

SAN MATEO COUNTY HEALTH SYSTEM  
BEHAVIORAL HEALTH AND RECOVERY SERVICES

DATE: January 19, 1998

BHRS POLICY 92-14

SUBJECT Tuberculin Skin Test (TST) and Referrals

AUTHORITY: Divisional, SMC Public Health Tuberculosis Control  
Title 45, Code of Federal Regulations §96.121, §96.127  
California Code of Regulations (CCR) Title 22, 80069,  
CCR Title 9, Division 4, 10567

AMENDED: January 19, 1998, March 25, 2002, October 28, 2015

SUPERSEDES: SMCAOD 2014-09  
Previous Attachment A (TB Test Record) obsolete

ATTACHMENTS:

- A. Diagnosis of Latent TB infection (LTBI) updated 2001
- B. Confidential Morbidity Report – State of California CDPH 110b  
<http://www.cdph.ca.gov/pubsforms/forms/CtrldForms/cdph110b.pdf>

PURPOSE

1. To identify priority high risk population clients who require Tuberculin Skin Testing (TST).
  - Congregate or group living situations
  - Past history of TB
  - Homeless/transient or recently moved from areas with high incidence of TB
  - Co-occurring, especially severe alcoholism and injection drug use
  - HIV infection or other causes of immunosuppression
2. To establish procedures for TST and follow up.

POLICY

APPLIES TO:

1. Behavioral Health & Recovery Services Clinics
2. Behavioral Health & Recovery Services Residential programs

3. Behavioral Health & Recovery Services Mental Health Contractors
4. Behavioral Health & Recovery Services Substance Use Disorder (SUD) Contractors

#### FOR BHRS Clinics

See definition above of priority high risk population.

Two populations will receive TB testing at regional clinics:

- A. Individuals being referred to congregate living environments. BHRS contractors may request TST from county regional clinics when a client is being referred for residential services.
- B. Individuals deemed to be high risk

Clients who have a positive response to TST (See attachment B)

1. Refer the client to his/her primary care physician, nurse practitioner or other locally established resources where client will likely follow up.
2. Complete a Confidential Morbidity Report (Attachment C) and submit to San Mateo TB Control Program Coordinator by fax: (650-573-2919) or mail (Attn: Disease Control, 225 37<sup>th</sup> Ave., San Mateo, CA 94403). California Code of Regulations requires the report to be made within one working day of identification.

#### FOR BHRS Residential Programs

1. All residential programs will abide by the California Code of Regulations, San Mateo County Health System TB policies, the California Code of Regulations (CCR) and all other relevant regulations. Applicants for residential services may be required to be screened for TB.

#### FOR ALL COUNTY CONTRACTORS: CHECK YOUR CONTRACT LANGUAGE

#### FOR BHRS MENTAL HEALTH Contractors

1. All contracted outpatient and residential programs will follow the California Code of Regulations and the California Community Licensing Regulations when applicable.

#### FOR BHRS SUD Contractors

1. Agencies will adhere to Title 45, CFR §96.127 which states:
  - a. TST services will be made available or provided to each individual receiving SUD treatment. If a client is denied admission to an SUD program for lack of current TB screening, the program will refer the individual to a TB services provider.

- b. Every resident of a SUD facility will be tested for TB within 6 months prior to or 30 days after admission and annually thereafter if continuous participation is maintained.
- c. Contracted agencies will document the results of testing and any necessary follow up in the client chart.
- d. Contracted agencies will establish infection control procedures.
- e. Contracted agencies will work to reduce the client's barriers to accepting TB treatment.

ALL CONFIRMED OR SUSPECTED CASES OF ACTIVE TB:

Contact TB control within 1 (one) working day.

Phone: 650-573-2346 or Fax: 650-573-2919

Additional information may be obtained from the San Mateo County TB Program at 650-573-2346.

Approved: (Signature on File)  
Stephen Kaplan, LCSW, Director  
Behavioral Health and Recovery Services

Approved: (Signature on File)  
Robert Cabaj, MD, Medical Director  
Behavioral Health and Recovery Services