

# Hypertension

For patients with primary concern for hypertension without symptoms related to a more specific primary impression. For symptomatic patients, use related primary impression as primary (e.g., headache) and hypertension as secondary. DO NOT use for incidental finding of hypertension

**History**

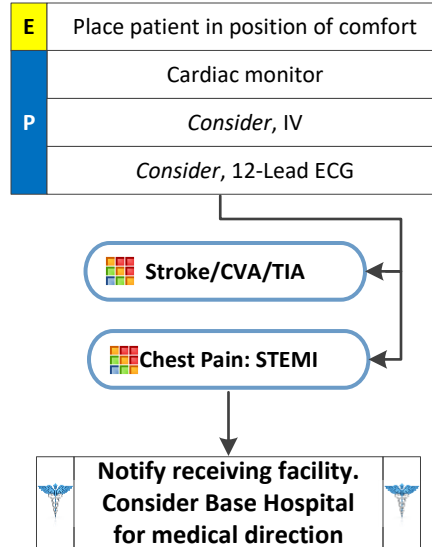
- Age
- Past medical history
- Drug allergies and medications
- Tobacco use
- Use of over-the-counter medications
- Illicit drug use

**Signs and Symptoms**

- Tinnitus
- Hypertension

**Differential**

- Hyperthyroidism, thyroid storm, Graves Disease
- Heart failure
- Stroke (hemorrhagic or ischemic)
- Drugs of abuse (amphetamines, cocaine, PCP)
- Sleep apnea
- Anxiety disorder
- MI
- Primary Aldosteronism
- Hypertrophic cardiomyopathy



**Pearls**

- Hypertension is defined as a patient with a systolic blood pressure > 130 or a diastolic blood pressure > 80.
- This primary impression should be reserved only for asymptomatic patients complaining of high blood pressure, regardless of actual blood pressure.