San Mateo County Emergency Medical Services

## Dizziness/Vertigo

For lightheadedness or vertigo without syncope

## History

- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications/changes in medications
- History of head or recent trauma
- Headache
- Tinnitus or hearing loss

Signs and Symptoms
Warm

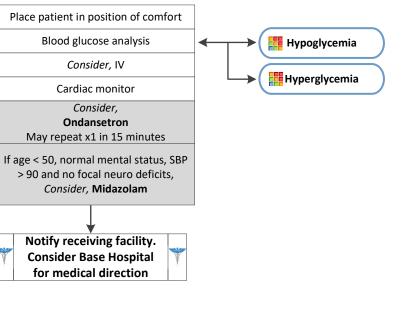
- Flushed
- Sweaty
- Chills/rigors
- Tinnitus
- Nystagmus

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- Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

## Differential

- Infection/sepsis
- Cancer/tumors/lymphomas
- Medication or drug reaction
- Migraine
- Labyrinthitis
- Vestibular neuronitis
- Stroke
- Hypoglycemia/Hyperglycemia
- ACS
- Aspirin overdose



**Treatment Protocol** 

Pearls

• Some strokes may present with dizziness/vertigo. If a stroke is suspected, exit to the Stroke protocol.

SAN MATEO COUNTY HEALTH EMERGENCY MEDICAL SERVICES

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