



SAN MATEO COUNTY HEALTH
**AGING & ADULT
 SERVICES**

Commission on Aging General Meeting Minutes

Monday, September 11, 2023 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: Monika Lee; Joyce Porter; Kathy Uhl; Jeff Austin; Maria Elena Barr; Marita Leth; Irene Liana; Liz Taylor; Ophelie Vico

Members Excused: JoAnne Arnos; Eileen Barsi; Karen Coppock; Patty Clement; Angela Giannini

Public Virtual Attendance: Eileen Barsi; Christina Dimas Kahn; DCCSC; Gabriela Flores; Maria Gongora; Robert Hall; Sandra Lang; Terue Shinohara; Wesley Taoka; Sandra Winter; Erin Malone; Carmen Santoni; Dao Do; Barbara C.; Ali A; Jane K.; Deborah Owdom.

In Person Public Attendance: Creighton Mendivil; Elyse Brummer; Heather Cleary

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order by First Vice Chair Lee at 9:00am followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established.
4. Introduction of members of the public	First Vice Chair Lee welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so. She also acknowledged today as the anniversary of the September 11 th , 2001 attacks.
5. Oral Communications	Sandra Lang thanked everyone for their work and shared September 11 th as a day of reflection.
6. Approval of today's agenda, September 11, 2023	Commissioner Barr motioned to approve, Commissioner Austin seconded. Motion passed.
7. Approval of Minutes, July 10, 2023	Commissioner Barr motioned to approve the minutes, Commissioner Liana seconded. Motion passed.
8. Committee and Ad Hoc Reports A. Executive Committee	The Executive Officer's terms will be ending on December 31, 2023. A request



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was made for the formation of an Ad Hoc Nominating Committee to develop a slate of officers. Reminder: Those wishing to be nominated are unable to be part of the committee.

The slate of officers will need to be presented for vote at the November Board meeting.

Chair Coppock volunteered prior to the meeting to lead the committee. Commissioner Barr volunteered to assist.

Executive Committee expressed concern over the lack of movement on new Commissioner appointments.

Presentation schedule was shared:

September	Core Service Agency
October	Advocacy
November	Needs Assessment Results
December	Recess
January	Strategic Planning Session
February	Transportation

For next year, request was made that each committee propose 2 presentation topics and assist in identifying presenters. Requested suggestions begin being brought next month.

Commissioner Porter was asked to share learnings from the Measure K listening session she attended. The session she attended was the public session in Redwood City. She reported same issues are being raised as those of CoA: housing, transportation and support for older adults.

CBOs met separately from the public.

Commissioner Leth also attended a session on the Coast and housing for



<p>B. Resource Access and Inclusion Committee (RAI Committee)</p> <p>C. Transportation and Aging in Community Committee (TAIC Committee)</p> <p>D. Middle Income Senior Opportunity Committee (MISO)</p>	<p>farmworker housing was identified as an issue. Concern that older adults were not identified as a group and she brought this up as a concern.</p> <p>Commissioner Barr brought up security and safety as an area of concern being raised by older adults in the community.</p> <p>Updating Help@Home guide. Sign up sheets are being circulated for areas to update.</p> <p>Tabling update: Commissioner Porter shared since April, 1045 Help@Home guides have been distributed. Two senior showcases in Burlingame and Redwood City are coming up and sign up sheets are available at the table.</p> <p>Reviewing website. Requested commissioners review website for revisions.</p> <p>Commissioner Uhl shared that she will be providing a report at the next meeting.</p> <p>She has been attending Civics 101 with Commissioner Porter and finds the sessions very informative and is learning a lot..</p> <p>Commissioner Austin reported they are continuing to work on updating their work plan. At the last meeting, former Commissioner Dimas Kahn made a presentation on Medicare Part A and B.</p> <p>Committee is discussing how to outreach to faith based communities.</p> <p>He is also being sworn in to the California Senior Legislature and will be sharing legislation they are supporting.</p>
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<p>9. Advocacy</p>	<p>First Vice Chair reminded committees work plans with proposed advocacy items are due. The status of each committees submission will be included in monthly agendas. At this time, the RAI Committee has completed and submitted their plan.</p> <p>First Vice Chair Lee encouraged all to review BoS agendas on items that affect older adults.</p> <p>She also requested staff connect with the BoS to have attendance at meetings to provide updates on their work for older adults.</p>
<p>10. Member Reports</p>	<p>Commissioner Barr shared she has joined the Age Friendly Task Force in San Bruno and is encouraging peers and neighbors to share their needs/opinions.</p> <p>Commissioner Uhl shared info on accessible dwelling units she received from AARP.</p> <p>Commissioner Barsi shared she attended the Measure K meeting in Daly City, continues to meet with staff at Doelger Senior Center, and she would like to see advocacy for chronic care and building relationships with health care providers in our community.</p> <p>First Vice Chair Lee shared info on City of San Mateo's Age Friendly Task Force. The city is revising its general work plan draft to include this work.</p> <p>Commissioner Taylor shared that she is requesting the City of Colma to provide funding for Age Friendly.</p> <p>Their city is also working on an equipment loan program.</p>



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	Commissioner Liana expressed concern regarding older adults' burden brought by Jury Summons. A discussion followed.
11. Staff Report	<p>Anna Sawamura provided the following updates:</p> <ul style="list-style-type: none">• Five applicants are still interested and awaiting interviews to be scheduled. When scheduled, they will be conducted virtually. Communications will continue with updates until interviews are held and offers are made.• Youth Commission has invited us to attend their September 28th meeting (6-8pm) to learn more about CoA and to see if any may be interested in requesting consideration to join us.• A poll is being sent to all Commissioners to gather more demographic data so we have a better understanding of who is serving. The poll is voluntary and will be sent this month.• Older adults and people with disabilities are being highlighted at Measure K Listening sessions.• 175 hits were made on the website for the Help@Home guides.
12. Announcements	No announcements were shared.
13. Stretch Break	First Vice Chair Lee announced the meeting will take a 10 minute break
14. Presentation: Core Service Agency Panel Presentation	Panel Presentation by the following: Chris Ratana from San Mateo County Human Services Agency, Robyn from Samaritan House, Ophelie Vico from Puente..
15. Adjourn	First Vice Chair Lee thanked all for attending and expressed special thanks to our panel of presenters. She made the motion to adjourn. Commissioner Barr seconded the motion. Meeting adjourned at 11:02am.



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Commission on Aging

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