



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

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 Director

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Commission on Aging General Meeting Minutes
 Monday, March 8, 2021 9:00 – 11:00 a.m.
 Location: ZOOM Virtual Meeting Conducted due to COVID-19

Members present: JoAnne Arnos; Maria Elena Barr; Walter Batara; Karen Coppock; Angela Giannini; Jean Hastie; Joan Kilroe; Monika Lee; Marita Leth; Michael Mau; Scott McMullin; Cherie Querol Moreno; Liz Taylor; Kathy Uhl.

Members excused: Elsa Agasid, Christina Dimas-Kahn

Members absent: Patty Clement

Staff: Lisa, Mancini, Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz

Public: Barbara Valley; Kelli Jo Cullinan; Ann Cooney; Erin Malone; Evelina Chang; Sandra Lang; Laura Swartzel; Natalya Alazraie; Phillix Fong; Shanah Hawk; Terue Shinohara; Wes Taoka; Sandra Winter; Stephanie Coy; Christina Irving; Susan Houston; Angela Hey; Ann O'Brien Keighran

ITEM	DISCUSSION
1. Call to Order; Pledge of Allegiance; Roll Call	Meeting called to order at 9:00 a.m. by Chair Hastie. Commissioner Batara led the Pledge of Allegiance. Roll Call followed.
2. Oral Communications	Barbara Valley introduced herself and shared that she will be attending CoA meetings and reporting back to the Senior Affairs Commission in Redwood City. Looking forward to a symbiotic relationship with CoA.
3. Approval of Today's Agenda: March 8, 2021	Commissioner Coppock motioned to approve the agenda with edits. Seconded by Commissioner Kilroe. Motion passed.
4. Approval of February 8, 2021 minutes	Commissioner Mau motioned to approve the minutes. Seconded by Commissioner Barr. Motion passed.
5. Committee and Ad Hoc Reports	<u>Executive Committee</u> Chairperson Hastie reported the Executive Committee would like to send a letter to the Board of Supervisors to address the recent attacks on seniors. Discussion followed. Commissioner Batara

	<p>motioned to approve the creation and submission of a letter to the Board of Supervisors condemning the attacks on seniors and targeting Asians and Asian Americans. Motion seconded by commissioner Barr. Roll call vote: 14 yes, 3 absent 0 no. Motion passed.</p> <p><u>Resource Access Committee</u> Commissioner Lee reported that the RAC sent out an email on Feb 22nd to all identified communication partners in an effort to build relationships. The main purpose of this email was to see if they had the right person and to gauge interest. They have received a great response and there are 17 people interested in attending an April meeting. It will be further discussed at today's RAC meeting.</p> <p><u>MISO (Middle Income Senior Opportunities) Committee</u> Commissioner Dimas-Kahn was not able to attend today's meeting. A report will be provided at the April meeting.</p> <p><u>Transportation Committee</u> Commissioner Mau reported there will be a meeting this Thursday. They met last month on Feb 11th. One of the main topics was transportation for seniors living on the Coast to vaccinations sites. Commissioner McMullin spoke with a representative from Kaiser about this and they were receptive on having further discussions. Commissioner Mau did report a vaccination site did pop up on the coast last week. They encourage have more vaccination sites on the coast to alleviate this issue.</p> <p><u>Social Isolation and Depression Ad Hoc Committee</u> Commissioner Clement was not able to attend today's meeting. No report was presented.</p> <p><u>Age Friendly Ad Hoc Committee</u> Commissioner McMullin reported that research has been done on 3 other counties. Everyone on the committee has been assigned to interview Age Friendly Taskforce members from the 6 cities within San Mateo County. They will be reporting back at their next meeting scheduled for March 22nd. They plan to make recommendations to the Commission at the end of April.</p>
7. Member Reports	<p>Commissioner Querol Moreno reported on free transportation by SamTrans to vaccination sites. Got wheels is also offering free rides to its members for the drive through vaccination sites only so only to SFO at the moment. Justice on aging has released a</p>

	<p>compilation of bills associated with the master plan for aging. She provided the link to the documents.</p> <p>Commissioner Uhl reported that Paratransit is also doing free rides to vaccination sites.</p> <p>Commissioner Leth reported that she was really happy to hear there are vaccination sites on the coast. Has concerns over homebound seniors especially those in remote areas.</p> <p>Cristina Ugataifa SamTrans are doing rides for walk up clinics only, not drive through clinics.</p> <p>Chairperson Hastie reported that they have committed to have the California Master Plan on Aging presentation in either June or July.</p> <p>Commissioner Lee reported that she heard on Capital Day that there are more funds available than expected due to the unusual times which was encouraging.</p> <p>Anna Sawamura reported that there was a recording and notes from capital day that she can share with all of the commissioners.</p> <p>Chairperson Hastie reported that there is a lot of synergy between what was discussed on capital day with what this commission hopes to achieve.</p>
8. Staff Reports	<p>Lisa Mancini thanked everyone regarding the letter that is being sent to the Board of Supervisors. Congratulated Anna Sawamura for gathering so many people to represent San Mateo County on Capital Day.</p> <p>The following Great Plates Delivered Program data was shared:</p> <ul style="list-style-type: none"> • FEMA has extended the program through April 7th • Expecting FEMA to tell the county when it is the last extension • The county will continue to propose a soft landing • 4,226 participants have been served • 3,463 participants received meals over the weekend • 1.77 million meals have been provided to date • 79 restaurants have served meals • Almost \$39 million has gone back into the restaurant economy

She provided the following COVID-19 data points:

- Last week was the one-year anniversary for the DOC who has been working around the clock.
- There has been a decline in covert positive cases, a decline in COVID related deaths and a decline of those hospitalized due to COVID symptoms
- Over the weekend there were 136 positive tests, back in January it was over 1000. County deaths total is 525.
- Today we have 27 hospitalized with COVID symptoms, 9 are in ICU. Quite a decrease from the past few months.
- There are currently 5 ICU beds available county wide
- The county is currently housing 12 individuals in 10 hotel rooms. In the past it has been in the 70s and 80s.
- Today they are housing 143 high risk homeless individuals in 132 rooms.

The following vaccination data points were shared:

- 68% of those 65 and over have been vaccinated
- Almost 75% of those 75 and older have at least received their first dose
- For those 16 and older, 27.5% of the population has been vaccinated

Lisa is pulling together the plan to vaccinate those that are homebound. They were incredibly hopeful with Johnson & Johnson (Janssen) for this group because it is one shot, does not require the deep freeze or the special refrigeration that other vaccines do. Each vile has 6 shots, once the vile has been punctured, you only have 2 hours to use it use it up. It's very complicated to coordinate the hub and spokes. The hub is where we will have a mobile van in a neighborhood and the spokes are the public health nurses that go from house to house. You have to sit a minimum of 15 minutes per person and 30 minutes with the more frail individuals. She is anticipating that each shot will take 45 minutes to an hour. They are trying to coordinate with medical aids to get the process started for the nursing staff to do the injections and then sitting with the individuals afterwards. There is a pilot starting in North Fair Oaks this week and we are hoping to learn from this pilot. We are hoping to work with the local pharmacies and health agencies as vaccines continue being released to us.

The Governor is holding 40% of vaccines for the underserved and lower income areas within our state. It is done by a healthy places index. SMC does not have any of the census tracks that fall into

	<p>the most challenged areas. We are concerned as to how that will impact the delivery of vaccines to our state.</p> <p>Anna Sawamura provided the following data of services being provided by the CBOs:</p> <ul style="list-style-type: none"> • Information and Referral: 1,408 inbound calls and 1,505 outbound calls were made • Nutrition: 411 older adults received 5,450 grab and go meals. 929 older adults received 19,544 home delivered meals • Adult Day Care: 457 inbound calls and 2,450 outbound calls to clients were made • Family Caregiver Support Program: 223 inbound calls and 457 outbound calls to caregivers were made <p>Our Family First Coronavirus Act money that was focused on supporting the grab and go and home delivered meal providers received 489k in additional support. We are receiving invoices for those funds now. The Cares funding came in the amount of approximately \$1.5 million to support all of our other supportive services for the county as well as a portion of it will be used to continue supporting meals.</p> <p>The Senior Focus Program, which is part of Mills Peninsula and Sutter Health has announced that they will be closing on March 26th. We currently contract with them for Adult Day Health Care, Family Caregiver Support and Health Promotion. There will be a dip in the amount of support that will be provided for the remainder of the fiscal year but we will be working hard to see if we can find other providers that can provide support.</p> <p>Our Age friendly initiative has received additional support thanks to Supervisor Canepa's leadership. We will be working with 3 additional cities: San Carlos, Burlingame and Half Moon Bay. CAFÉ will be working with the cities to help them develop and organize a task force that can identify their city's projects and submit applications to receive Age Friendly designation from AARP. Ann Keighran has spoken with the mayors of those cities and they will be trying to organize and schedule meetings with those cities to begin the work.</p> <p>Motion to temporarily close the CoA general meeting for the public hearing by Commissioner Kilroe and seconded by Commissioner Barr. Motion passed.</p>
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9. Stretch Break	There was a ten minute stretch break.
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10. Public Hearing	<p>Lisa Mancini introduced Cristina Ugaitafa, Aging and Adult Services, Community Program Analyst II - Planner, for Fiscal year 2021-2022 Area Plan Update. Presentation was followed by Q&A.</p> <p>Chairperson Hastie reopened the meeting.</p> <p>Motion to approve the area plan as presented today by Commissioner Coppock and seconded by Commissioner Kilroe. Roll call vote: 14 yes, 3 absent 0 no. Motion passed.</p>
11. Adjourn	<p>Commissioner Lee made the motion to adjourn. Commissioner Querol Moreno seconded the motion. The meeting adjourned at 10:50 am.</p>



Commission on Aging

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