**Diarrhea**

For diarrhea without bleeding. NOT for melena, use Upper GI Bleeding

- **History**
  - Age
  - Duration of symptoms
  - Severity of symptoms
  - Past medical history
  - Medications
  - Exposure to known food allergy
  - Ingestion of new food
  - Travel history

- **Signs and Symptoms**
  - Warm
  - Flush
  - Sweaty
  - Chills/rigors
  - Associated Symptoms (helpful to localize source)
    - Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

- **Differential**
  - Food intolerance or allergy
  - Medication or drug reaction
  - Viral infection
  - Bacterial infection
  - Cholecystitis
  - Ebola

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**Effective November 2018**

**Effective April 2024**

**Contact, droplet or airborne precautions, as indicated**

- Temperature measurement
- Blood glucose analysis
- Establish IV
- Cardiac monitor
- If systolic BP < 90
  - Normal Saline bolus 500ml IV/IO
  - **Maximum 2L**
  - **Consider, Ondansetron**
  - For pain **consider, Fentanyl**

- **Notify receiving facility. Consider Base Hospital for medical direction**

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**Pearls**

- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.