# Hypertension

**History**
- Age
- Past medical history
- Drug allergies and medications
- Tobacco use
- Use of over-the-counter medications
- Illicit drug use

**Signs and Symptoms**
- Tinnitus
- Hypertension

**Differential**
- Hyperthyroidism, thyroid storm, Graves Disease
- Heart failure
- Stroke (hemorrhagic or ischemic)
- Drugs of abuse (amphetamine, cocaine, PCP)
- Sleep apnea
- Anxiety disorder
- MI
- Primary Aldosteronism
- Hypertrophic cardiomyopathy

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**Pearls**
- Hypertension is defined as a patient with a systolic blood pressure > 130 or a diastolic blood pressure > 80.
- This primary impression should be reserved only for asymptomatic patients complaining of high blood pressure, regardless of actual blood pressure.

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**Cardiac monitor**

**Consider, IV**

**Consider, 12-Lead ECG**

**Stroke/CVA/TIA**

**Chest Pain: STEMI**

**Notify receiving facility. Consider Base Hospital for medical direction**