



SAN MATEO COUNTY HEALTH
**AGING & ADULT
 SERVICES**

Commission on Aging General Meeting Minutes

Monday, May 8, 2023 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: JoAnne Arnos; Jeffrey Austin; Maria Elena Barr; Eileen Barsi; Karen Coppock; Monika Lee; Marita Leth; Irene Liana; Cherie Querol Moreno; Joyce Porter; Liz Taylor; Kathy Uhl; Ophelie Vico

Members Excused: Patty Clement, Christina Dimas Kahn; Angela Giannini

Public: Michael Costakis, Robert Hall, Lauren (SM), CAFÉ, Sandra Hall, Sandra Winter, Terue Shinohara, Wesley Taoka, Amber Shong

ITEM	DISCUSSION
1. Call to Order Pledge of Allegiance Roll Call	Meeting called to order by Chair Coppock at 9:01am followed by reciting of Pledge of Allegiance by all. Roll call conducted and quorum was established.
2. Introduction of members of the public.	Chair Coppock welcomed all in attendance both in person and virtually. Attendees who wished to introduce themselves were given an opportunity to do so.
3. Oral Communications	No public comment
4. Approval of today's agenda	Commissioner Uhl motioned to approve the agenda. Seconded by Commissioner Barsi. Motion passed.
5. Approval of minutes	Commissioner Uhl motioned to approve the minutes. Seconded by Commissioner Taylor. Commissioner Querol Moreno abstained. Motion passed.
6. Committee Reports	<p><u>Executive Committee</u> Chair Coppock welcomed Ophelie Vico, new Commissioner to the CoA.</p> <p>She thanked the RAIC and TAIC Committees for arranging the Transportation Presentation for today.</p> <p>The following future presentations are scheduled: June: Pride Presentation July: TBS by the MISO Committee</p>



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September, October and November are TBD.

Commissioner Arnos requested presentations be shared with a lens on diversity, equity and inclusion.

RAIC

Commissioner Lee reported the committee is working on identifying more opportunities to increase visibility for the Commission on social media, Facebook and other platforms. At today's meeting, they will continue working on website content,

Commissioner Porter shared that two tabling opportunities are upcoming and requested assistance from Commissioners in signing up to cover the tabling schedule. The schedule was included in the document packet for today. 265 Help@Home guides were passed out at last two events.

MISO Committee

Commissioner Dimas Kahn was unable to attend today. Chair Coppock shared that the committee is continuing to discuss the need for additional housing and long term care options for middle income older adults.

TAIC Committee

Commissioner Uhl thanked Commissioner Lee for her leadership in organizing today's presentation.

Commissioner Uhl announced that she received a proclamation from SamTrans in recognition of Older American's Month. SamTrans has purchased new vehicles that are being added to their fleet for better flexibility.



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	<p>The Committee is going to be increasing the time for meetings from May. The new meeting time is 2:30-4:00pm. Date remains the same: second Thursday of the month.</p>
7. Discussion on Advocacy	<p>Chair Coppock reminded Committees to provide work plans and advocacy items for review by next week.</p>
8. Member Reports	<p>Commissioner Lee: She attended an Age Friendly event held in person at Senior Coastsiders on April 17th.</p> <p>She met with Supervisor Corzo as a resident of San Mateo and encouraged her to consider and support the needs of older adults.</p> <p>Commissioner Barsi: The Serramonte tabling event went very well and Commissioners made concerted effort to interact with the public. Attendees included people helping grandparents, CEO of Seton, staff at medical center,</p> <p>She also shared the Help@Home Guide with the 55+ group at her parish. Many have never heard of the CoA or the guides.</p> <p>Commissioner Arnos: Attended workshop on implicit bias and encouraged those in attendance to support older adults.</p> <p>She requested training on diversity, equity and inclusion for the Commission.</p> <p>Commissioner Leth: She shared that the Housing Resource Fair has been postponed to May 22nd. CoA will have a table at the fair.</p>
9. Staff Report	<p>Anna provided a report on the work being done to end fiscal year and begin new</p>



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	fiscal year contracts with providers.
10. Announcements	<p>Cristina shared the following information: May is Older American's Month and Mental Health Awareness Month, 12-1 Doelger Presentation on SCAMS 5/31 Presentation on Isolation and Loneliness, interpretation available in Cantonese 5/16 New Beginning Coalition Meeting with a panel presentation from IoA, Senior Planet, Community Tech Network</p> <p>Commissioner Querol Moreno shared that May is also Jewish American Heritage Month.</p>
11. Stretch Break	There was a 10 minute stretch break.
12. Transportation Presentation	Panel presentation provided by Peninsula Family Services, City of Pacifica, City of San Mateo, City of Belmont. Each shared the type of services and geographical areas covered.
13. Adjournment	Commissioner Barsi made the motion to adjourn. Commissioner Barr seconded. Meeting adjourned at 10:55am.