



**Commission on Aging
Aging Readiness and
Family Caregiver Support Committee**

AGENDA

IN PERSON

**Monday, January 27, 2025 9:30am – 11:00am
2000 Alameda de las Pulgas Room 209
San Mateo, CA 94403**

Virtual Link for the Public

Join Zoom Meeting
<https://smcgov.zoom.us/j/86841036051>

Meeting ID: 868 4103 6051

One tap mobile

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Dial by your location

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Meeting ID: 868 4103 6051

1. Welcome and Introductions
2. Public Comment
3. Note Taking Assignment
4. Approval of today’s agenda
5. Approval of October 28th meeting minutes
6. Recommendation on Presentations for CoA General Meeting
7. Work Plan
 - a. Discussion on Goal Setting:
 - Goal 1: To Inspire Older Adults to create a personal plan for Healthy Aging
 - Goal 2: Promote positive aging
8. Announcements
9. Adjourn



Commission on Aging

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Phone (650) 573-3900 • **Fax** (650) 837-9713 • **CA Relay** 711 • **Website** <http://www.smchealth.org/coa>

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Health System Chief • Louise Rogers

Board of Supervisors • David Canepa • Noelia Corzo • Ray Mueller • Jackie Speier • Lisa Gauthier