



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

Commission on Aging General Meeting Minutes

Monday, April 10, 2023 9:00-11:00am

Location: In Person 455 County Center Room 101, Redwood City, A 94063

Webinar Option for Public Attendance

Members Present: JoAnne Arnos; Jeffrey Austin; Maria Elena Barr; Eileen Barsi; Karen Coppock; Christina Dimas Kahn; Angela Giannini; Monika Lee; Marita Leth; Irene Liana; Joyce Porter; Liz Taylor; Kathy Uhl

Members Excused: Patty Clement; Cherie Querol Moreno

Public: Angelina Cahalan MOWSF, Ann O Brien, Miguel Martinez, Oscar Rodriguez, Phil Fong, Erin Malone, Sandra Lang PCC, Wesley Taoka, DSSC, Sandra Winter

ITEM	DISCUSSION
1. Call to Order Pledge of Allegiance Roll Call	Chair Coppock called the meeting to order at 9:01am and acknowledged April as National Autism Awareness Month. Commissioner Porter led the pledge of allegiance Anna Sawamura conducted roll call. Quorum was established.
2. Introduction of members of the public	10 public participants joined via webinar link.
3. Oral Communications	No public comment.
4. Approval of Today's Agenda	Commissioner Dimas Kahn motioned to approve the agenda. Seconded by Commissioner Arnos. Motion passed.
5. Approval of Minutes: March 13, 2023	Commissioner Liana motioned to approve the minutes. Seconded by Commissioner Barsi. Motion passed.
6. Committee and Ad Hoc Reports	<p><b><u>Executive Committee</u></b>            Chair Coppock announced Commissioner Clement has requested a three month leave of absence.</p> <p>The following presentations are being scheduled:</p> <p>May-Transportation Panel            Thanks to TAIC and RAIC for organizing</p> <p>June- LGBTQ Presentation            Thanks to Commissioner Arnos for organizing</p> <p>July, September, October are open. Please assist in providing presenters for these months.</p> <p>The Annual Report draft for presentation to the Board of Supervisors will be reviewed in lieu of a presentation for the second half of today's meeting.</p>



	<p><b><u>Resource Access and Inclusion (RAI) Committee</u></b>  Commissioner Lee reported 8 tabling events have been scheduled through July and shared sign up sheets. All Commissioners are encouraged to sign up for at least one event.</p> <p>An updated brochure is being drafted and will be reviewed at the RAIC meeting today.</p> <p>The committee met with Preston Merchant, AAS Communications Officer who is assisting in increasing exposure of CoA via social media.</p> <p>Commissioner Leth announced the tabling event in Half Moon Bay changed from April to May 8 from 3-5. It is the Housing Fair and will be held at the Senior Center.</p> <p>Commissioner Porter volunteered to help maintain the schedule for tabling.</p> <p>Commissioner Taylor requested better signage to use for tabling.</p> <p><b><u>Middle Income Senior Opportunity (MISO) Committee</u></b>  Commissioner Dimas Kahn reported that the committee is continuing work on their work plan and information to present to the BoS from MISO.</p> <p>She announced that Commissioner Austin has volunteered to take over as chair of MISO from July as she will be terming out in June. She will be training him in the next few months.</p> <p><b><u>Transportation and Aging In Community (TAIC) Committee</u></b>  Commissioner Uhl reported that Lynn Spicer with SamTrans is attending regularly and providing information to the committee on their status. SamTrans usage has increased from the previous month and the committee has requested and will be receiving rate/price list of all programs currently being offered.</p> <p>She shared that every city in the county is required to address housing and how to get into housing for older adults is being discussed by the committee Chair Coppock reminded all that Commissioner Lee is on the Housing and Community Development Committee.</p>
7. Discussion on Advocacy	Chair Coppock reminded all committees to include advocacy suggestions in their work plans



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	<p>She also encouraged all to begin establishing relationships with BoS, it is important to “be known” by them as older adult advocates</p> <p>As a reminder for Commissioners, please go through the Executive Committee if any committees would like to approach the BoS so the full CoA is aware and vets advice or recommendations being made.</p> <p>Discussion took place regarding funding for Age Friendly work. Recommendation made to send a letter to the BoS regarding the additional needs being seen by CoA for oversight by the County. The RAIC will draft a letter for review.</p> <p>Commissioner Arnos expressed the need for advocacy on behalf of nursing home staff for pay increases for the work they do.</p>
<p>8. Member Reports</p>	<p>Commissioner Liana shared information on data from the Villages of San Mateo County. There are currently 255 members, average age: 81, 75% female, 25% male, biggest request for services are rides to medical/personal appointments. 200 rides provided to date. California is launching a Village Incubator: 45 villages exist throughout the state. Project 4.7 million older adults in the next decade with 25% who will be middle income seniors.</p> <p>Commissioner Barsi inquired on how to become a member and if the Villages work with the medical community ie. Kaiser.</p>
<p>9. Staff Report</p>	<p>Anna provided updates on funding to OAA programs and welcomed David Linnell with Meals On Wheels who is our newest provider and who attended in person today. He shared information on a new app they are using to help connect and know whereabouts of participants in his program. This generated interest by Commissioners and he will be connecting with staff to provide information.</p> <p>Cristina Ugaitafa announced the next NBC Coalition meeting is scheduled for May 16<sup>th</sup> from 9:00-10:30am. Presentation will be on Mental Health and focus on Isolation and Loneliness.</p> <p>She also announced that the Area Plan Update will be presented to the BoS in April.</p> <p>Andrew Eng announced that the Commission on Disabilities will be holding their annual Inclusion Festival on July 27<sup>th</sup> from</p>



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	11:00am-3:00pm. All are welcome to attend and to table at the event.
10. Announcements	No announcements were made
11. Stretch Break	There was a 10-minute stretch break.
12. CoA Annual Report Discussion	<p>Chair Coppock presented draft of the report. Discussion followed. Chair Coppock will be editing slides and verbally including suggestions provided. Main points from discussion include the following:</p> <ul style="list-style-type: none"><li>• Highlight one or two successes made during the year</li><li>• Provide each Supervisor with a Help @ Home guide/CoA Brochure and include the outreach being done</li><li>• Emphasize the Commissions focus on diversity, equity, inclusion especially for underserved communities</li><li>• Include the importance of the Master Plan for Aging</li></ul>
13. Adjourn	Commissioner Dimas Kahn motioned to adjourn. Commissioner Barr seconded. Meeting adjourned at 10:59am.