Syncope/Near Syncope

For syncope (transient loss of consciousness). NOT for cardiac arrest; use primary impression Cardiac Arrest – Non-Traumatic only.

**History**
- History of cardiac, stroke or seizures
- Occult blood loss (GI or ectopic)
- Females: LMP or vaginal bleeding
- Fluid loss: nausea, vomiting or diarrhea
- Past medical history
- Medications
- Recent air travel

**Signs and Symptoms**
- Loss of consciousness with recovery
- Lightheadedness or dizziness
- Palpitations
- Pulse irregularity
- Hypotension

**Differential**
- Vasovagal
- Orthostatic hypotension
- Cardiac syncope
- Micturition or defecation syncope
- Psychiatric
- Stroke
- Hypoglycemia
- Seizure
- Shock
- Toxicological, including alcohol
- Medication effect (hypotension)
- Pulmonary embolism
- AAA

**Pearls**
- Consider dysrhythmias, GI bleed, ectopic pregnancy, and seizure as possible cause of syncope.

**Vital signs**
- Blood glucose analysis
- Cardiac monitor
- 12-Lead ECG
- Consider, IV/IO

**Consider, Normal Saline bolus 500ml IV/IO Maximum 2L**

**Suspected or evident trauma**
- Yes → **Trauma**
- No

**Altered mental status**
- Yes → **ALOC**
- No

**Hypotension or poor perfusion**
- Yes → **Shock**
- No

**Notify receiving facility. Consider Base Hospital for medical direction.**

**Effective November 2018**

**Effective April 2020**