



SAN MATEO COUNTY HEALTH

AGING & DISABILITY SERVICES

Commission on Aging Aging Readiness and Family Caregiver Support Committee\

AGENDA **IN PERSON**

Monday, July 28, 2025 9:30am – 11:00am
2000 Alameda de las Pulgas Room 209
San Mateo, CA 94403

Virtual Link for the Public

Join Zoom Meeting

<https://smcgov.zoom.us/j/86841036051>

Meeting ID: 868 4103 6051

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Meeting ID: 868 4103 6051

Committee Members: Kathy Uhl, Daniela Jonguitud, Patty Clement, Karen Coppock,
Twila Dependahl, Maria Barr

Staff: Anna Sawamura

1. Welcome and Introductions
2. Public Comment
3. Note Taking Assignment
4. Approval of today's agenda
5. Approval of May 19th meeting minutes and review of June 23rd notes
6. Discussion and finalizing Goal I Checklist – Personal Plan Check lists to suggest including in Help at Home Booklet – new section.
7. Discussion and preparation to work on Goal II.
8. Announcements
9. Adjourn



Commission on Aging

2000 Alameda de las Pulgas Suite 200 • San Mateo, CA 94403

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Health System Chief • Colleen Chawla

Board of Supervisors • David Canepa • Noelia Corzo • Ray Mueller • Jackie Speier • Lisa Gauthier