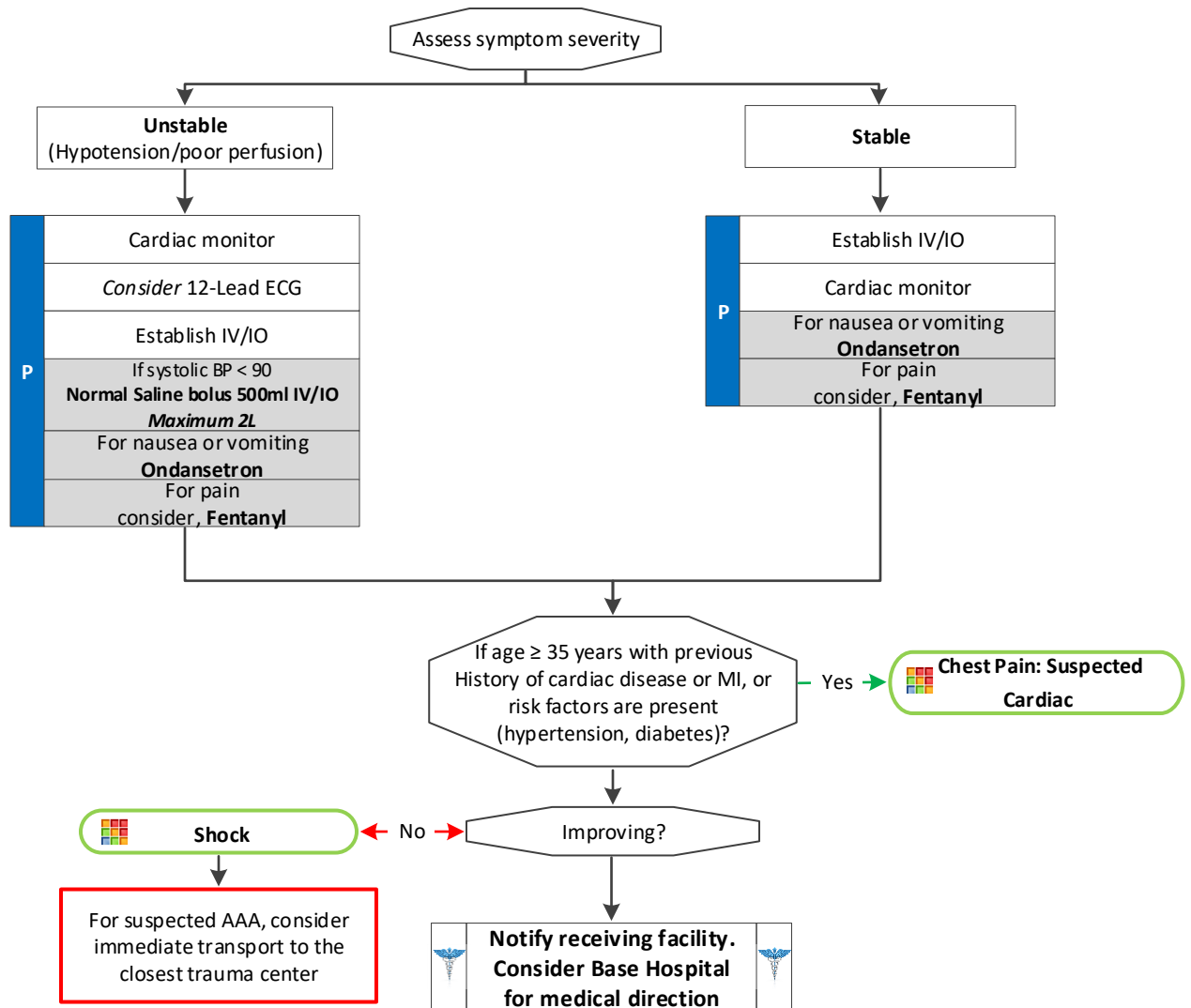


Abdominal Pain/Problems (GI/GU)

For any pain or problem in the abdominal/flank region that does not have a more specific primary impression; includes post-surgical complications

<p>History</p> <ul style="list-style-type: none"> • Age • Past medical/surgical history • Medications • Onset • Provocation • Quality (e.g., crampy, constant, sharp, dull, etc.) • Region/radiation/referred • Severity (0–10 scale) • Time (duration/repetition) • Fever • Last meal eaten • Last bowel movement/emesis • Menstrual history (pregnancy) 	<p>Signs and Symptoms</p> <ul style="list-style-type: none"> • Hypotension • Pain (location/migration) • Tenderness • Nausea • Vomiting • Diarrhea • Dysuria (painful or difficult urination) • Constipation • Vaginal bleeding/discharge • Pregnancy <p>Associated symptoms: (Helpful to localize source) Fever, headache, weakness, malaise, myalgia, cough, headache, mental status change, or rash</p>	<p>Differential</p> <ul style="list-style-type: none"> • Pneumonia or pulmonary embolus • Liver (hepatitis) • Peptic ulcer disease/gastritis • Gallbladder • MI • Pancreatitis • Kidney stone • Abdominal aneurysm • Appendicitis • Bladder/prostate disorder • Pelvic (PID, ectopic pregnancy, or ovarian cyst) • Spleen enlargement • Diverticulitis • Bowel obstruction • Gastroenteritis (infectious) • Ovarian or testicular torsion
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Adult Medical Treatment Protocols

Abdominal Pain/Problems (GI/GU)

For any pain or problem in the abdominal/flank region that does not have a more specific primary impression; includes post-surgical complications

Pearls

- Diabetic, females, and geriatric patients often have atypical pain, or only generalized complaints. Suspect cardiac etiology in these patients, perform a 12-Lead ECG, and investigate until proven otherwise.
- Ondansetron is not indicated or useful for motion sickness.
- Abdominal pain in women of childbearing age should be treated as pregnancy-related until proven otherwise.
- An abdominal aneurysm should be considered with severe abdominal or non-traumatic back pain, especially in patients > 50 years of age or patients with shock/poor perfusion. Reroute to the closest trauma center for immediate access to surgical services.

