Dizziness/Vertigo
For lightheadedness or vertigo without syncope

History
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications/changes in medications
- History of head or recent trauma
- Headache
- Tinnitus or hearing loss

Signs and Symptoms
- Warm
- Flushed
- Sweaty
- Chills/rigors
- Tinnitus
- Nystagmus

Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

Differential
- Infection/sepsis
- Cancer/tumors/lymphomas
- Medication or drug reaction
- Migraine
- Labyrinthitis
- Vestibular neuronitis
- Stroke
- Hypoglycemia/Hyperglycemia
- ACS
- Aspirin overdose

Pearls
- Some strokes may present with dizziness/vertigo. If a stroke is suspected, exit to the Stroke protocol.

Table:
- **E** Place patient in position of comfort
- **O** Blood glucose analysis
  - Consider IV
  - Cardiac monitor
- **P** Consider, Ondansetron
  - May repeat x1 in 15 minutes
  - If age < 50, normal mental status, SBP > 90 and no focal neuro deficits, Consider, Midazolam
- Notify receiving facility. Consider Base Hospital for medical direction

Diagrams:
- Hypoglycemia
- Hyperglycemia