

SAN MATEO COUNTY BEHAVIORAL HEALTH & RECOVERY SERVICES

Continuing Medical Education – Course Evaluation

Course Title	ADDRESSING SUICIDE IN OUR COMMUNITY	
Speaker (s)	Kristin Dempsey, Toni DeMarco & Celia Moreno	
Date (s)	JANUARY 20, 2010	Time: 4:00 – 7:00 pm

Educational Goals and Objectives:

At the conclusion of the lecture, participants will be able to:

- Increase awareness of suicide prevalence in the San Mateo County Community, and identify resource providers.
- Determine how community members and behavioral health providers can address suicide prevention and intervention in current activities and quality improvement plans.
- Recognize and connect to community partners in order to expand suicide prevention opportunities and resources in San Mateo County.

◆ Was the information relevant to your professional activities?	<input type="checkbox"/> Very Relevant 50
	<input type="checkbox"/> Somewhat Relevant 7
	<input type="checkbox"/> Not Relevant
◆ Was the level of information appropriate?	<input type="checkbox"/> Too Complex/Theoretical 3
	<input type="checkbox"/> Just Right 48 1 unclear
	<input type="checkbox"/> Too Basic 6
◆ Did the course expand your knowledge in this topic?	<input type="checkbox"/> Yes 53
	<input type="checkbox"/> No 4
◆ Was the course presented in a clear and understandable manner?	<input type="checkbox"/> Very Clear 39
	<input type="checkbox"/> Clear 17
	<input type="checkbox"/> Unclear
◆ Was the speaker knowledgeable in his/her presentation?	<input type="checkbox"/> Yes 56 1 no answer
	<input type="checkbox"/> No
◆ How was the speaker's delivery style?	<input type="checkbox"/> Excellent 46
	<input type="checkbox"/> Average 9
	<input type="checkbox"/> Poor 2 no answer
◆ Were the questions and answers useful?	<input type="checkbox"/> Yes 50
	<input type="checkbox"/> No 7 no answer
◆ Were the handouts and audiovisual materials useful?	<input type="checkbox"/> Yes 53
	<input type="checkbox"/> No 4 no answer
◆ Did the program meet the educational objectives?	<input type="checkbox"/> Yes 55
	<input type="checkbox"/> No 2 no answer
◆ How would you rate course/lecture on a scale of 1 – 5?	<input type="checkbox"/> 1 Poor
	<input type="checkbox"/> 2 Average 1
	<input type="checkbox"/> 3 Good 8
	<input type="checkbox"/> 4 Very Good 19
	<input type="checkbox"/> 5 Excellent 29

Comments on conference room (i.e. space, seating, AV equipment, lighting, etc): **Fine – Thanks for the food and water!; Adequate – thanks for the munchies; warm, small (good problem to have), parking here is always an issue; More seating; Not big enough; We needed more seating – thanks for the food; need more seating; just fine; Needed a larger room; Not enough seats and groups too close, couldn't hear my group because other groups talking ; Perfect; too small; good space; good; small groups – hard to hear; satisfactory; comfortable; more seats needed; got too warm after an hour; V good; seats are hard and become uncomfortable after 2 hours; lacked adequate space and seating; great – dry out of the rain! Microphone could have been louder; LARGER ROOM, MORE SEATING universal.**

Suggestions to improve this program? (If it was not "excellent", why not?) **Make it a day conference; well done; very dense – less dense, more time to process and ask questions; introduce ourselves – break isolation in the room!; Felt that speakers were cursory due to time limits – this topic warrants more time... could this event have been divided into two nights?; larger room and groups move to separate rooms; ie "trauma", if we can have future meetings to focus on one area, to have Bay Area agencies share resources; do not break into groups; excellent – thank you; go to different rooms; it was great; unsure; It was very good; It felt a little like a S.A meeting – would like more problem solving; the break out groups could have been better planned; Q & A time; Due to the high turnout, difficult to hear during break-out groups; V good; 7 pm is too late; 3 hours session too long; Food & water around other areas of room; More audio-visual materials; change to time slot – earlier in the day; Bigger room; a 15 minute break would help to assimilate the info; Put food outside so it's not distracting when listening to speaker; more discussion or Q & A of-with speakers, small group unfocused; Keep it coming! Maybe more on what SMC is already doing about suicide prev. – what's in place and where can we build.**

List at least one professional behavior you will change due to this presentation: **Talk more about suicide prevention; be more aware of the isolation that a suicidal individual feels. Reach out and care; not sure – need to process, but was very helpful; I will recommend this training to my counselors. I will manage my own stress & get support at work; Be more aware of Suicide; Find out about peer counseling programs; Talk to our staff about the course/presentation; Continue to explore youth as a resource to address issues their peers face; Keep in mind suicide risk factors; Increase awareness; Ask questions; tuning in more to signs of suicide; Pass along info to**

staff; to do more psycho-ed with clients re trauma; more outreach; Follow-up with PES referrals adjust case plan accordingly; a more thorough assessment; open up conversation with clients around suicide and suicidal ideation; ACE ACT CARE Educate; be culturally competent; increase supportive counseling techniques; Try listening more; I plan to read two books recommended by presenters; very long sequence of one speaker after another; Recognize more vulnerability of trauma and veterans; I will take this to Change Agents!



Your professional license type or status (circle one: MD, PHD, RN, MFT, LCSW, Student, other)

TO RECEIVE CREDIT FOR ATTENDING THIS COURSE, RETURN THIS FORM AT THE END OF THE SESSION

Linguistic competence is of great importance to our work with patients. Remember that interpretive services are available to San Mateo County clinicians by contacting the Program Office at Behavioral Health and Recovery Services at 650-573-2541. San Mateo Medical Center provides interpretive services for San Mateo County clinicians for any language through the Health Care Interpreter Network (HCIN).

The Language Assistance intranet site is now available with FAQ's, Procedures, Resources:

<http://intranet.co.sanmateo.ca.us/health/LA/index.htm>