Diarrhea

History
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications
- Exposure to known food allergy
- Ingestion of new food
- Travel history

Signs and Symptoms
- Warm
- Flushed
- Sweaty
- Chills/rigors

Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

Differential
- Food intolerance or allergy
- Medication or drug reaction
- Viral infection
- Bacterial infection
- Cholecystitis
- Ebola

Pearls
- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.

E
- Contact, droplet or airborne precautions, as indicated
- Temperature measurement
- Blood glucose analysis
- Establish IV
- Cardiac monitor
- If systolic BP < 90
  - Normal Saline bolus 500ml IV/IO
  - Maximum 2L
  - Consider, Ondansetron
  - For pain consider, Fentanyl

P
- Abdominal Pain
- Overdose/Poisoning/Ingestion

Notify receiving facility. Consider Base Hospital for medical direction

Hypoglycemia
Hyperglycemia

For diarrhea without bleeding. NOT for melena, use Upper GI Bleeding.