### Diarrhea

**For diarrhea without bleeding. NOT for melena, use Upper GI Bleeding**

**History**
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications
- Exposure to known food allergy
- Ingestion of new food
- Travel history

**Signs and Symptoms**
- Warm
- Flushed
- Sweaty
- Chills/rigors

**Associated Symptoms (helpful to localize source)**
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

**Differential**
- Food intolerance or allergy
- Medication or drug reaction
- Viral infection
- Bacterial infection
- Cholecystitis
- Ebola

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<th><strong>E</strong></th>
<th>Contact, droplet or airborne precautions, as indicated</th>
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<td><strong>O</strong></td>
<td>Blood glucose analysis</td>
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<td>Establish IV</td>
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<td>Cardiac monitor</td>
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<td>If systolic BP &lt; 90</td>
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<td><strong>Normal Saline bolus 500ml IV/IO</strong></td>
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<td><strong>Maximum 2L</strong></td>
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<td>Consider, Ondansetron</td>
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<td>For pain consider, Fentanyl</td>
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- Hypoglycemia
- Hyperglycemia

- Abdominal Pain
- Overdose/Poisoning/Ingestion

**Pearls**
- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.