



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, March 13, 2023 9:00-11:00 am

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members Present: JoAnne Arnos; Jeffrey Austin; Maria Barr, Eileen Barsi, Karen Coppock; Christina Dimas Kahn; Angela Giannini; Monika Lee; Marita Leth; Irene Liana; Cherie Querol Moreno; Joyce Porter; Liz Taylor; Kathy Uhl

Member excused: Patty Clement

Staff: Nina Rhee (Virtual); Anna Sawamura; Andrew Eng; Cristina Ugaitafa; Diane Madriz; Suki Ho

Public: Christina Irving; Creighton Mendivil; Deborah Owdom; Beth Phipps; Erin Malone; Francine Serafin Dickson; Josephine Daniels; Katy Spence; Sandra Lang; Sandra Winter; Sophie Dachauer; Stella Zheng; Terue Shinohara; Tom Barrett; Bernie Mellott; DCCSC; Call-in participant without name provided

ITEM	DISCUSSION
1. Call to Order Pledge of Allegiance Roll Call	Chair Coppock welcomed all to the first in-person meeting of the Commission since the pandemic. Commissioner Porter led the pledge of allegiance Anna Sawamura conducted roll call. Quorum was established.
2. Introduction of members of the public	18 public participants: 17 joined via webinar link and 1 joined in person.
3. Oral Communications	No public comment.
4. Approval of Today's Agenda	Commissioner Dimas Kahn motioned to approve the agenda. Seconded by Commissioner Barr. Motion passed.
5. Approval of Minutes: February 13, 2023	Commissioner Dimas Kahn motioned to approve the minutes. Seconded by Commissioner Barr. Abstained by Commissioner Austin. Motion passed.
6.	<p><u>Executive Committee</u> Chair Coppock announced two members are terming out in June 2023. Three vacancies will need to be filled. Requested Commissioners and the publics assistance in recruiting applicants while being mindful of diversity at all different levels.</p> <p>The committee is working on the annual report for presentation to the Board of Supervisors in May. Reminder for committee chairs to please submit workplans and highlights for the report.</p> <p><u>Resource Access and Inclusion (RAI) Committee</u> Commissioner Lee shared information regarding tabling opportunities and encouraged all who can to help. Request was made for official name tags for all Commissioners.</p>



Middle Income Senior Opportunity (MISO) Committee

Commissioner Dimas Kahn reported the committee is working on the work plan and long term care options are being discussed. Items of concern include the following:

San Mateo County 2030 study conducted 20 years ago aligns with what older adults are currently experiencing:

- Large number of baby boomers with varying needs
- Lack of caregivers
- Long term care options are not affordable

Committee would like to recommend public comment be made at the next Board of Supervisors meeting addressing the lack of support for long term care options for middle income seniors.

They would also like to support increasing the number of assisted living waivers for those eligible. Currently only 5,000 can receive this assistance in the entire state.

Commissioner Lee expressed concern over increasing taxes and that older adults are struggling. Commissioner Dimas Kahn will bring this to the committee for further discussion.

Transportation and Aging In Community (TAIC) Committee

Commissioner Uhl reported the last meeting was postponed due to the storms and unsafe conditions for attending the meeting in person. The meeting is being rescheduled.

The committee is assessing how best to balance work between transportation and housing issues they would like to address.

Commissioner Barsi expressed the need to bring to the state constitution that housing is a human right. This is a major concern.

Commissioner Leth announced that the Age Friendly Task Force on the Coast is looking at housing as one of their projects. A housing fair is scheduled for April 11th. Current concern is over people seeking housing from outside the county making it difficult for current residents to remain here. Housing is very expensive.

Commissioner Lee is on the Department of Housing's Housing and Community Development Committee (HCDC) and was asked to provide CoA with updates and reports at future meetings.

Commissioner Arnos shared that rental restrictions are being placed on Air BnBs to tighten up laws and cut down on vacancies. Also, the state of California has a mandate for every city to build housing.



<p>7. Discussion on Advocacy</p>	<p>Chairperson Coppock requested Commissioners include the type of advocacy they would like to undertake on committee work plans as this is a good time to bring these to the Board of Supervisors as part of the annual report.</p> <p>She also thanked Commissioner Arnos for agreeing to secure a speaker for the June meeting.</p>
<p>8. Member Reports</p>	<p>Commissioner Barsi reported she has contacted and is connected with the City of Daly City. They are happy to have programs back in operation and she will be meeting with them on a quarterly basis.</p> <p>Commissioner Arnos commended Commissioner Barsi on her outreach to Daly City.</p> <p>Commissioner Liana reported she has contacted and connected with the City of San Bruno. She has visited the San Bruno Senior Center and they were provided with a Villages presentation. As a result, two new members and volunteers have joined.</p> <p>Commissioner Querol Moreno has contacted and connected with South San Francisco and Brisbane. Both cities are working with their respective task forces to become “age friendly.” The Teglia Center is currently closed with programs being offered from another location. Sharon Ranals is the new city manager and will be reaching out to the CoA.</p> <p>Commissioner Leth shared that the Coastside Age Friendly Task Force is being offered a page on the Half Moon Bay Reviews March 22nd issue to outreach to the community. The paper is also working on their April 22nd issue which will focus on housing.</p> <p>Commissioner Barr shared her personal experience of falling and requiring care in a facility. She feels there is a caregiving shortage and feels the need to advocate to support the caregiving workforce.</p>
<p>9. Staff Report</p>	<p>Anna Sawamura reported that all committee and general meetings have been scheduled to resume in-person meetings. The general meetings will have a hybrid attendance option for the public in webinar format. She thanked the commissioners for their flexibility and patience as we begin resuming meeting in-person.</p>



	<p>The Access to Technology Program is beginning this month and will provide tablets, internet connection, training and support to older adults and adults with disabilities who are unable to afford and/or cannot connect with services without assistance. Community Tech Network is the provider selected through a Request for Proposal (RFP) process. The goal of the program is to help bridge the digital divide and address the social isolation being faced as a result of the pandemic.</p>
<p>10. Announcements</p>	<p>No announcements were made.</p>
<p>11. Close the CoA General Meeting</p>	<p>Chairperson Coppock made a motion to close the general meeting. Motion seconded by Commissioner Barr. Motion approved.</p>
<p>12. Stretch Break</p>	<p>There was an 8-minute stretch break.</p>
<p>13. Public Hearing: 2023-2024 Area Plan Update</p>	<p>Chairperson Coppock introduced Cristina Ugaitafa who presented the 2023-2024 Area Plan Update. The powerpoint presentation was followed by public comment/questions:</p> <ul style="list-style-type: none"> • How many people receiving Ombudsman support are 85 years of age and older and have expended all their finances and are in need of help? Reply by Bernie Mellott: 14 have run out of money. • The low income/non-English speaking population seems to be low compared to the total number of older adults, why? Reply: Income at the county level is different from the federal poverty guidelines used. • Are the results of the survey reflected using COVID? Reply: The information/data collected is for info collected just before COVID. It was collected in November 2020. • When will the next survey be implemented? Reply: The state is considering releasing a statewide survey. The timeline is not currently available. • How do you feel about the 4 year survey? What results would be effective especially after COVID? Reply: It is a long time but an assessment process takes a long time to process. • What questions/suggestions are you requesting regarding PDAC? Reply: we would like someone hired by the county to do long term care counseling. No one agency does so now. • In terms of distribution of service units, how are units allocated determined? Reply: Providers propose the units of service they will provide on an annual basis based on the funding available. • Are we awaiting information from the California Department of Aging (CDA) regarding low income/minority individuals? Reply: yes



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	<ul style="list-style-type: none"> • Will the New Beginnings Coalition (NBC) be doing a needs assessment? Reply: This may not be needed if the state issues a needs assessment. • Will the state needs assessment accurately reflect the needs of our county? Reply: We will not know until the assessment tool is released and if changes can be made. If county needs are not reflected, we will need to address how to include it in the tool. • Is there coordination with others such as Kaiser, Sutter as they do their own assessments? Reply: Secondary data is included in the area plan. • Is there a separate assessment for mental health? Reply: The county's behavioral health and recovery services division conducts assessments. <p>Public Hearing ended at 10:55am.</p>
14. Re-Open the CoA General Meeting	Chairperson Coppock re-opened the CoA General Meeting.
15. Action Item: Vote for the approval of the Area Plan Update	Commissioner Dimas Kahn made the motion to approve the 2023-2024 Area Plan Update. Commissioner Barsi seconded the motion. The motion was unanimously approved.
16. Adjourn	Commissioner Querol Moreno motioned to adjourn the meeting. Commissioner Arnos seconded the motion. Motion approved and the meeting adjourned at 11:00am.



Commission on Aging

225 37th Avenue • San Mateo, CA 94403

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