### Diarrhea

**History**
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications
- Exposure to known food allergy
- Ingestion of new food
- Travel history

**Signs and Symptoms**
- Warm
-flushed
- Sweaty
- Chills/rigors

**Associated Symptoms (helpful to localize source)**
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

**Differential**
- Food intolerance or allergy
- Medication or drug reaction
- Viral infection
- Bacterial infection
- Cholecystitis
- Ebola

### Treatment Protocol

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<tr>
<td>Contact, droplet or airborne precautions, as indicated</td>
<td>Temperature measurement</td>
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<tr>
<td>Blood glucose analysis</td>
<td>Establish IV</td>
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<td>Cardiac monitor</td>
<td>If systolic BP &lt; 90</td>
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<td>Normal Saline bolus 500ml IV/IO</td>
<td>Maximum 2L</td>
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<tr>
<td>Consider, Ondansetron</td>
<td>For pain consider, Fentanyl</td>
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<tr>
<td>Abdominal Pain</td>
<td>Overdose/Poisoning/Ingestion</td>
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- **Notify receiving facility. Consider Base Hospital for medical direction.**

- **Hypoglycemia**
- **Hyperglycemia**

**Pearls**
- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.