



SAN MATEO COUNTY HEALTH
AGING & DISABILITY
SERVICES

Commission on Aging General Meeting Minutes

Monday, April 14, 2025 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos; Karen Coppock; Patty Clement; Twila Dependahl; Daniela Jonguitud; Monika Lee; Marita Leth; Irene Liana; David Linnell; Martin Nakai; Deborah Owdom; Liz Taylor; Kathy Uhl

Member excused: Maria Elena Barr; Eileen Barsi; Ophelie Vico

Member absent: Angela Giannini

Public Virtual Attendance: Christina Irving; Wesley Taoka; Ann Keighran, Carmen Santoni, Cynthia Nakayama, Dao Do, Elyse Brummer, Kenneth Szeto, Lisa Wilson, Maya Baltinester, Robert Hall, Sandi Winter, Terue Shinohara

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Liana. Roll call conducted and quorum was established. Chair Lee highlighted April 22 nd Earth Day and April as National Volunteer Month, Chair Lee officially welcomed Commissioner Nakai to his first meeting.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually.
5. Oral Communications	Ann Keighran from CAFÉ announced May 13 th workshop with the City of Daly City from 10:00-12:00- at Pecilli Center. Supervisor Canepa, Dr. Pelham, and Elyse Brummer are presenters. Flyers were distributed to Commissioners and all are welcome to attend.
6. Approval of Today's Agenda: April 14, 2025	Commissioner Coppock motioned to approve, Commissioner Arnos seconded the motion. Motion passed.
7. Approval of Minutes: March 10, 2025	Commissioner Clement motioned to approve. Commissioner Linnell seconded the motion. Motion passed.

<p>8. Update on Board of Supervisor (BoS) activities regarding items concerning older adults.</p>	<p>Chair Lee met with Tony Bayudan to discuss how the Commission can best work with the Supervisor's office. Chair Lee reported the Supervisor has great interest in working with the Commission.</p>
<p>9. Committee and Ad Hoc Reports</p>	<p><u>Executive Committee</u></p> <p>Chair Lee reported the following:</p> <ul style="list-style-type: none"> • Director Pullen met with Executive Committee to report on his visit to Washington D.C. Administration for Community Living is being dismantled. Their work is being moved to Health and Human Services and is proposed to be divided among three divisions. Medicare, Medicaid is currently not being affected. More information to come. • Advocacy Issue: Rep. Mullin is re-introducing increasing the federal poverty line. Commissioner Giannini is researching. • Presentation Schedule: May: Annual Report to the Board of Supervisros/Community Health Programs provided by Sequoia Hospital June: Buddy presentations <p>Action Item: Formation of an Ad Hoc Help @ Home committee to update the current guide:</p> <p>Commissioner Clement motioned to approve, seconded by Commissioner Linnell. Motion passed.</p> <p>Commissioner Owdom offered to lead the committee. Commissioners Arnos and Barsi have offered to assist.</p> <p>Action Item: Approval to co-host SamTrans Transportation Resources Showcase Series</p> <p>Clarification of what it means to be a co-host was requested. Discussion followed.</p> <p>Commissioner Linnell motioned to approve, seconded by Commissioner Jonguitud. Motion passed.</p> <p><u>Information, Resources, and Community Engagement Committee</u></p> <p>Chair Lee reported the following:</p> <ul style="list-style-type: none"> • Final list of buddy assignments is available. All cities are included.

	<ul style="list-style-type: none"> • CoA guidelines for representing the commission was shared with county counsel and will be discussed at today’s meeting. <p><u>Aging Readiness and Family Caregiver Support Committee</u></p> <p>Commissioner Jonguitud reported the following:</p> <p>The committee continues work on the two goals of the work plan. Additional research is being done by committee members to focus on resources including financial data to assist older adults and caregivers to achieve “healthy aging.” Research will be shared at the upcoming committee meeting for discussion.</p> <p><u>Social Isolation and Transportation Committee</u></p> <p>Commissioner Liana reported the following:</p> <ul style="list-style-type: none"> • Focused on the final work plan • Office of Sup. Mueller wrote letter to SamTrans CEO regarding lack of transportation on the coast. • Youth Commissioner Adele Ryono has completed her survey. Approximately 300 survey responses were received. Highlighted the following data: 41% replied they would like to interact with older adults. 95% replied they live with an older adult. 75% replied older adult in their live were grandparents. 77% replied there is an intergenerational divide. <p>Commissioners requested receiving a copy of the survey results. Staff will send the results.</p> <p>Commissioners were very happy to hear of the work done and requested Commissioner Ryono join future meetings.</p>
10. CoA Outreach Update	<p>Commissioner Owdom reported the following:</p> <p>May 1st at San Mateo Senior Center 10-12 shift is open. May 13th at Daly City shifts are open. June 5th Senior Day at the Fair 11:00-1:00 shift is open. June 14th Pride Event 11:00-5:00pm, three shifts are open.</p> <p>Commissioner Owdom requested report outs be made on outreaching experiences.</p>
11. Staff Report	<p>Anna Sawamura reported the following:</p>

	<ul style="list-style-type: none"> • Official press release on April 10th with name change: Aging and Disability Services • Director Pullen attended the USAging meetings held in Washington on March 31 followed by visits to legislators during Capitol Hill Day. It was attended by 150 directors nationally regarding potential changes that will impact our older adults, adults with disabilities. 4 policy directions: Supporting aging well at home, increase capacity of family and professional caregivers, reduce unnecessary institutionalized care and community-based services, to connect healthcare and aging services to reduce costs. • Funding for programs is projecting FY24-25 level funding. • Community engagement RDA consulting was awarded the contract, located in Oakland CA. Thanks to Chair Lee those on the commission who assisted in the review of RFPs.
12. Announcements	Commissioner Arnos announced the City of Pacifica is partnering with Half Moon Bay Villages to establish a new villages community in Pacifica.
13. Stretch Break	There was a 5-minute stretch break.
14. Session on CoA Strategic Plan	<p>Chair Lee led the strategic planning session. Slides were presented.</p> <ul style="list-style-type: none"> • 2024 Overall Goal: Support “Aging in Place” by older adults in the county. • 2025 Strategic Planning Retreat identified three areas of focus: Advocacy, Cost of Aging, Aging in Place • 20 issue areas were identified and reviewed. <p>Following requests were made:</p> <ul style="list-style-type: none"> • Request made for clear definition between education and advocacy. • Request made for clear direction/definition of Commission advocacy vs. individual advocacy.

	<ul style="list-style-type: none"> Request to advise support of other funds coming to the county include allocations for older adults ie. Housing funds. Action Item: Formation of an ad hoc advocacy committee to explore need and capacity to have an advocacy committee of the Commission. <p>Commissioner Clement made a motion, Commissioner Dependahl seconded, discussion followed.</p> <p>Vote results: 11 in favor, 1 against, 1 abstained, motion passed.</p> <p>Commissioner Clement agreed to lead the ad hoc committee.</p>
15. Adjourn	<p>Commissioner Clement moved to adjourn the meeting. Seconded by Commissioner Owdom. Motion passed.</p> <p>Meeting adjourned at 11:09 am.</p>



Commission on Aging

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