APPENDIX 3
SAN MATEO COUNTY YOUTH COMMISSION
NEEDS ASSESSMENT SURVEY 2006
Appendix 3

Mental Health

Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not abused.

#5: Have you ever had suicidal thoughts? ............................................................... 220
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)? ...... 221

Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those not experiencing discrimination.

#5: Have you ever had suicidal thoughts? ............................................................... 222
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)? ...... 223

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict than those who do not harm themselves.

#5: Have you ever had suicidal thoughts? ............................................................... 224
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)? ...... 225

Hypothesis 4: Youth who do not have emotional support or stress outlets are more likely to contemplate suicide than those who have support/outlets.

Hypothesis 5: Youth who have mental health problems are more likely to have thought about/attempted suicide than youth who do not.

#5 & 7: Have you ever had suicidal thoughts? Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)? ............................................................... 228

Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs?

#5: Have you ever had suicidal thoughts? ............................................................... 229
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)? ...... 230

Alcohol, Tobacco, and Other Drugs
Hypothesis 1: Youth who have mental health problems are more likely to drink than those who do not have mental health problems.

#18_t: Frequency of Alcohol Use ................................................................. 232
#19: Do you binge drink (5+ drinks in one sitting)? ........................................ 233

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

#18_t: Do you drink? .......................................................................................... 234
#20_t: How often do you smoke? ....................................................................... 235
#21_t: How often do you use other drugs? ......................................................... 236
#18021_t: ATOD use overall. ............................................................................. 237

Hypothesis 3: Gang members are more likely to drink than non-gang members.

#18_t: Do you drink? .......................................................................................... 238
#20_t: How often do you smoke? ....................................................................... 239
#21_t: How often do you use other drugs? ......................................................... 240
#18021_t: ATOD use overall. ............................................................................. 241

Hypothesis 4: Youth in a bad mental state (i.e. those who have thought about and/or attempted suicide or self-harm) are more likely to use drugs than those not in a bad mental state.

#18_t: Do you drink? .......................................................................................... 242
#20_t: How often do you smoke? ....................................................................... 243
#21_t: How often do you use other drugs? ......................................................... 244
#18021_t: ATOD use overall. ............................................................................. 245

Hypothesis 5: Youth who use ATOD will have different ideas about what is effective substance abuse prevention than those who do not use ATOD.

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Sex and Sexuality

Hypothesis 1: Youth who are pressured to have sex are more likely to become sexually active than those who are not pressured.

#55: How many sexual partners have you had? ................................................................. 255

Hypothesis 2: Youth who feel pressure to have sex are less likely to use birth control than those sexually active but not pressured.

#56: Do you practice safe sex? .................................................................................. 256

Hypothesis 3: Youth who receive sex education are more likely to make informed decisions about sex than those without sex education.

#69: I am making informed personal decisions about sex and sexuality.

by % believing schools should provide sex education ............................................. 257
by % receiving sex education from various sources .......................................... 258
by % considering sources effective for understanding sex ............................. 259
by % feeling comfortable talking about sex and sexuality ............................ 260

#51: Consider Sexually Active: various sexual acts

by % believing schools should provide sex education ............................................. 261
by % receiving sex education from various sources .......................................... 262
by % considering sources effective for understanding sex ............................. 263
by % feeling comfortable talking about sex and sexuality ............................ 264

#52_1: Beliefs: various statements about sexuality

by % believing schools should provide sex education ............................................. 265
by % receiving sex education from various sources .......................................... 266
by % considering sources effective for understanding sex ............................. 267
by % feeling comfortable talking about sex and sexuality ............................ 268

#56: Do you practice safe sex?
Hypothesis 4: Youth who lack knowledge about sex will be more likely to have had sex than those with more knowledge.

#55: How many sexual partners have you had?

by % believing schools should provide sex education ........................................ 269
by % receiving sex education from various sources ........................................... 270
by % considering sources effective for understanding sex ............................... 271
by % feeling comfortable talking about sex and sexuality ............................... 272

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who did not practice safe sex

#56: Do you practice safe sex?

by % agreeing that schools should teach only about abstinence ....................... 279
by % agreeing that schools should teach about abstinence, safe sex and contraception 62 280
by % receiving sex education from various sources .......................................... 281
by % considering sources effective for understanding sex ................................ 282
by % believing various topics should be included in sex ed ............................ 283
by % feeling comfortable talking about sex and sexuality ............................... 284
by % receiving emotional support from various sources ................................ 285
by % living in a caring environment ................................................................. 286

Hypothesis 6: Youth with knowledge / access to community resources are more likely to have safe sex than those without resources

#56: Do you practice safe sex?

by % agreeing that resources in the community for pregnant or parenting teens are available to me 287
by % agreeing that birth control and contraception are available to teens.... 288

Hypothesis 7: Drug users are more likely to have sex than youth who do not use drugs

#55: How many partners have you had?
by frequency of smoking................................................................. 289
by frequency of use of other drugs .................................................... 290

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who are not

#55: How many partners have you had?
by % reporting they feel safe in various areas................................. 291
by % reporting various forms of bullying/harassment ......................... 292
by % reporting various forms of violence in their everyday life ............. 293
by % reporting being in a physical fight ......................................... 294

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active

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#45: Schools should teach only abstinence ............................................ 296
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#70: Feel comfortable talking about sex .............................................. 301
#71: Parents should be able to excuse child from sex ed ................. 302

Discrimination

Hypothesis 1: Youth who have mental health problems are more likely to be a target of discrimination than youth who are not mentally ill.

#77_t: How often do you feel or have you felt discriminated against? ................. 304

Hypothesis 2: Youth experience discrimination at school based on sexuality.

#77_t: How often do you feel or have you felt discriminated against?
by reasons students felt pressured to hide sexual orientation
by frequency of feeling pressure to hide sexual orientation

Hypothesis 3: Youth think schools aren’t doing enough to discourage discrimination

#74_t: How often do you see vandalism related to discrimination?
#75_t: How often do you observe/experience unequal treatment related to discrimination?
#76_t: How often do you hear slurs or discriminatory comments?
#77_t: How often do you feel or have you felt discriminated against?

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation

#83: There is violence in/at:
#84: Ways you have been bullied/harassed:
#87: Types of violence in your everyday life:
#88: How have you been abused/harassed by a boyfriend/girlfriend:
#89: Have you been in a physical fight?

Hypothesis 5: Youth who have experienced discrimination will have different views about how schools should promote tolerance than youth who have not

#81: Schools should promote tolerance through:
    by % receiving unequal treatment
    by % feeling discriminated against

Violence

Hypothesis 1: Gang membership differs by where youth live.

#93: Have you been a part of a gang?
#94: Have you felt pressured to join a gang?

Hypothesis 2: Youth who do not get emotional support are more likely to join gangs than those with emotional support.

#93: Have you been a part of a gang?
#94: Have you felt pressured to join a gang?
Hypothesis 3: Youth who have mental health problems (i.e. those who have thought about and/or attempted suicide or self harm) are more likely to be in a gang than those without these problems.

Hypothesis 4: Boys and non-whites are more likely to be gang members than whites and girls

Hypothesis 5: Youth who do not have positive ways to reduce stress will engage in riskier behavior than those with positive stress relief

Hypothesis 6: Youth with access to a gun are more likely to carry a gun and be prone to violence than those without gun access.

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink less)
#83: There is violence in/at:
   by % drinking .............................................................................................................. 342
   by % binge drinking .................................................................................................... 343

#86: Ways you have bullied/harassed others:
   by % drinking .............................................................................................................. 344
   by % binge drinking .................................................................................................... 345

#87: Types of violence part of your everyday life:
   by % drinking .............................................................................................................. 346
   by % binge drinking .................................................................................................... 347

#88: How abused by boy-/girlfriend: by % drinking .................................................... 348

#89: Have you ever been in a physical fight? ................................................................. 349
Mental Health
Questions 1 through 17
#5: Have you had suicidal thoughts?

Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not abused.
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?
Hypothesis 1: Youth who have been abused/raped are more likely to harm (or think about harming) themselves than those not abused.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#5: Have you had suicidal thoughts?

Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)?
Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.
#6: Have you had suicidal thoughts?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.
#7: Have you engaged in self-harm?

Hypothesis 3. Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.
#6: Have you had suicidal thoughts?

Hypothesis 4: Youth who do not have emotional support or stress outlets are more likely to contemplate suicide than those who have support/outlets.

Hypothesis 7: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are less likely to have adequate stress relief than those not in a bad mental state.
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)?

Hypothesis 4: Youth who do not have emotional support or stress outlets are more likely to contemplate suicide than those who have support/outlets.

Hypothesis 7: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are less likely to have adequate stress relief than those not in a bad mental state.
#5: Have you had suicidal thoughts?

#7: Have you engaged in self-harm

Hypothesis 5: Youth who have mental health problems are more likely to have thought about / attempted suicide than youth who are not.

- Total
- #4: Taken Rx for mental health

San Mateo County Youth Commission, Needs Assessment Survey 2006
#5: Have you had suicidal thoughts?

Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)?

Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.

<table>
<thead>
<tr>
<th>% Engaged in Self-Harm</th>
<th>Total</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>22%</td>
<td>30%</td>
<td>20%</td>
<td>18%</td>
<td>24%</td>
</tr>
<tr>
<td></td>
<td>24%</td>
<td>24%</td>
<td>16%</td>
<td>21%</td>
<td>25%</td>
</tr>
</tbody>
</table>

#15: My school provides suicide prevention services

#17: My school should provide more suicide prevention services for teens

San Mateo County Youth Commission, Needs Assessment Survey 2006
Alcohol, Tobacco, and Other Drugs

Questions 18 through 43
Hypothesis 1: Youth who have mental health problems are more likely to drink than those who do not have mental health problems.

- Total
- #4: YES: taken Rx for mental / emotional problems?
- #5: YES: Had suicidal thoughts?
- #7: YES: Engaged in self-harm (cutting, anorexia, bulimia)?

San Mateo County Youth Commission, Needs Assessment Survey 2006
#19: Do you binge drink? (6+ drinks in a sitting)?

Hypothesis 1: Youth who have mental health problems are more likely to drink than those who do not have mental health problems.

- **Total**
- #4: YES: taken Rx for mental / emotional problems?
- #5: YES: Had suicidal thoughts?
- #7: YES: Engaged in self-harm (cutting, anorexia, bulimia)?

### Frequency of Binge Drinking

<table>
<thead>
<tr>
<th>Frequency</th>
<th>% with Mental Health Problems</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily</td>
<td>16%</td>
</tr>
<tr>
<td>Once a week</td>
<td>9%</td>
</tr>
<tr>
<td>2-3 times a week</td>
<td>8%</td>
</tr>
<tr>
<td>4-10 times a week</td>
<td>8%</td>
</tr>
<tr>
<td>2-3 times a month</td>
<td>7%</td>
</tr>
<tr>
<td>4-10 times a month</td>
<td>7%</td>
</tr>
<tr>
<td>2-3 times a year</td>
<td>11%</td>
</tr>
<tr>
<td>Binged once</td>
<td>8%</td>
</tr>
<tr>
<td>No, never binged</td>
<td>61%</td>
</tr>
</tbody>
</table>

Saratoga County Youth Commission, Needs Assessment Survey 2006
Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

- Total
- #37_t: Know services for substance abuse? Yes
- #40: My school provides effective drug and alcohol prevention services Strongly Disagree
- #40: My school provides effective drug and alcohol prevention services Disagree
- #40: My school provides effective drug and alcohol prevention services Agree
- #40: My school provides effective drug and alcohol prevention services Strongly Agree
#20_t: How often do you smoke?

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

- Total
- #37_t: Know services for substance abuse? Yes
- #40: My school provides effective drug and alcohol prevention services
  - Strongly Agree
  - Agree
  - Disagree
  - Strongly Disagree

San Mateo County Youth Commission, Needs Assessment Survey 2006
#21_t: How often do you use other drugs?

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

- Total
- #37_t: Know services for substance abuse? Yes
- #40: My school provides effective drug and alcohol prevention services Strongly Disagree
- #40: My school provides effective drug and alcohol prevention services Disagree
- #40: My school provides effective drug and alcohol prevention services Agree
- #40: My school provides effective drug and alcohol prevention services Strongly Agree

% Educated on Substance Abuse Prevention

<table>
<thead>
<tr>
<th>Frequency</th>
<th>0%</th>
<th>10%</th>
<th>20%</th>
<th>30%</th>
<th>40%</th>
<th>50%</th>
<th>60%</th>
<th>70%</th>
<th>80%</th>
<th>90%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>73%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
<td>6%</td>
</tr>
<tr>
<td>2-3 yr</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>2-3 mo.</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2-3 wk</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Once/Week</td>
<td>4%</td>
<td>4%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
<td>2%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#18_t: Do You Drink

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members

- Total
- #93: YES: Have you been part of a gang?
- #94: YES: Have you felt pressured to join a gang?

Frequency of Drinking:
- No
- Drank Once
- 2-3/yr
- 2-3/mo.
- 2-3/wk
- Once/Week
- Daily

% with Gang Involvement:
- 36%
- 17%
- 15%
- 17%
- 20%
- 17%
- 20%
- 18%
- 18%

San Mateo County Youth Commission, Needs Assessment Survey 2006
#20_t: How often do you smoke?

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

- Total
- #93: YES: Have you been part of a gang?
- #94: YES: Have you felt pressured to join a gang?

San Mateo County Youth Commission, Needs Assessment Survey 2006
#21_t: How often do you use other drugs?

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

- Total
- #93: YES: Have you been part of a gang?
- #94: YES: Have you felt pressured to join a gang?

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#18. Do you drink?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

San Mateo County Youth Commission, Needs Assessment Survey 2008
#20_t: How often do you smoke?
Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to use drugs than those not in a bad mental state.

<table>
<thead>
<tr>
<th>Frequency of Smoking</th>
<th>Total</th>
<th>YES: Have you had suicidal thoughts?</th>
<th>YES: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>61%</td>
<td>51%</td>
<td>44%</td>
</tr>
<tr>
<td>Once</td>
<td>10%</td>
<td>9%</td>
<td></td>
</tr>
<tr>
<td>2-3/yr</td>
<td>5%</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td>2-3/mo.</td>
<td>6%</td>
<td>7%</td>
<td></td>
</tr>
<tr>
<td>2-3/wk</td>
<td>5%</td>
<td>7%</td>
<td>6%</td>
</tr>
<tr>
<td>Once/Week</td>
<td>3%</td>
<td>4%</td>
<td>4%</td>
</tr>
<tr>
<td>Daily</td>
<td>12%</td>
<td>15%</td>
<td>18%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
#21. How often do you use other drugs?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

- Total
- #5: YES: Have you had suicidal thoughts?
- #7: YES: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.

- Total
- #5: YES: Have you had suicidal thoughts?
- #7: YES: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.
#43-2: Effective Substance Abuse Prevention: Guest Speakers

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

San Mateo County Youth Commission, Needs Assessment Survey 2006
**#43_3: Effective Substance Abuse Prevention: Written Info**

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

![Bar chart showing responses to questions related to substance abuse prevention.](chart.png)
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.
#43_5: Effective Substance Abuse Prevention: Involvement in Community

Hypothesis 5: Youth who use ATCD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#43_8: Effective Substance Abuse Prevention: ATOD Free Recreation

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#43_7: Effective Substance Abuse Prevention: Other

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.

San Mateo County Youth Commission, Needs Assessment Survey 2016
Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.
Sex and Sexuality

Questions 44 through 73
#55: How many sexual partners have you had?

Hypothesis 1: Youth who are pressured to have sex are more likely to become sexually active than those who are not

San Mateo County Youth Commission, Needs Assessment Survey 2006
#66: Do You Practice Safe Sex?

Hypothesis 2: Youth who feel pressure to have sex are less likely to use birth control than those sexually active but not

- Total
- #54_1: Friends
- #54_2: Media
- #54_3: My partner
- #54_4: Teacher/coach
- #54_5: Other
- #54_6: Do not feel pressure

San Mateo County Youth Commission, Needs Assessment Survey 2006
#69: I am making informed personal decisions about sex and sexuality

Hypothesis 3: Youth who receive sex education are more likely to make informed decisions about sex than those without sex education.

- **Total**
- **Strongly Disagree**
- **Disagree**
- **Agree**
- **Strongly Agree**

San Mateo County Youth Commission, Needs Assessment Survey 2006
#69: I am making informed personal decisions about sex and sexuality

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

### % Receive Sex Education From Each Source

<table>
<thead>
<tr>
<th>Source</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>5%</td>
<td>9%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#40, #41: Health class</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#42, #43: School nurse</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#44, #45: Health clinic</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#46, #47: Religious studies</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#48: Friends</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#49: Parents</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#50: My religion</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#51, #52: Media</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#53, #54: Other</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>#55: Do not get sex info</td>
<td>9%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#69: I am making informed personal decisions about sex and sexuality

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#51: Consider Sexually Active:

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

- **Total**
- **Strongly Disagree**
- **Disagree**
- **Agree**
- **Strongly Agree**

San Mateo County Youth Commission, Needs Assessment Survey 2016
#51: Consider Sexually Active:

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#51: Consider Sexually Active:

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral sex</td>
<td>75%</td>
<td>10%</td>
<td>1%</td>
<td>6%</td>
<td>29%</td>
</tr>
<tr>
<td>Anal sex</td>
<td>80%</td>
<td>7%</td>
<td>1%</td>
<td>6%</td>
<td>13%</td>
</tr>
<tr>
<td>Vaginal sex</td>
<td>91%</td>
<td>8%</td>
<td>1%</td>
<td>8%</td>
<td>4%</td>
</tr>
<tr>
<td>Other penetration</td>
<td>89%</td>
<td>1%</td>
<td>1%</td>
<td>4%</td>
<td>12%</td>
</tr>
<tr>
<td>Making out without penetration</td>
<td>16%</td>
<td>29%</td>
<td>16%</td>
<td>4%</td>
<td>26%</td>
</tr>
<tr>
<td>Touching in a sexual way</td>
<td>28%</td>
<td>26%</td>
<td>7%</td>
<td>8%</td>
<td>17%</td>
</tr>
</tbody>
</table>
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

### #52_1: Beliefs

#### % Believe Schools Should Provide Sex Education

- **#52_1**: Sex OK if in committed relationship.
  - Total: 60%
  - Strongly Disagree: 55%
  - Disagree: 70%
  - Agree: 1%
  - Strongly Agree: 61%

- **#52_2**: OK to have one night stand.
  - Total: 20%
  - Strongly Disagree: 49%
  - Disagree: 22%
  - Agree: 21%
  - Strongly Agree: 8%

- **#52_3**: OK to have sex if not in committed relationship.
  - Total: 26%
  - Strongly Disagree: 25%
  - Disagree: 40%
  - Agree: 27%

- **#52_4**: OK to have sex with multiple partners with no commitment.
  - Total: 18%
  - Strongly Disagree: 32%
  - Disagree: 23%
  - Agree: 6%

- **#52_5**: Do not believe OK for teenagers to have sex.
  - Total: 22%
  - Strongly Disagree: 23%
  - Disagree: 18%
  - Agree: 4%
  - Strongly Agree: 20%

---

San Mateo County Youth Commission, Needs Assessment Survey 2006


**Hypothesis 3:** Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

- **Total**
- #48_01: Health class
- #48_02: School nurse
- #48_03: Health clinic
- #48_04: Religious studies
- #48_05: Friends
- #48_06: Parents
- #48_07: My religion
- #48_08: Media
- #48_09: Other
- #48_10: Do not get sex info.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#52_1: Beliefs

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

### #52_1: Beliefs

- **Total**
- **Strongly Disagree**
- **Disagree**
- **Agree**
- **Strongly Agree**

San Mateo County Youth Commission, Needs Assessment Survey 2006
#56: Do you practice safe sex?

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#56: Do you practice safe sex?

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

% Receive Sex Education From Each Source

- Always
  - Total: 54%
  - #48_01: Health class: 58%
  - #48_02: School nurse: 53%
  - #48_03: Health clinic: 7%
  - #48_04: Religious studies: 6%
  - #48_05: Friends: 16%
  - #48_06: Parents: 11%
  - #48_07: My religion: 9%
  - #48_08: Media: 14%
  - #48_09: Other: 11%
  - #48_10: Do not get sex info: 23%

- Usually
  - Total: 52%
  - #48_01: Health class: 53%
  - #48_02: School nurse: 7%
  - #48_03: Health clinic: 7%
  - #48_04: Religious studies: 14%
  - #48_05: Friends: 20%
  - #48_06: Parents: 11%
  - #48_07: My religion: 9%
  - #48_08: Media: 14%
  - #48_09: Other: 11%
  - #48_10: Do not get sex info: 14%

- Occasionally
  - Total: 48%
  - #48_01: Health class: 28%
  - #48_02: School nurse: 22%
  - #48_03: Health clinic: 20%
  - #48_04: Religious studies: 14%
  - #48_05: Friends: 14%
  - #48_06: Parents: 11%
  - #48_07: My religion: 9%
  - #48_08: Media: 11%
  - #48_09: Other: 11%
  - #48_10: Do not get sex info: 11%

- Never
  - Total: 35%
  - #48_01: Health class: 23%
  - #48_02: School nurse: 24%
  - #48_03: Health clinic: 29%
  - #48_04: Religious studies: 14%
  - #48_05: Friends: 8%
  - #48_06: Parents: 9%
  - #48_07: My religion: 8%
  - #48_08: Media: 3%
  - #48_09: Other: 3%
  - #48_10: Do not get sex info: 21%

San Mateo County Youth Commission, Needs Assessment Survey 2006
#56: Do you practice safe sex?

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.

- **Total**
  - #49_1: Pictures or visual aids: 58%
  - #49_2: Guest speakers: 57%
  - #49_3: Media: 58%
  - #49_4: Open discussions: 58%
  - #49_5: Examples of contraception: 48%
  - #49_6: Other: 48%

---

**Chart Details**

- **% Consider Effective for Understanding Sex**
  - **Always**
    - #49_1: 54%
    - #49_2: 58%
    - #49_3: 57%
    - #49_4: 58%
    - #49_5: 48%
    - #49_6: 48%
  - **Usually**
    - #49_1: 23%
    - #49_2: 21%
    - #49_3: 26%
    - #49_4: 23%
    - #49_5: 20%
  - **Occasionally**
    - #49_1: 12%
    - #49_2: 12%
    - #49_3: 9%
    - #49_4: 2%
    - #49_5: 13%
    - #49_6: 11%
  - **Never**
    - #49_1: 11%
    - #49_2: 9%
    - #49_3: 9%
    - #49_4: 7%
    - #49_5: 6%
    - #49_6: 6%

---

San Mateo County Youth Commission, Needs Assessment Survey 2006
#56: Do you practice safe sex?

Hypothesis 3: Youth who receive sex education are more likely to make informed decisions (about sex) than those without sex ed.

- Total
- Strongly Disagree
- Disagree
- Agree
- Strongly Agree

% Feel comfortable talking about sex and sexuality

- Always: 54%, 44%, 23%
- Usually: 55%, 43%, 26%
- Occasionally: 59%, 22%, 22%
- Never: 28%, 18%, 9%

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55: How many sexual partners have you had?

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

- **Total**
- **Strongly Disagree**
- **Disagree**
- **Agree**
- **Strongly Agree**

San Mateo County Youth Commission, Needs Assessment Survey 2006
Chapter 2. Hypothesis Testing: Page 21 of 49

#55: How many sexual partners have you had?

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

![Bar chart showing the percentage of respondents who received sexual education from various sources and the number of sexual partners they had.](chart.png)

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55: How many sexual partners have you had?

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

- Total
- #49_1: Pictures or visual aids
- #49_2: Guest speakers
- #49_3: Media
- #49_4: Open discussions
- #49_5: Examples of contraception
- #49_6: Other

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55: How many sexual partners have you had?

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

- **Total**
- **Strongly Disagree**
- **Disagree**
- **Agree**
- **Strongly Agree**

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55: How many sexual partners have you had

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

- **Total**
- **#51_1:** Oral sex
- **#51_2:** Anal sex
- **#51_3:** Vaginal sex

![Bar chart showing percentage of sexual activity by number of partners and type of activity.](image)
#55: How many sexual partners have you had

Hypothesis 4: Youth who lack knowledge about sex will be more likely to have sex than those with more knowledge.

- **Total**
- **#52_1**: Sex OK in committed relationship
- **#52_2**: OK to have 1-night stand
- **#52_3**: Sex OK if not in committed relationship
- **#52_4**: OK to have sex w/multiple partners w/o commitment
- **#52_5**: Do not believe OK for teenagers to have sex

---

**% with Belief**

- None: 18%
- One: 13%
- 2 to 3: 17%
- 4 to 5: 6%
- 6 to 10: 9%
- 11 to 15: 8%
- 16 to 20: 8%
- 21 to 40: 20%
- 41 to 100: 20%
- Unknown # of Partners (>0): 6%

#55: How many sexual partners have you had?
#58: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

#66: Do you practice safe sex?

- Total
- Strongly Disagree
- Disagree
- Agree
- Strongly Agree

% feel comfortable talking about sex and sexuality

<table>
<thead>
<tr>
<th></th>
<th>Always</th>
<th>Usually</th>
<th>Occasionally</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td>55%</td>
<td>44%</td>
<td>23%</td>
<td>9%</td>
</tr>
<tr>
<td>Usually</td>
<td>55%</td>
<td>26%</td>
<td>16%</td>
<td>9%</td>
</tr>
<tr>
<td>Occasionally</td>
<td>43%</td>
<td>12%</td>
<td>10%</td>
<td>11%</td>
</tr>
<tr>
<td>Never</td>
<td>23%</td>
<td>6%</td>
<td>1%</td>
<td>8%</td>
</tr>
</tbody>
</table>
#56: Do you practice safe sex?

Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

#56: Do you practice safe sex?
Hypothesis 5: Youth who practice safe sex are more likely to have received good sex information and have a caring environment than those who do not practice safe sex.

- Total
- Strongly Disagree
- Disagree
- Agree
- Strongly Agree

% live in caring environment

Always: 55%, 41%, 39%, 22%, 12%, 11%
Usually: 58%, 22%, 21%, 18%, 12%, 10%
Occasionally: 60%, 26%, 21%, 23%, 12%, 11%
Never: 58%, 21%, 23%, 7%, 11%, 7%

Source: San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 6: Youth with knowledge / access to community resources are more likely to have safe sex than those without resources.

- Total
- Strongly Disagree
- Disagree
- Agree
- Strongly Agree

% Resources in the community for pregnant or parenting teens are accessible to me

Always: 56% (Total), 41% (Strongly Disagree), 22% (Disagree), 12% ( Agree), 11% (Strongly Agree)

Usually: 55% (Total), 25% (Strongly Disagree), 25% (Disagree), 13% (Agree), 7% (Strongly Agree)

Occasionally: 46% (Total), 22% (Strongly Disagree), 23% (Disagree), 8% (Agree), 4% (Strongly Agree)

Never: 64% (Total), 19% (Strongly Disagree), 13% (Disagree), 8% (Agree), 7% (Strongly Agree)

-San Mateo County Youth Commission, Needs Assessment Survey 2008
#56: Do you practice safe sex?

Hypothesis 6: Youth with knowledge / access to community resources are more likely to have safe sex than those without resources.

- **Always**: 55%, 45%, 35%
- **Usually**: 22%, 8%, 12%
- **Occasionally**: 23%, 14%, 17%
- **Never**: 25%, 10%, 12%

Sas Mateo County Youth Commission, Needs Assessment Survey 2006
#55 How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.

- Total
- Never
- Once
- 2-3/year
- 2-3/month
- 2-3/week
- Once/Week
- Daily

#55: How many sexual partners have you had?

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55 How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.

- Total
- Never
- Once
- 2-3 year
- 2-3 month
- 2-3 week
- Once/Week
- Daily

#55: How many sexual partners have you had?

San Mateo County Youth Commission, Needs Assessment Survey 2006
# 55: How many partners have you had?

Hypothesis 8. Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

- Total
- #64_1: Safe at Home
- #64_2: Safe at School
- #64_3: Safe in community
- #64_4: Do not feel safe

San Mateo County Youth Commission, Needs Assessment Survey 2006

# 55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

- Total
- #55_1: Verbally
- #55_2: Physically
- #55_3: Emotionally
- #55_4: In written form
- #55_5: Via the internet
- #55_6: Not been bullied/harassed

San Mateo County Youth Commission, Needs Assessment Survey 2006
Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

# 56: How many partners have you had?

- **Total**
- **#87_1: Physical**
- **#87_2: Verbal**
- **#87_3: Emotional**
- **#87_4: Violence not part of every day life**

#55: How many sexual partners have you had?

San Mateo County Youth Commission, Needs Assessment Survey 2006
#55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.

- **Total**
- **#80: Have you ever been in a physical fight?**

San Mateo County Youth Commission, Needs Assessment Survey 2006
#44: Schools should provide sex education

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#45: Schools should teach only abstinence

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

<table>
<thead>
<tr>
<th>Number of Partners</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>41%</td>
<td>44%</td>
<td>10%</td>
<td>6%</td>
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<td>One</td>
<td>54%</td>
<td>37%</td>
<td>12%</td>
<td>6%</td>
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<td>2 to 3</td>
<td>52%</td>
<td>32%</td>
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<td>7%</td>
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<tr>
<td>5 to 10</td>
<td>45%</td>
<td>28%</td>
<td>7%</td>
<td>3%</td>
</tr>
<tr>
<td>10 to 15</td>
<td>45%</td>
<td>32%</td>
<td>3%</td>
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</tr>
<tr>
<td>15+</td>
<td>13%</td>
<td>26%</td>
<td>8%</td>
<td>3%</td>
</tr>
<tr>
<td>Unknown # of Partners (&gt;0)</td>
<td>45%</td>
<td>39%</td>
<td>15%</td>
<td>15%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
#47: Schools should teach abstinence & safe sex

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those not sexually active.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Chapter 2. Hypothesis Testing: Page 45 of 49

#48: Receive Sex Info

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

San Mateo County Youth Commission, Needs Assessment Survey 2006
# 49: Effective for Understanding Sex

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

<table>
<thead>
<tr>
<th>#49_1: Pictures or visual aids</th>
<th>#49_2: Guest speakers</th>
<th>#49_3: Media</th>
<th>#49_4: Open discussions</th>
<th>#49_5: Examples of contraception</th>
<th>#49_5: Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Number of Partners</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>62%</td>
<td>60%</td>
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<td>71%</td>
<td>71%</td>
<td>71%</td>
<td>71%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
#50: Should be included in sex ed

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Chapter 2: Hypothesis Testing Page 48 of 49

#70: Feel comfortable talking about sex

Hypothesis 9: Youth who are sexually active will have different thoughts about effective methods for understanding sexuality and what should be included in sex education than those who are not sexually active.

- **Total**
- **None**
- **One**
- **2 to 3**
- **3 to 10**
- **10 to 15**
- **15+**
- **Unknown # of Partners (>0)**

![Bar Chart]

San Mateo County Youth Commission, Needs Assessment Survey 2006
#71: Parents should be able to excuse child from sex ed

Hypothesis: Sexually active youth will have different thoughts about what should be included in sex education than those who are not sexually active.

- **Total**
  - None
  - One
  - 2 to 3
  - 5 to 10
  - 10 to 15
  - 15+
  - Unknown # of Partners (>0)

San Mateo County Youth Commission, Needs Assessment Survey 2006
Discrimination

Questions 74 through 82
How often do you feel or have you felt discriminated against?

Hypothesis 1: Youth who have mental health problems are more likely to be a target of discrimination than youth who are not mentally ill.

San Mateo County Youth Commission, Needs Assessment Survey 2006
Chapter 2, Hypothesis Testing: Page 3 of 15

#77_t: How often do you feel or have you felt discriminated against?

Hypothesis 2: Youth experience discrimination at school based on sexuality

<table>
<thead>
<tr>
<th>% Felt Pressure to Hide Sexual Orientation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
</tr>
<tr>
<td>25%</td>
</tr>
<tr>
<td>21%</td>
</tr>
<tr>
<td>19%</td>
</tr>
<tr>
<td>15%</td>
</tr>
<tr>
<td>12%</td>
</tr>
<tr>
<td>8%</td>
</tr>
<tr>
<td>2%</td>
</tr>
</tbody>
</table>

| 2-3 times a year                         |
| 24%                                      |
| 32%                                      |
| 30%                                      |
| 21%                                      |
| 12%                                      |
| 9%                                       |
| 2%                                       |

| 2-3 times a month                        |
| 21%                                      |
| 30%                                      |
| 29%                                      |
| 21%                                      |
| 12%                                      |
| 9%                                       |
| 2%                                       |

| 2-3 times a week                         |
| 22%                                      |
| 30%                                      |
| 29%                                      |
| 21%                                      |
| 12%                                      |
| 9%                                       |
| 2%                                       |

| 2-10 times a day                         |
| 22%                                      |
| 30%                                      |
| 29%                                      |
| 21%                                      |
| 12%                                      |
| 9%                                       |
| 2%                                       |

| 10 or more times a day                   |
| 22%                                      |
| 30%                                      |
| 29%                                      |
| 21%                                      |
| 12%                                      |
| 9%                                       |
| 2%                                       |

| Unknown Frequency (≥ 0)                  |
| 27%                                      |

San Mateo County Youth Commission, Needs Assessment Survey 2006
#77_1: How often do you feel or have you felt discriminated against?

Hypothesis 2: Youth experience discrimination at school based on sexuality

- Total
- #78_02: Felt discriminated against because of sexual orientation

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Pressure to Hide</th>
<th>Total</th>
<th>Sexual Orientation</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-3 times a year</td>
<td>28%</td>
<td>31%</td>
<td></td>
</tr>
<tr>
<td>2-3 times a month</td>
<td>15%</td>
<td>17%</td>
<td></td>
</tr>
<tr>
<td>2-3 times a week</td>
<td>8%</td>
<td>8%</td>
<td></td>
</tr>
<tr>
<td>2-10 times a day</td>
<td>8%</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td>10 or more times</td>
<td>2%</td>
<td>1%</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>15%</td>
<td>23%</td>
<td></td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
#74_t: How often do you see vandalism related to discrimination?

Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

- Total
- #82_1: Guest speakers
- #82_2: Strict behavior policies
- #82_3: Class discussions
- #82_4: Classroom curriculum
- #82_5: Diversity days/fairs
- #82_7: School does not promote tolerance

San Mateo County Youth Commission, Needs Assessment Survey 2006
#75_t: How often do you observe/experience unequal treatment related to discrimination?

Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

<table>
<thead>
<tr>
<th>% with School Program Promoting Tolerance</th>
<th>0%</th>
<th>5%</th>
<th>10%</th>
<th>15%</th>
<th>20%</th>
<th>25%</th>
<th>30%</th>
<th>35%</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Never</em></td>
<td>33%</td>
<td>29%</td>
<td>30%</td>
<td>33%</td>
<td>30%</td>
<td>29%</td>
<td>30%</td>
<td>33%</td>
</tr>
<tr>
<td>2-3 times a year</td>
<td>23%</td>
<td>27%</td>
<td>25%</td>
<td>23%</td>
<td>27%</td>
<td>25%</td>
<td>23%</td>
<td>27%</td>
</tr>
<tr>
<td>2-3 times a month</td>
<td>17%</td>
<td>15%</td>
<td>13%</td>
<td>17%</td>
<td>15%</td>
<td>13%</td>
<td>17%</td>
<td>15%</td>
</tr>
<tr>
<td>2-3 times a week</td>
<td>12%</td>
<td>14%</td>
<td>12%</td>
<td>12%</td>
<td>14%</td>
<td>12%</td>
<td>12%</td>
<td>14%</td>
</tr>
<tr>
<td>2-3 times a day</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
</tr>
<tr>
<td>4-10 times a day</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
<td>4%</td>
</tr>
<tr>
<td>10 or more times a day</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
<td>8%</td>
<td>6%</td>
</tr>
</tbody>
</table>

---

San Mateo County Youth Commission, Needs Assessment Survey 2006
Chapter 2, Hypothesis Testing: Page 7 of 15

#76_t: How often do you hear slurs or discriminatory comments?

Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

![Bar chart showing % with School Program Promoting Tolerance for different frequencies of slurs or discriminatory comments.](chart)

San Mateo County Youth Commission, Needs Assessment Survey 2006
#77_1: How often do you feel or have you felt discriminated against?

Hypothesis 3: Youth think schools aren't doing enough to discourage discrimination.

- **Total**
- #82_1: Guest speakers
- #82_2: Strict behavior policies
- #82_3: Class discussions
- #82_4: Classroom curriculum
- #82_5: Diversity days/fairs
- #82_7: School does not promote tolerance

% of School Program Promoting Tolerance

- **Never**
- **2-3 times a year**
- **2-3 times a month**
- **2-3 times a week**
- **2-3 times a day**
- **4-10 times a day**
- **10 or more times a day**
- **Unknown Frequency (> 0)**

San Mateo County Youth Commission, Needs Assessment Survey 2006
#83: There is violence in/at:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.

<table>
<thead>
<tr>
<th>#83: There is violence in/at:</th>
<th>#83_1: My school</th>
<th>#83_2: My community</th>
<th>#83_3: My home</th>
<th>#83_4: Other</th>
<th>#83_5: There is not violence around me</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>50%</td>
<td>51%</td>
<td>50%</td>
<td>53%</td>
<td>50%</td>
</tr>
<tr>
<td>#83_1: Do not feel pressure to hide sexual orientation</td>
<td>61%</td>
<td>61%</td>
<td>61%</td>
<td>61%</td>
<td>61%</td>
</tr>
<tr>
<td>#83_2: Fear of discrimination</td>
<td>55%</td>
<td>55%</td>
<td>55%</td>
<td>55%</td>
<td>55%</td>
</tr>
<tr>
<td>#83_3: Fear of violence</td>
<td>75%</td>
<td>75%</td>
<td>75%</td>
<td>75%</td>
<td>75%</td>
</tr>
<tr>
<td>#83_4: Uncertainty about my orientation</td>
<td>58%</td>
<td>58%</td>
<td>58%</td>
<td>58%</td>
<td>58%</td>
</tr>
<tr>
<td>#83_5: My family would not accept it</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
</tr>
<tr>
<td>#83_6: My friends would not accept it</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
<td>63%</td>
</tr>
<tr>
<td>#83_7: My workplace would not accept it</td>
<td>53%</td>
<td>53%</td>
<td>53%</td>
<td>53%</td>
<td>53%</td>
</tr>
<tr>
<td>#83_8: Discriminated because of sexual orientation</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
</tr>
<tr>
<td>#83_9: Discriminated because perceived orientation (others think I am)</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
<td>3%</td>
</tr>
</tbody>
</table>

San Mateo County Youth Commission, Needs Assessment Survey 2006
#85: Ways you have been bullied/harassed:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#87: Types of violence part of your everyday life:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.

- #53_1: Do not feel pressure to hide sexual orientation
- #53_2: Fear of discrimination
- #53_3: Fear of violence
- #53_4: Uncertainty about my orientation
- #53_5: My family would not accept it
- #53_6: My friends would not accept it
- #53_7: My work place would not accept it
- #78_02: Discriminated because of sexual orientation
- #78_03: Discriminated because perceived orientation (others think I am)

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San Mateo County Youth Commission, Needs Assessment Survey 2006
#88: How have you been abused/harassed by a boyfriend/girlfriend:

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflict that those who do not feel pressure to hide their sexual orientation.

- #88_1: Verbally
- #88_2: Emotionally
- #88_3: Physically

San Mateo County Youth Commission, Needs Assessment Survey 2008
#89: Have you been in physical fight?

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.

#81: Schools should promote tolerance through:

Hypothesis 5: Youth who have experienced discrimination will have different views about how schools should promote tolerance than youth who have not.

San Mateo County Youth Commission, Needs Assessment Survey 2006
#81: Schools should promote tolerance through:

Hypothesis 5: Youth who have experienced discrimination will have different views about how schools should promote tolerance than youth who have not.