



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

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Director

Aging & Adult Services
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Commission on Aging General Meeting Minutes
Monday, April 12, 2021 9:00 – 11:00 a.m.
Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Walter Batara; Patty Clement; Karen Coppock; Christina Dimas-Kahn; Angela Giannini; Jean Hastie; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members absent: Elsa Agasid; Maria Elena Barr

Staff: Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Al Royse; Amber Shong; Andrea De Lara; Angelika Abolano; Ann Cooney; Ann O'Brien Keighran; Ann Ritzma; Anna Curtell, Azalea Renfield; Barbara Valley; Becky Flanagan; Benjamin McMullan; Bernie Mellot; Bob Palacio; Brigitte Shearer; Carolyn Shavel;; Dao Do; Deborah Owdom; Erin Malone; Geoffrey Gabriel; Harold Draeger; Kamilah Najieb Wachob; Karen Horning; Karen Parque; Kelli Jo Cullinan; Laura Swartzel; L. Cannell, Maria Orleman; Mary Tessier; Mike Stancil; Phillix Fong; Sandra Winter; Shanah Hawk; Stephanie Coy; Susan Houston; Wes Taoka; Winnie Yu

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chair Hastie. Commissioner Coppock led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	No public comments were made.
3. Approval of Today's Agenda: 2021 April 12, 2021	Commissioner Lee motioned to approve the agenda. Seconded by Commissioner Kilroe. Motion passed.
4. Approval of March 8, 2021 minutes	Commissioner Coppock motioned to approve. Seconded by Commissioner Arnos. Commissioner Dimas-Kahn abstained. Motion passed.
5. Committee and Ad Hoc Reports	<u>Executive Committee</u> Chairperson Hastie spoke about approving signing a letter to support the coalition in its efforts to receive guidance on reopening sites and services for older adult programs. The Age

	<p>Forward Coalition perceives that it's too early to open certain sites and homecare.</p> <p>Anna Sawamura is working with CDA for more guidance on reopening. The governor publicly announced a June 15th opening but the details on how senior centers and other programs can safely open are not available at this time.</p> <p>Commissioner Kilroe motioned to approve a signed letter requesting more information on reopening. Seconded by commissioner Uhl. Roll call vote. Motion passed.</p> <p>Chairperson Hastie spoke about a co-sponsorship with the San Mateo County Pride Center in June for annual pride week. The main topic for the workshop is Ageism.</p> <p>Commissioner Querol Moreno asked what the sponsorship entails.</p> <p>Chairperson Hastie reports that the sponsorship will not entail money but the CoA will help get the word out to older adults in the county particularly to the LGBTQ community.</p> <p>Commissioner Dimas-Kahn asked how the CoA would get the word out.</p> <p>Chairperson Hastie suggested having the service providers help with flyer distribution. Peninsula Family Service will also be involved in some capacity. This is more of a collaboration.</p> <p>Commissioner Arnos wants more clarity regarding sponsorship and this event and how you see CoA involved. Would feel uncomfortable without more information. Asking if Chairperson Hastie decided CoA's involvement.</p> <p>Chairperson Hastie clarified that it's a group decision and it has to go through the process. They cannot move forward without CoA's approval. Recommended to amend the action to further explore versus co-sponsorship.</p> <p>Commissioner Clement expressed concern over being a co-sponsor without input. This would mean that the CoA endorses everything that they say or do even if CoA does not agree with it. A commissioner should be on the committee and the planning process and make sure that the event is done in a way that it represents the community and the commissioners appropriately because CoA represents the city and county.</p>
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	<p>Chairperson Hastie clarified that they do want commissioners on a committee to develop this.</p> <p>Commissioner Lee would like to amend this to further exploration.</p> <p>Commissioner Arnos suggests that there is a meeting planned and they attend and brings back information.</p> <p>Commissioner Mau suggests that due to Commissioner Arnos' involvement, that she be the one to bring back information to CoA.</p> <p>Commissioner Querol Moreno suggests amending the language from co-sponsorship to exploration or endorsement.</p> <p>Commissioner Dimas-Kahn would like to amend the action to endorsement and suggests rolling this project under the RAC since Commissioner Arnos is in that committee.</p> <p>Anna asked about a timeline for response to the Pride Center.</p> <p>Chairperson Hastie clarified that there is a meeting on April 16th but cannot participate in that meeting without support from CoA.</p> <p>Commissioner Leth wants to know how we could get more information on what exactly our role is, who else is sponsoring and getting information out and how are we going to proceed with this short timeline.</p> <p>Chairperson Hastie clarified that it would be brought back to the May meeting, both general and executive committee.</p> <p>Chairperson Hastie motioned to request amendment to approve further explorations of endorsement of SMC Pride Center workshop as part of its annual pride week in June. Motion seconded by Commissioner McMullin. Roll call vote. Motion passed with 1 abstention.</p> <p>Chinese Health initiative which is part of the County health system would like for CoA to participate in a workshop in May to help them learn about resources available for Asian and Pacific Islanders in SMC regarding the recent verbal and physical assaults.</p> <p>Chairperson Hastie suggested that they amend this action to further exploration instead of sponsorship.</p>
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	<p>Cristina Ugaitafa added that they will be having a listening session where the community can talk about thoughts/feelings about what is going on as well as a safety piece where a police officer will talk about how to be safe.</p> <p>Commissioner McMullin motioned to amend the action item to approve further explorations of endorsement of the workshop that the Chinese Health Initiative is holding. Motion seconded by Commissioner Coppock. Roll call vote. Motion passed.</p> <p>Chairperson Hastie reported on action item 5C: To approve the compilation of a resource packet to assist older adults and people with disabilities to age in place.</p> <p>Commissioner McMullin spoke on behalf of Commissioner Dimas-Kahn and the MISO committee. Received from Commissioner Uhl a list of emergency action steps that are useful for seniors in their homes throughout San Mateo County. The starting point are GPD clients. Similar to the letter with Help at Home booklets but this time it will be a mailing instead of a physical delivery. They are checking with other committees to see if they have useful resources to send out together as a packet.</p> <p>Commissioner McMullin motioned to approve the compilation of a packet to assist older adults and people with disabilities to age in place. Seconded by Commissioner Uhl. Roll call vote. Motion passed.</p> <p><u>Resource Access Committee</u> Commissioner Lee will have the meet and greet immediately following CoA staff reports.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> Commissioner Dimas-Kahn reported that they are still working on goals 1-Map and identify opportunities to address food insecurities for older adults in San Mateo County and 2-Educate and prepare older adults for disaster preparedness. They are starting to gather information for goal 3-Employment training for older adults who would like more financial security or more money to live on.</p> <p><u>Transportation Committee</u></p>
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	<p>Commissioner Mau reported that they discussed providing an excerpt to be included in the resource packet discussed by Commissioner McMullin with senior transportation information.</p> <p><u>Social Isolation and Depression Ad Hoc Committee</u> Commissioner Clement reported that the work of this group is being addressed by providers in the County.</p> <p><u>Age Friendly Ad Hoc Committee</u> Commissioner McMullin reported that there are 2 meetings in April. They are learning a lot about the Age friendly action plans and the process cities go through. Updates will be provided in May.</p>
7. Member Reports	Individual member reports were not made.
8. Staff Reports	<p>Anna Sawamura provided the following data of services being provided by the CBOs:</p> <ul style="list-style-type: none"> • Information and Referral: 1,737 inbound calls and 1,695 outbound calls were made • Nutrition: 447 older adults received 5,879 grab and go meals. 940 older adults received 19,733 home delivered meals • Adult Day Care: 380 inbound calls and 2,404 outbound calls to clients were made • Family Caregiver Support Program: 399 inbound calls and 197 outbound calls to caregivers were made <p>Vaccination efforts: There have been some targeted clinics for vaccinations in East Palo Alto, North Fair Oaks, Redwood City, City of San Mateo, South San Francisco and Daly City areas. These were targeted clinics that opened up pretty quickly when vaccines were available. AAS is trying to focus the needs of homebound seniors. Through last Friday, AAS has provided 100 vaccinations to homebound seniors via mobile clinic.</p>
9. Stretch Break	There was a ten minute stretch break.
10. Building Relationships Meet and Greet Event	Building relationships gathering with various city and service providers took place. Al Royse, City of Hillsborough; Rich Bortoli, Belmont Senior Advisory Committee; Brigitte Shearer, Belmont Recreation and Parks; Andrea de Lara, City of Belmont; Jeffrey Austin, Senior Advisory Committee; Azalea Renfield, City of East Palo Alto; Mayor Ann Schneider, City of Millbrae; Geoffrey Gabriel, City of Millbrae; Harold Draeger, City of Redwood City; Barbara Valley; Redwood City Senior Commission; Susan Houston, Peninsula Family Services; Laura Swartzel, Peninsula Family Services; Bruce Utecht, Veteran's Memorial; Danielle Brewer, City of

	San Bruno; Mary Tessier, City of San Bruno; Carolyn Shavel, City of San Mateo; Amber Shong, City of San Mateo; Bob Palacio, City of San Mateo Parks and Recreation; Winnie Yu, Self Help for the Elderly; Mike Stancil, Daly City Partnership; Mary Bier, City of Pacifica; Anna Kertel, City of San Carlos; Steve Beaty, City of Brisbane; Angelika Abellana, City of Colma; John Goodwin, City of Colma; Ann Ritzman, City of Hillsborough; Kelli Jo Cullinan, City of South San Francisco; Sandra Winter, Senior Coastsiders; Sarah Wernikoff, Portola Valley Town Council.
11. Adjourn	Commissioner Clement made the motion to adjourn. Commissioner Dimas-Kahn seconded the motion. The meeting adjourned at 11:26 am.



Commission on Aging

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