



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

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 Director

**Aging & Adult Services**  
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Commission on Aging General Meeting Minutes  
 Monday, June 14, 2021 9:00 – 11:00 a.m.  
 Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members absent: Elsa Agasid, Jean Hastie, Patty Clement

Staff: Anna Sawamura; Andrew Eng; Diane Madriz

Public: Ann Cooney; Ann Keighran O'Brien; Ariel Tinajero; Becky Flanagan; Bernie Mellot; Christina Irving; Dao Do; Erin Malone; LS Cannel; Jim Lange; Maria Orleman; Marianna Roman; Phillix Fong; Robert Hall; Sandra Lang; Sandra Winters; Terue Shinohara; Wes Taoka

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Commissioner McMullin. Commissioner Batara led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	Robert Hall is the liaison to the Commissions on Disabilities and is present. Hopes that both commissions have common ground.
3. Approval of Today's Agenda: June 14, 2021	Commissioner Dimas-Kahn motioned to approve the agenda. Seconded by Commissioner Barr. Motion passed.
4. Approval of May 10, 2021 minutes	Commissioner Kilroe motioned to approve. Seconded by Commissioner Lee. Motion passed.
5. Committee and Ad Hoc Reports	<p><b><u>Executive Committee</u></b></p> <p>Anna Sawamura reported that they reviewed all committee reports for the month of May. Age Friendly Ad Hoc committee requested that a letter to the Board of Supervisors be reviewed. There was a good discussion regarding the content of the letter and asked if comments from the executive committee be considered and then have the letter resubmitted for review and hopefully an action item presented at the July meeting.</p>

Reviewed presentation meeting for the remainder of the calendar year. The Stop AAPI movement is very active right now in the county and they are trying to secure a Stop AAPI hate speaker for a future meeting as well a presentation on oral health and Master Plan for Aging.

**Resource Access Committee**

Commissioner Lee reported that they discussed how to follow up on the meet and greet in April. A decision was made to send out a questionnaire to all the attendees. There were 30 attendees and they received 9 responses back. Responses were very favorable. It was a short questionnaire with 5 questions. People found the meeting very helpful. Asked if they would like to have another meeting and there was an overwhelming yes. Main purpose of meeting is to strengthen relationships and to learn about other providers especially regarding reopening. Some pressing issues are lack of funding, reopening, retention/lack of staff and recruiting volunteers. When asked how the commission can help, respondents replied by connecting providers in the county, providing leadership, by bringing everyone together, provide funding and help with volunteer recruitment.

Next step of the follow up to the meet and greet is to form one on one buddy relationships with the commissioners. There is a proposed list of matches. It's in the packet and hopes each commissioner has taken a look at the list. The ask is that each commissioner is in constant contact with the provider, be a mentor, get information on what is happening in the city and follow up on the meet and greet especially with those that did not respond to the survey.

Commissioner Dimas-Kahn asked for a bullet point form that they could submit to their contacts explaining the various action items.

**MISO (Middle Income Senior Opportunities) Committee**

Commissioner Dimas-Kahn reported they are almost done with goal 1 from their workplan which is to figure out solutions to food insecurity. They are moving forward to goal number 2 which is to educate and prepare older adults for disaster preparedness. Commissioner Uhl put together disaster preparedness sheets which will be reviewed soon. Next step is to provide the education to older adults. They have not started on their third goal which is to provide employment training for older adults who would like more financial security. This will be discussed on the upcoming meeting.

	<p><b><u>Transportation Committee</u></b>  Commissioner Mau reported that the committee met last week and had a discussion about the various city on demand transportation and whether or not it could be expanded county wide. SamTrans did indicate that there would be another pilot in the future. PCC had a liaison change. Commissioner McMullin stepped down and Commissioner Uhl stepped in.</p> <p><b><u>Social Isolation and Depression Ad Hoc Committee</u></b>  No report.</p> <p><b><u>Age Friendly Ad Hoc Committee</u></b>  Commissioner McMullin reports that they have 2 specific recommendations and a comment which will be included in a letter to the Board of Supervisors. The 2 primary recommendations are:</p> <p>Recommendation 1: County hired café but there is no county staff follow up. Wants a county employee appointed to carry on that role.</p> <p>Recommendation 2: Have Café’s contract reviewed so it incorporates some assistance to developing action plans without adding to budget and carve out some of the contract money for them in order to assist the cities with their action plans.</p> <p>Third item in the letter is the commitment that the commission is making to take the age friendly program very seriously and want to offer their support. They hope to have an ongoing standing Age Friendly Committee or a subcommittee of another standing.</p>
7. Member Reports	<p>Commissioner Arnos reports that everything in City of Pacifica regarding the reopening and is on hold.</p> <p>Commissioner Dimas-Kahn wants to remind everyone who is dealing with a Medicare issue, especially around securing a medical provider, to please contact HICAP.</p> <p>Commissioner Lee reports that the City of San Mateo received a large block grant to continue its ride program. A part time contractor has been hired by the City of San Mateo to move the action plan for Age Friendly Program.</p> <p>Commissioner Leth reports that Senior Coastsiders is having a reopening celebration tomorrow.</p> <p>Commissioner Querol-Moreno reports Justice in Ageing is hosting a virtual workshop on June 23 on how aging and legal services</p>

	<p>providers can better serve the AAPI older adults. On June 29, the Filipino American agency called Alice's is hosting a virtual resource fair.</p> <p>Commissioner Taylor reports that the Age Friendly Task force in Colma is meeting regularly and they do not know how many seniors are in the area so they decided to make door hangers and hang them on every door in Colma on June 26<sup>th</sup> with a flyer inside asking about the number of seniors and what resources they need. They are asking that they hang it back on their doors a week later where they will be picked up.</p> <p>Commissioner Uhl reports that the Burlingame Age Friendly group just got started and is in the process of interviews.</p> <p>Commissioner Arnos reports there was a presentation and workshop on ageism from the pride center that was well attended and informative. Hopes that Aging and Adult Services can sponsor more of these types of events in the future.</p> <p>Commissioner McMullin reports that Ageism is talked about as being the latest prejudice and there are a lot of books on the subject. We often do it to ourselves and need to learn more about it and fight ageism at every step.</p>
8. Staff Reports	<p>Anna Sawamura reports that meetings have been scheduled with providers on a monthly basis based on survey results with the first one being held on June 22<sup>nd</sup>.</p> <p>We received information that the May revision to the governor's January 2021 budget was issued back on June 3. There is an opportunity for additional for various programs that serve older adults and people with disabilities. The details are not available yet. They plan to release them during the summer. In the next few months we will be getting more information on our county allocation and can begin discussions and what impact it may have on our providers.</p> <p>GPD is ending July 9<sup>th</sup>. Working on identifying options including meal deliveries and groceries. Staff in AAS are trying to connect with those identified as needing food support after GPD ends. Discussions with OAA nutrition providers regarding increasing their contracts have begun. The transition program is very different since they will be serving one meal a day whereas FEMA was contracting with restaurants to serve 3 meals a day.</p>

	<p>Anna Sawamura provided the following data of services being provided by the CBOs:</p> <ul style="list-style-type: none"> <li>• Information and Referral: 1,395 inbound calls and 1,330 outbound calls were made</li> <li>• Nutrition: 474 older adults received 5,399 grab and go meals. 1,008 older adults received 21,916 home delivered meals</li> <li>• Adult Day Care: 192 inbound calls and 1,969 outbound calls to clients were made</li> <li>• Family Caregiver Support Program: 200 inbound calls and 674 outbound calls to caregivers were made</li> <li>• Ombudsman program visited 141 residential care facilities for the elderly and during the month provided 221 consultations with individuals.</li> </ul>
9. Stretch Break	There was a ten-minute stretch break.
10. Presentation	San Mateo Pride Center COVID Impact Report by Francisco Sapp
11. Adjourn	Commissioner McMullin made the motion to adjourn. Commissioner Barr seconded the motion. The meeting adjourned at 10:27 am.



**Commission on Aging**

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