History
- Known diabetic or medical alert tag
- Drugs or drug paraphernalia
- Report of illicit drug use or toxic ingestion
- Past medical history
- Medications
- History of trauma or traumatic brain injury
- Change in condition
- Changes in feeding or sleep habits

Signs and Symptoms
- Change in baseline mental status
- Decrease in mental status or lethargy
- Bizarre behavior
- Hypoglycemia (cool, diaphoretic skin)
- Hyperglycemia (warm, dry skin; fruity breath; Kussmaul respirations; signs of dehydration)
- Irritability

Differential
- Head trauma
- CNS (stroke, tumor, seizure, infection)
- Cardiac (MI, CHF)
- Hypothermia
- Thyroid
- Electrolyte abnormality
- Acidosis or alkalosis
- Environmental exposure
- Infection or sepsis
- Underdose of prescribed medications
- Trauma
- Insulin or diabetic emergency
- Psychiatric disorder
- Sepsis or shock

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For altered mental status not attributed to a more specific primary impression (i.e., cause unknown). Use as secondary primary impression when cause known.

Notify receiving facility.
Consider Base Hospital for medical direction

Blood glucose analysis
Cardiac monitor
Consider, 12-Lead ECG for any unexplained AMS
IV/IO Procedure
 Consider, Naloxone

Assess and manage airway

Hypoglycemia
Hyperglycemia

Trauma
Shock
Overdose/Poisoning/Ingestion
Seizure - Active
Stroke/CVA/TIA
Hyperthermia
Hypothermia
Chest Pain: STEMI
Sepsis
Pearls

- Be aware of ALOC as a presenting sign of an environmental toxin or hazmat exposure and protect personal safety and that of other responders who may already be exposed.
- Consider restraints if necessary for patient or personnel protection.