San Mateo County Health System
Behavioral Health & Recovery Services

Adult ADHD Treatment Guidelines

**Adult ADHD**

* Obtain Urine Drug Screen and CURES report before treatment*

Positive Tox screen and CURES, OR
- History of Psychotic Disorder, OR
- History of Substance Use Disorder

- Atomoxetine, or Bupropion or Viloxazine **
  - Stimulants are NOT recommended

Negative Tox Screen and CURES

Diagnosed & Documented in Youth, with continuous treatment

- Continue previous medication, including long-acting stimulants***

Newly Diagnosed

- Trials of at least two of the following: Atomoxetine or Bupropion or Viloxazine **
- Long-acting stimulants as last line***

Bipolar Disorder

- Major Depressive Disorder
  - Treat mood disorder
  - Trials of at least two of the following: Atomoxetine or Bupropion or Viloxazine **
  - Long-acting stimulants as last line***

* Obtain random Urine Drug Screen and regular CURES reports during treatment
** Note: obtaining prior authorization for viloxazine requires a prior atomoxetine trial
*** Use long-acting stimulants to minimize diversion
For nonstimulant treatment options, please refer to Bond et al. (2012) and UpToDate flowchart 2023
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