Diarrhea
For diarrhea without bleeding. NOT for melena, use Upper GI Bleeding

### History
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications
- Exposure to known food allergy
- Ingestion of new food
- Travel history

### Signs and Symptoms
- Warm
- Flushed
- Sweaty
- Chills/rigors

Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

### Differential
- Food intolerance or allergy
- Medication or drug reaction
- Viral infection
- Bacterial infection
- Cholecystitis
- Ebola

### Signs and Symptoms Flowchart

- Contact, droplet or airborne precautions, as indicated
- Temperature measurement
- Blood glucose analysis
- Establish IV
- Cardiac monitor
- If systolic BP < 90
  - Normal Saline bolus 500ml IV/IO
  - Maximum 2L
  - Consider, Ondansetron
- For pain
  - consider, Fentanyl
- Abdominal Pain
- Overdose/Poisoning/Ingestion
- Notify receiving facility.
  - Consider Base Hospital for medical direction

### Pearls
- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.