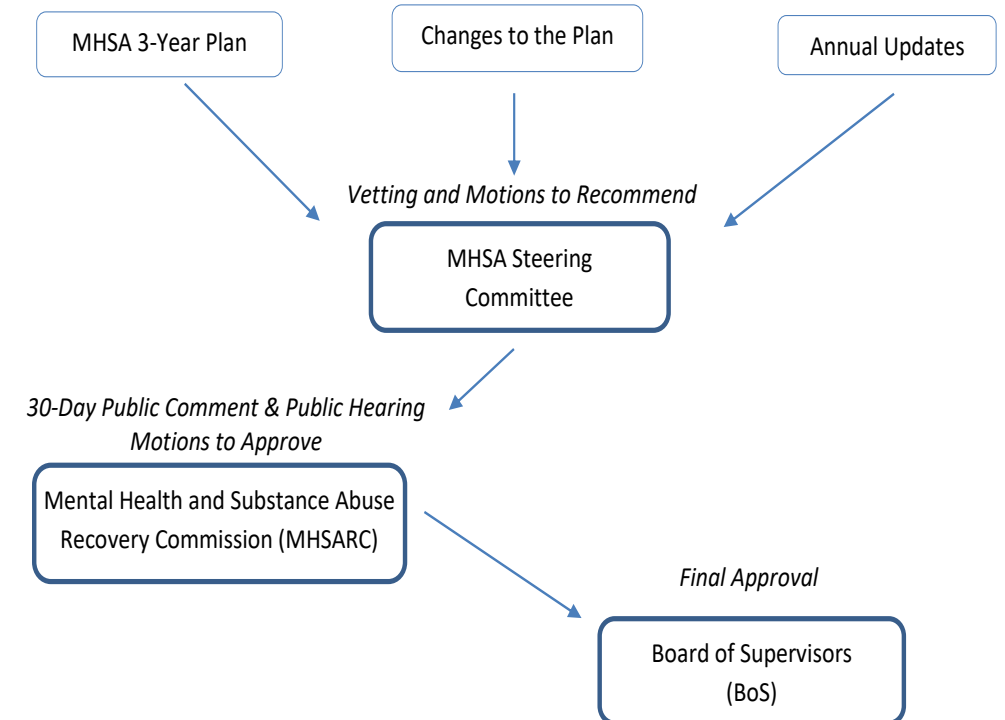
# Questions?



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# MHSA Steering Committee Restructure

- MHSA legislation - role of local mental health boards
- Currently:
  - All MHSARC commissioners are MHSA Steering Committee members
    - Change to minimum 1 MHSARC commissioner to serve as liaison to the MHSARC
  - MHSA Steering Committee meets twice a year
    - Change to four times a year







# Questions?



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# Motions

- MHSА Steering Committee:
  - “Motion to recommend the restructure of the MHSА Steering Committee to include a minimum of 1 MHSARC commissioner (instead of all MHSARC commissioners) to serve on the MHSА Steering Committee.”
- MHSARC commissioners:
  - “Motion to vote to approve the restructure of the MHSА Steering Committee to include a minimum of 1 MHSARC commissioner (instead of all MHSARC commissioners) to serve on the MHSА Steering Committee.”



# MHSA Planning: How to Get Involved

- **Subscribe at MHSA website**  
[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)
- **Attend standing committees**
  - <https://www.smchealth.org/get-involved>
  - MHSARC Committees (Adult, Older Adult, Youth)
  - Housing Operations and Planning
  - Health Equity Initiatives & Diversity and Equity Council
  - Lived Experience Education Workgroup
  - Suicide Prevention Committee and more!



# Thank you!

**Doris Estremera, MHSA Manager**

**mhsa@smchealth.org**

**[smchealth.org/MHSA](https://www.smchealth.org/MHSA)**

**[https://www.surveymonkey.com/r/MHSA\\_MtgFeedback](https://www.surveymonkey.com/r/MHSA_MtgFeedback)**



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