The Mental Health Services Act (MHSA) provides a dedicated source of funding in California for mental health services by imposing a 1% tax on personal income over $1 million.

The MHSA Steering Committee meets throughout the year to provide input, recommendations and stay up-to-date on new MHSA developments and ongoing programming.

Meeting objectives include:

- Learn the latest MHSA updates including revenue projections, Innovation projects and ongoing program planning.
- Provide input on the MHSA Steering Committee structure moving forward.
- Get involved in new program and strategy planning.

Open to the public! Join advocates, providers, clients and family members to provide input on MHSA program planning.

DATE & TIME

**Wednesday, October 7, 2020**
3:30 pm – 4:00 pm (MHSARC)
4:00 pm – 5:30 pm (MHSA)*

Zoom Meeting: [https://us02web.zoom.us/j/81395582235](https://us02web.zoom.us/j/81395582235)
Dial in: +1 669 900 6833 / Webinar ID: 813 9558 2235
iPhone one-tap: +16699006833,,81395582235#

*The MHSA meeting is combined with the Mental Health Substance Abuse and Recovery Commission (MHSARC), both meetings are open to the public.

Contact:
Doris Estremera, MHSA Manager
(650) 573-2889 ♦ mhsa@smcgov.org

[www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)

- ✓ Stipends are available for clients/family members
- ✓ Language interpretation is provided if needed*

*Please contact Tania Perez at tsperez@smcgov.org by September 25th to reserve language services.
Mental Health Services Act (MHSA) Steering Committee Meeting
Three-Year Plan Strategy Prioritization

Wednesday, October 7, 2020 / 4:00 – 5:30 PM
Zoom Meeting: https://us02web.zoom.us/j/81395582235
Dial in: +1 669 900 6833 / Webinar ID: 813 9558 2235
iPhone one-tap: +16699006833,,81395582235#

AGENDA

1. Welcome, Logistics & Agenda Review 10 min

2. MHSA Overview & Updates 50 min
   • Revenue projections and reserve
   • Status on one-time spend plans
   • Youth crisis strategy development
   • Innovation projects

3. MHSA Steering Committee Restructure 15 min
   • Motion to implement new structure

4. MHSA Planning - How to Get Involved 10 min

5. Adjourn

*Public Participation:* All members of the public can offer comment at this public meeting. During the meeting, participants will be muted and share screen and chat will be disabled to prevent background noise and disruptions. The host(s) will unmute one participant at a time during the Q&A and Public Comment portions of the meeting. If you would like to speak, please click on the icon labeled “Participants” at the bottom center of the Zoom screen then click on “Raise Hand.” The host(s) will unmute you in the order in which the hand raise notification is received. Please limit your question/comments to 1-2 minutes, the host(s) will be monitoring the time. The meeting will be recorded.

Questions and public comments can also be submitted via email to mhsa@smcgov.org.

*REMINDER – Please Complete the Steering Committee Feedback Survey*

https://www.surveymonkey.com/r/MHSA_MtgFeedback
Mental Health Services Act (MHSA)
Steering Committee Meeting
October 7, 2020
Before we begin…

• Stipends for clients and family members participating
• Demographics survey, link in chat box
• Meeting is being recorded
• Participants are muted and share screen are disabled
• Participation
  • “Raise Hand” button
  • Host will unmute one participant at a time
  • 1-2 minutes maximum
Agenda

• MHSA Overview
• MHSA Updates
• MHSA Steering Committee Restructure
  • Motion to approve
• New planning
Interventions prior to the onset of mental illness and early onset of psychotic disorders

Prevention & Early Intervention (PEI)
Interventions prior to the onset of mental illness and early onset of psychotic disorders

Innovation (INN)
New approaches and community-driven best practices

Community Services & Supports (CSS)
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

Workforce Education and Training (WET)
Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)
Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over $1 million
San Mateo County: $30.7M annual 5-year average through FY 19-20
BHRS Budget & MHSA

• BHRS Fiscal Year 2019-20 Revenue

- NCC 25%
- Medi-Cal 21%
- MHSA* 12%
- Realignement 19%
- Other 21%
- Measure K 2%
MHSA Revenue Projections

MHSA Revenue & Expenditures

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Total Revenue</th>
<th>Total Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY 17-18</td>
<td>$26</td>
<td></td>
</tr>
<tr>
<td>FY 18-19</td>
<td>$29*</td>
<td></td>
</tr>
<tr>
<td>FY 19-20</td>
<td>$31*</td>
<td></td>
</tr>
<tr>
<td>FY 20-21*</td>
<td>$32*</td>
<td></td>
</tr>
<tr>
<td>FY 21-22*</td>
<td>$36*</td>
<td></td>
</tr>
<tr>
<td>FY 22-23*</td>
<td>$32*</td>
<td></td>
</tr>
</tbody>
</table>

*estimates; ongoing expenditure projections do not include one-time

MHSA Reserve & Unspent

<table>
<thead>
<tr>
<th>Fiscal Year End</th>
<th>19/20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trust Fund Balance</td>
<td>$42,448,640</td>
</tr>
<tr>
<td>Target Reserve</td>
<td>$17,065,120</td>
</tr>
<tr>
<td>5% INN</td>
<td>$1,640,023</td>
</tr>
<tr>
<td>INN Ongoing</td>
<td>$2,829,163</td>
</tr>
<tr>
<td>WET Ongoing</td>
<td>$535,490</td>
</tr>
<tr>
<td>Housing Funds</td>
<td>$105,039</td>
</tr>
<tr>
<td>One-Time Plans</td>
<td>$17,500,000</td>
</tr>
<tr>
<td>TOTAL Obligated</td>
<td>$39,674,835</td>
</tr>
<tr>
<td>Unspent</td>
<td>$2,773,805</td>
</tr>
</tbody>
</table>
Questions?
## Update - $12.5M, 3-Year One-Time Spend Plan

<table>
<thead>
<tr>
<th>Priority</th>
<th>Item</th>
<th>FY 19/20</th>
<th>FY 20/21</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>System Improvements - Core MHSA Services</td>
<td>Full Service Partnership</td>
<td>$500,000</td>
<td>$250,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Stop gap and one-time system improvement</td>
<td>$2,500,000</td>
<td>In progress</td>
<td></td>
</tr>
<tr>
<td></td>
<td>MHSA PEI data-informed improvements</td>
<td>$100,000</td>
<td>$50,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Trauma-informed systems (BHRS, HSA, CJ, etc.)</td>
<td>$100,000</td>
<td></td>
<td>In progress</td>
</tr>
<tr>
<td>Technology for System Improvement</td>
<td>Network Adequacy Compliance</td>
<td>$100,000</td>
<td></td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Improve productivity (documentation, EHR)</td>
<td>$100,000</td>
<td>$225,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Increase access-telepsychiatry/health</td>
<td>$30,000</td>
<td>$30,000</td>
<td>Completed</td>
</tr>
<tr>
<td>Workforce and Community Education and Training</td>
<td>Workforce Capacity Development</td>
<td></td>
<td>$206,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Community Education (B&amp;C, MH101)</td>
<td></td>
<td>$180,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Crisis Coordination (on-going)</td>
<td></td>
<td>$150,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Supported Employment</td>
<td>$400,000</td>
<td>Not started</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Workforce pipeline and retention</td>
<td>$124,000</td>
<td></td>
<td>In progress</td>
</tr>
<tr>
<td>Capital Facilities</td>
<td>SSF Clinic</td>
<td></td>
<td>$500,000</td>
<td>Delayed</td>
</tr>
<tr>
<td></td>
<td>EPA Clinic</td>
<td>$700,000</td>
<td></td>
<td>Delayed</td>
</tr>
<tr>
<td></td>
<td>Casia House Renovations</td>
<td>$100,000</td>
<td></td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Cordilleras</td>
<td></td>
<td>$500,000</td>
<td>Delayed</td>
</tr>
<tr>
<td>Stop Gaps</td>
<td>HAP-Y</td>
<td></td>
<td>$250,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>NMT- Adults</td>
<td>$200,000</td>
<td></td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Tech Suite</td>
<td>$300,000</td>
<td></td>
<td>In progress</td>
</tr>
</tbody>
</table>
# Update - $5M COVID One-Time Spend Plan

<table>
<thead>
<tr>
<th>Priority</th>
<th>Item</th>
<th>FY 19/20</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Technology Supports</td>
<td>Phones + Data Plan for BHRS Clients</td>
<td>$108,000</td>
<td>In progress – October</td>
</tr>
<tr>
<td></td>
<td>Phones + Data Plan for Contractors</td>
<td>$270,000</td>
<td>In progress – October</td>
</tr>
<tr>
<td></td>
<td>Tablets + Data Plan</td>
<td>$69,000</td>
<td>In progress – October</td>
</tr>
<tr>
<td>Workforce Needs</td>
<td>Workspace assessment and safety</td>
<td>$200,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Client activities/needs</td>
<td>$50,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Alternative Care Sites</td>
<td>$100,000</td>
<td>Not started</td>
</tr>
<tr>
<td></td>
<td>Hotels for homeless</td>
<td>$200,000</td>
<td>Not started</td>
</tr>
<tr>
<td></td>
<td>Co-occurring detox facility</td>
<td>$200,000</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>COVID Testing Program for high risk clients</td>
<td>$96,000</td>
<td>In progress</td>
</tr>
<tr>
<td>Client Supports</td>
<td>Primary Care Interface</td>
<td>$1,337,972</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Resource Management</td>
<td>$2,169,028</td>
<td>In progress</td>
</tr>
<tr>
<td>Stop Gaps</td>
<td>Primary Care Interface</td>
<td>$1,337,972</td>
<td>In progress</td>
</tr>
<tr>
<td></td>
<td>Resource Management</td>
<td>$2,169,028</td>
<td>In progress</td>
</tr>
</tbody>
</table>
## Update - Innovation Projects

<table>
<thead>
<tr>
<th>Proposed Projects*</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addiction Medicine Fellowship</td>
<td>Not approved – 9/24/20</td>
</tr>
<tr>
<td>Prevention and Early Intervention Services in Low-Income Housing</td>
<td>To be determined – 10/26/20</td>
</tr>
<tr>
<td>PIONEERS - Native Hawaiian and Pacific Islander (NHPI) youth mental health</td>
<td>To be determined – 10/26/20</td>
</tr>
<tr>
<td>Older Adult Homelessness Prevention and Economic Stress</td>
<td>Withdrawn – 7/8/20</td>
</tr>
<tr>
<td>Social Enterprise Cultural and Wellness Café for Filipino/a/x youth</td>
<td>APPROVED – 8/27/20</td>
</tr>
<tr>
<td>*all project proposals were submitted to the State Mental Health Services Oversight and Accountability Commission February 2020</td>
<td>RFP to release soon</td>
</tr>
</tbody>
</table>
Update – Coastside Multicultural Wellness Program

What does this support?
In collaboration with the Latino community on the Coast (including providers, mental health consumers and families, educators and youth) the findings resulting from this assessment will inform the Multicultural Wellness Program. In addressing behavioral health gaps and providing culturally and linguistically appropriate services.

Strengths
These strengths were identified as being fundamental to the well-being and resilience of the community members.

Barriers
These barriers were identified by the community which reduced accessibility and use of behavioral health services.

**Update**
– Coastside Multicultural Wellness Program

**COASTSIDE COMMUNITY NEEDS ASSESSMENT**

**About Our Respondents**
210 Participants
12 Sites
Coastside High School
La Granada Middle School
Boys and Girls Clubs of the Coastside
Ohio Reddy of “Nut Chile”
Parents of Special Needs Group
Kendrick’s Pharmacy
Senior Center Club
La Salle Group
Gonzalez Preschool
Pescadero Youth Group

**FAMILY**
- Seeing my family happy is what propels me to wake up every morning.
- "I am thankful to God that he has allowed me to be here."
- "My three year old daughter saw her father get deported and after that school she stopped talking. She was so inactive before, they thought she might be able to help us, but they said this case was not severe enough to help. It is frustrating as a mother to see your children suffer. It feels as though we are not wanted here."
- "I play for classes that should be free."
- She asked many times for bus transportation to and from the school, but she was told there, "ain’t money for it."

**COMMUNITY**
- "We all help each other because the community has a very strong spirit."
- "Children must continue to occur because daughter eats it and it makes her happy."
- "Dining locations: events people come together."

**FAITH**
- "I pray for children that are here."

**ACCESSIBILITY**
- Awareness of service
- Culturally and linguistically appropriate services

**STRENGTHS**

**ECONOMIC**
- Low wage work
- Limited financial stability

**TRANSPORTATION**
- Geographic isolation
- Inconsistent and unreliable

**POPULATION**
- Population
- Latino Population

**COASTSIDE COMMUNITY ASSESSMENT**

**210 Participates**
12 Sites
Coastside High School
La Granada Middle School
Boys and Girls Clubs of the Coastside
Ohio Reddy of “Nut Chile”
Parents of Special Needs Group
Kendrick’s Pharmacy
Senior Center Club
La Salle Group
Gonzalez Preschool
Pescadero Youth Group
Update - Youth Crisis Strategy Development
Questions?
MHSA Steering Committee Restructure

- MHSA legislation - role of local mental health boards
- Currently:
  - All MHSARC commissioners are MHSA Steering Committee members
    - Change to minimum 1 MHSARC commissioner to serve as liaison to the MHSARC
  - MHSA Steering Committee meets twice a year
    - Change to four times a year
Questions?
Motions

• MHSA Steering Committee:
  • “Motion to recommend the restructure of the MHSA Steering Committee to include a minimum of 1 MHSARC commissioner (instead of all MHSARC commissioners) to serve on the MHSA Steering Committee.”

• MHSARC commissioners:
  • “Motion to vote to approve the restructure of the MHSA Steering Committee to include a minimum of 1 MHSARC commissioner (instead of all MHSARC commissioners) to serve on the MHSA Steering Committee.”
MHSA Planning: How to Get Involved

- Subscribe at MHSA website
  www.smchealth.org/MHSA
- Attend standing committees
  - https://www.smchealth.org/get-involved
  - MHSARC Committees (Adult, Older Adult, Youth)
  - Housing Operations and Planning
  - Health Equity Initiatives & Diversity and Equity Council
  - Lived Experience Education Workgroup
  - Suicide Prevention Committee and more!
Thank you!

Doris Estremera, MHSA Manager
mhsa@smchealth.org
smchealth.org/MHSA

https://www.surveymonkey.com/r/MHSA_MtgFeedback