



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

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Director

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Commission on Aging General Meeting Minutes

Monday, May 10, 2021 9:00 – 11:00 a.m.

Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Patty Clement; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Jean Hastie; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members absent: Elsa Agasid,

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Amber Shong; Ann Cooney; Ann O'Brien; Alex Tan; Azalea Renfield; Barbara Valley; Becky Flanagan; Benjamin McMullin; Bernie Mellot; Carolyn Shavel; Christina Irving; Danielle Brewer; Dao Do; Deborah Owdom; Erin Malone; Evelina Chang; Geoffrey Gabriel; Karen Parque; Kelli Jo Cullinan; Laura Swartzel; Maria Orleman; Mary Bier; Mary Tessier; Robert Hall; Sandra Lang; Sandra Winters; Shanah Hawk; Stephanie Coy; Susan Houston; Terue Shinohara; Victor Marquez; Wes Taoka

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chair Hastie. Chair Hastie led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	<p>Sandra Lang stated that equitable access continues to emerge as a concern for all income groups especially those seniors in our County. SamTrans Team C will be hosting a special workshop, May 26 from 1-2 pm. It is a great place for seniors to express their concerns and inform SamTrans.</p> <p>Deborah Owdom would like to remind people the Age Forward Coalition in collaboration with the California Collaborative for Long Term Services and Supports is hosting a webinar on May 14th 10-11:30 on the California Master Plan on Aging and how it can benefit you. All local legislators have been invited to give presentations on how they plan to incorporate the goals of the California Master Plan on Aging in San Mateo County. Some of the panelist include Senator Josh Becker, Assemblymember</p>

	Kevin Mullin, Assemblymember Mark Berman and Supervisors David Canepa and Don Horsley.
3. Approval of Today's Agenda: May 10, 2021	Commissioner Coppock motioned to approve the agenda. Seconded by Commissioner Barr. Motion passed.
4. Approval of April 12, 2021 minutes	Commissioner Dimas-Kahn motioned to approve the minutes. Seconded by Commissioner Kilroe. Request by Commissioner Lee to add people that were in attendance but were missed in the minutes. Motion passed with edits.
5. Committee and Ad Hoc Reports	<p><u>Executive Committee</u> Chairperson Hastie shared the decision made regarding the co-sponsoring of events. In the past the Commission has not endorsed or sponsored events and will continue not to do so. CoA is an advisory body to the Board of Supervisors and in this role, would need to receive board support to provide groups with sponsorships. If and when sponsorship requests are made, the requests will be forwarded to Aging and Adult Services for consideration.</p> <p><u>Resource Access Committee</u> Commissioner Lee had a conversation with County Counsel regarding size of subcommittees and whether they can have more than 50% of the Commissioners in attendance. County Counsel states that as long as they are meeting and providing public notice of meetings as they are now, there is no size limit because they are fulfilling all of the requirements for public meetings under the Brown Act.</p> <p>Commissioner Lee reported the RAC discussed the results of the meet and greet and how to move forward. They had many good suggestions and will continue to discuss it today to come up with plans for the future. Would like to have another meet and greet in the near future and would like to work on building one on one relationships between Commissioners and city representatives.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> Commissioner Dimas-Kahn reported their committee is focused on advocating for more nutrition funds and also coming up with ideas to support GPD participants when the program ends. She encouraged everyone to read the notes from the committee. AAS will be compiling a mailing for GPD participants prior to the end of the program with resources. She encouraged other committees who have documents for the packets to be sent out to GPD clients to send them in asap for approval by all of the Commissioners.</p>

	<p><u>Transportation Committee</u> Commissioner Mau reported that the committee meeting is scheduled for this Thursday and invited all to join. Notes were circulated to all of the Commissioners. He announced that he was invited by Samtrans to attend their board meeting and on behalf of the CoA he accepted their proclamation in honor of May as Older Americans month.</p> <p><u>Age Friendly Ad Hoc Committee</u> Commissioner McMullin reported that they had a meeting on April 18th to continue discussions on Age Friendly Programs in the County. A Zoom gathering was held on April 29th with AARP presenting an overview of the Age Friendly Process as they see it. They are meeting next week with the goal of finalizing recommendations for CoA consideration.</p>
7. Member Reports	<p>Commissioner Lee reported good news from the City of San Mateo. They obtained a \$320,000 grant through the state transit assistance fund, a block grant, that will be used to extend the senior Get Around program for the next 2 years.</p> <p>Commissioner Taylor reported that at the last Age Friendly meeting in Colma, they sent a flyer to the whole city to introduce themselves and what their mission is and how they can get involved.</p> <p>Commissioner Leth reported that she attended the first meeting of an advisory group for the ACR-TDM (Alternative Congestive Relief Program and Transportation Demand Management). They are looking at management strategies to reduce single occupancy driving and encourage people to use alternative forms of transportation. This is using Measure A and measure W funding. They are setting goals for the funding which could include travel programs, highway programs and bike and pedestrian transit. Another meeting is coming up in August.</p> <p>Commissioner Arnos would like to welcome the Pacifica Senior Center employees. She is participated in an Ageism workshop with that the Pride Center will be presenting. She pointed out that Age Friendly cities have a large component on ageism and it's a constant conversation on how to incorporate that in their planning of cities in the agenda.</p> <p>Commissioner Batara reported that there was a food giving community event in Daly city sponsored by the Pilipino Bayanihan</p>

	<p>Resource Center in conjunction with the Mayor which took place on May 1st.</p> <p>Commissioner Querol Moreno wants to acknowledge Maria Orleman and Ann Cooney for being here. Pilipino Bayanihan Resource Center, a pioneer organization in Daly City that provides services not only to Filipinos but to folks that just arrived to Daly City, has moved to new headquarters.</p>
8. Staff Reports	<p>Lisa Mancini wished everyone a Happy Older Americans Month and welcomed all the providers in attendance. The county has seen quite a reduction in Covid positive cases but cautioned on the importance of continuing to wear facial coverings and practicing the safety protocols that are still in place. We will be learning tomorrow from Governor Newsom if our County will be able to move into the yellow tier.</p> <p>She provided the following COVID-19 data points:</p> <ul style="list-style-type: none"> • We had one additional death last week and the total number is now at 568. • We are hovering at around 20 plus or minus being hospitalized at any given time. • Right now we are only housing 6 individuals in 5 hotel rooms. • We continue to house 72 high risk homeless. <p>The following vaccination data points were shared:</p> <ul style="list-style-type: none"> • San Mateo County is one of the leaders in the state for vaccinations. • 90% of those 65 and over will have been vaccinated after this week • 91% plus of those 75 and older have at least received their first dose • For those 16 and older, 76.1% of the population have at least received their first dose. • Healthy Equity Quartile Index at 62.6%. There is a 13% gap to vaccinate in certain areas in our county. • Homebound: 62% of the self-identified residents. There are 2,196 self-identified individuals, we have reached 1,352. <p>The following Great Plates Delivered Program data was shared:</p> <ul style="list-style-type: none"> • It is now funded 100% by FEMA • FEMA has extended the program through June 7th • The county is continuing to look at post Great Plates Delivered. • 4,555 county residents have been served

	<ul style="list-style-type: none"> • 84 restaurants have been utilized • 2.35 million meals have been provided to date • We just had our 1-year celebration of running this program • Almost \$39 million has gone back into the restaurant economy <p>Anna Sawamura announced the California Department of Aging released updates last Friday afternoon on the guidelines they had issued in September 2020 for our providers regarding how to safely provide services. A survey was conducted with all of our Older American's Act providers regarding questions they may have regarding reopening. We are hoping to schedule meetings very soon by program area to see how we can be supportive. It's going to be very different based upon the provider, their resources and what they feel would be a safe way to begin the reopening process.</p> <p>She also announced that the Administration for Community Living has announced that this year, Older American's month's theme is "Communities of Strength. Providers and Commissioners have all shown their strength. resilience and persistence in wanting to make sure that our older adults were well cared for and supported during this time. She thanked everyone for their continued support.</p> <p>She provided the following data on services being provided by the CBOs:</p> <ul style="list-style-type: none"> • Information and Referral: 1,942 inbound calls and 1,930 outbound calls were made • Nutrition: 355 older adults received 4,794 grab and go meals. 1,113 older adults received 27,158 home delivered meals • Adult Day Care: 289 inbound calls and 2,446 outbound calls to clients were made • Family Caregiver Support Program: 179 inbound calls and 133 outbound calls to caregivers were made • Ombudsman program provided 583 units of support in monitoring and investigating different calls they received from participants and family members living in skilled nursing facilities throughout the county.
9. Stretch Break	There was a ten-minute stretch break.
10. Presentation	<p>Chairperson Hastie presented the Annual Report.</p> <p>Lisa Mancini, Anna Sawamura and Chairperson Hastie presented awards to service providers.</p>

	<p> Alzheimer Association represented by Erin Malone Catholic Charities represented by Patty Clement City of Belmont City of Daly City represented by Ann Cooney City of East Palo Alto represented by Azalea Renfield City of Pacifica represented by Karen Parque City of San Bruno represented by Danielle Brewer and Mary Tessier City of San Mateo represented by Carolyn Shavel City of SSF represented by Kelli Jo Cullinan Daly City partnership represented by Maria Orleman Edgewood Center Family Caregiver Alliance represented by Christina Irving Kimochi represented by Terue Shinohara Legal Aid Society of San Mateo County represented by Evelina Chang Ombudsman's of San Mateo County represented by Bernie Mellot Peninsula Family Service represented by Susan Houston Peninsula Volunteers represented by Becky Flannagan & Dao Do Self Help for the Elderly Represented by Alex Tan Senior Coastsiders represented by Sandi Winters </p> <p>Announcements</p> <p>Robert Hall, a liaison from the Commission on Disabilities, announced the Office of Emergency Services is redoing their emergency plan. He is in an equity committee work group. It's clear that they could use help in addressing the needs of older adults and people with disabilities during a major disaster/earthquake. They will be coming to join the CoD at their next meeting and everyone is welcome to attend.</p> <p>Cristina Ugaitafa announced the next New beginning Coalition meeting will be held next Tuesday from 9 -11 am. They will be revisiting the objectives for the area plan. The plan has already been submitted to the California Department of Aging but there is opportunity to change the objectives if needed.</p> <p>Ann O'Brien reported that the Board of Supervisors will be meeting next Tuesday to give out the proclamation for Older American's month and Chairperson Hastie will be presenting CoA's Annual Report.</p>
11. Adjourn	<p>Commissioner McMullin made the motion to adjourn. Commissioner Barr seconded the motion. The meeting adjourned at 10:46 am.</p>



Commission on Aging

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