



SAN MATEO COUNTY HEALTH  
**AGING & ADULT  
SERVICES**

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Aging & Adult Services  
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Commission on Aging General Meeting Minutes

Monday, July 12, 2021 9:00 – 11:00 a.m.

Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Patty Clement; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Jean Hastie; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members absent: Elsa Agasid

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Ann O'Brien; Ben McMullin; Bernie Mellot; Christina Irving; Dao Do; Dixie Specht-Schultz; Erin Malone; Evelina Chang; Ginnie Plato; Hope Nakamura; Karen Parque; Laura Swartzel; Lindsey Raike; Michael Schraeder; Natalya Alazraie; Robert Hall; Sandra Lang; Sandra Winter; Susan Houston; Terue Shinohara; Wes Taoka

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chairperson Hastie. Commissioner Kilroe led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	<p>Sandra Lang reports that wildfire season is upon us. She is urging people to reach out to their City Councils, city or community groups to make sure that there are designated cooling centers available as well as information on general evacuation routes.</p> <p>Ginny Plato is representing a group of concerned citizens who have been members and family of members who have participated in programs at the Mickelson aquatic pool in San Mateo. Sutter Health is closing the pool and they are seeking the CoA's support to help them to advocate for the pool to remain open. Letters they have received from the community will be sent to the CoA so Commissioners can read the negative impact this will have on the community.</p> <p>Lindsey Raike is the founder of Striving Together, an organization that supports individuals and families affected by chronic pain disabilities. She and her partner's health have greatly improved as a result of participating in programs at the Mickelson pool.</p>

	<p>When the pool closed due to COVID-19 her partners health declined. She has a petition with 3,000 signatures of many others with similar experiences. She will be forwarding the petition and comments to CoA for review. She also announced that July is Disability Pride Month for people with disabilities and requested CoA's support in recognizing this population.</p>
<p>3. Approval of Today's Agenda: July 12, 2021</p>	<p>Commissioner Lee motioned to approve the agenda with staff report being moved up. Seconded by Commissioner Kilroe. Chairperson Hastie abstained. Motion passed.</p> <p>Commissioner Querol Moreno wanted to correct that the Acronym ALLICE should be in all caps.</p>
<p>4. Staff Report</p>	<p>Anna Sawamura reported that she has received an official letter of resignation from Commissioner Agasid. Letter was read. The Board of Supervisors will be contacted and informed that there is now a vacancy and will work with them to fill that vacancy as soon as possible.</p> <p>A letter from the Office of the Governor and our County Counsel has confirmed that September 30<sup>th</sup> is the last day we will be able to hold meetings virtually. We will need to return to in person meetings starting in October. She will be working with other staff to secure a location where we will be able to meet in person. Again, this is from the Office of the Governor and Executive Order N-29-20 allowed us the flexibility to meet virtually.</p> <p>Anna Sawamura is currently in Daly City where they are beginning the Second Course program which is a transitional program for people that were receiving Great Plates Delivered Meals during the pandemic. With the support of the Board of Supervisors, this program has been funded with American Recovery Plan allocations. This allows us the ability to continue providing home delivered meals to those that are homebound and unable to leave their homes and who have no resources for food or ability to prepare food on their own. There's a total of 2 years of funding. We are hoping to secure ongoing funding after that time to be able to continue this program with federal and state OAA funding support.</p> <p>She also wanted to thank the Commission for the emergency preparedness documents that were prepared with the support of the MISO committee and CoA general. The documents were mailed to all restaurants who included the document with the meals that were delivered last week. The final delivery of meals occurred on Friday, July 9<sup>th</sup>.</p>

5. Approval of June 14, 2021 minutes	Commissioner Coppock motioned to approve. Seconded by Commissioner Dimas-Kahn. Chairperson Hastie abstained. Motion passed.
6. Committee and Ad Hoc Reports	<p><b><u>Executive Committee</u></b></p> <p>Chairperson Hastie reported that since the last day of GPD was prior to today's meeting, the Executive Committee approved the emergency preparedness documents be sent to all recipients. It was approved under Commission Procedural Rule 5.2 which can be used when needed. The documents could not have been sent out to GPD clients before the program ended otherwise.</p> <p>The Age Friendly Ad Hoc Committee letter was reviewed by the Executive Committee. Additional edits were recommended and the Executive Committee put forth the following action item:</p> <p>Action Item: Approval to send Age Friendly Ad Hoc Committee Letter to BoS</p> <p>Commissioner Dimas Kahn motioned to approve. Commissioner Lee seconded the motion. Discussion followed.</p> <p>Additional edits were made. Motion carried with one abstention. Commissioner McMullin will submit the final edited letter for mailing to the BoS.</p> <p>Chairperson Hastie announced the Exec Committee would like to schedule a retreat. It has been three years since the last retreat and many committee work plans have been completed. In addition there needs to be some discussion around whether CoA is going to be an advocacy organization or an advisory body. After discussion the Commissioners supported having no October and November presentations and using that second hour for the retreat. The committee is considering having September as a planning meeting for the October and November retreat sessions. This will be discussed at the September meeting.</p> <p><b><u>Resource Access Committee</u></b></p> <p>Commissioner Lee reported that they decided to continue to pursue the buddy relationship efforts. They published a list of proposed matches. She has not received any requests for changes so she is assuming that the list is acceptable. She has also not heard of anyone beginning to build those relationships yet and this will be discussed at the committee meeting being held immediately after the general meeting. She has reached out to her own list and it was well received. She has meetings scheduled with someone from the Parks and Recs Department as well as</p>

	<p>someone from Self Help for the Elderly and hopes to begin building these relationships. She has a sample email that she sent out to her matches that she can provide to anyone that has any questions on how to start as well as two other documents.</p> <p>The committee also looked at their own goals that were set in place over a year ago to see if they need to be amended or to determine if goals have been achieved. Discussion on goals will continue today.</p> <p>Commissioner Lee expressed the importance of filling the current Commissioner vacancy with someone who can represent and speak to the needs/concerns of a diverse population.</p> <p><b><u>MISO (Middle Income Senior Opportunities) Committee</u></b>  Commissioner Dimas-Kahn reported that they reviewed their current work plan for action items under goals one, two and three. They have already finished goal one and have begun addressing goal two, which is to educate and prepare older adults for disasters. Goal three is employment training for older adults who would like more financial security or money to live on. They reviewed the goals to see if they still aligned with CoA's goals and they have made some revisions because some of the goals were pretty ambitious. They are scaling back. Under emergency preparedness, the emergency resource form was handed out to GPD clients last week. It is also being posted on the County of San Mateo website.</p> <p>Commissioner Coppock suggested that it be posted on the CoA website along with the Help at Home.</p> <p>Commissioner Uhl suggested that it also be shared with their buddies in other cities.</p> <p><b><u>Transportation Committee</u></b>  Commissioner Mau reported that there was a calendaring error and an agenda did not go out on time for the meeting last week so they cancelled and will reconvene in September. At the last meeting they discussed the various on demand programs available in the County.</p> <p><b><u>Social Isolation and Depression Ad Hoc Committee</u></b>  No report.</p>
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	<b><u>Age Friendly Ad Hoc Committee</u></b> Commissioner McMullin thanked the Commission for approving the submission of the letter of support to the BoS. He thanked the committee for their work over the past four months and with their task accomplished, the Ad Hoc Committee will no longer be meeting.
7. Member Reports	No member reports
9. Stretch Break	There was a five-minute stretch break.
10. Presentation	Area Plan 101 by Cristina Ugaitafa, Community Program Analyst and Planner
11. Adjourn	Commissioner Coppock made the motion to adjourn. Commissioner Kilroe seconded the motion. The meeting adjourned at 11:02 am.



**Commission on Aging**

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