



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Commission on Aging General Meeting Minutes

Monday, March 10, 2025 9:00 – 11:00 a.m.

Location: In Person 455 County Center Room 101, Redwood City, CA 94063

Webinar Option for Public Attendance

Members present: JoAnne Arnos; Angela Giannini; Eileen Barsi; Irene Liana; Twila Dependahl; Karen Coppockr; Maria Bar; Monika Lee; Patty Clement; Ophelie Vico; Deborah Owdom; Kathy Uhl.

Member excused: Marita Leth; David Linnell; Daniela Jonguitud; Liz Taylor

Public Virtual Attendance: Christina Irving; Wesley Taoka; Ann Keighran, Carmen Santoni, Cynthia Nakayama, Dao Do, Elyse Brummer, Kenneth Szeto, Lisa Wilson, Marita Leth, Maya Baltinester, Robert Hall, Sandi Winter, Terue Shinohara

In Person Public Attendance: Martin Nakai,

ITEM	DISCUSSION
1. Call to Order 2. Pledge of Allegiance 3. Roll Call	Meeting called to order at 9:00 a.m. by Chair Lee followed by reciting of the Pledge of Allegiance led by Commissioner Barr. Roll call conducted and quorum was established.
4. Introduction of members of the public	Chair Lee welcomed all in attendance both in person and virtually. Martin Nakai introduced himself as a member of the public who is awaiting appointment as a new commissioner.
5. Oral Communications	No public comment.
6. Approval of Today's Agenda: March 10, 2025	Commissioner Coppock motioned to approve, Commissioner Clement seconded the motion. Motion passed.
7. Update on Board of Supervisor (BoS) activities regarding items concerning older adults.	Tony Bayudan officially announced Martin Nakai as the new appointment to the Commission on Aging. Chair Lee asked if any information was available regarding Measure K. Mr. Bayudan has no information available to share at this time. Commissioner Liana requested information regarding social isolation that can be shared with the commission to assist in the work being done by the Social Isolation and Transportation Committee. Mr. Bayudan will work on providing this information.

8. Committee and Ad Hoc Reports

Executive Committee

Chair Lee reported that the letters to Supervisor Canepa regarding transportation for Veteran’s Village and the welcome letters to Supervisor’s Gauthier and Speier were sent.

Potential advocacy issue: Support for Congressman Kevin Mullin’s Federal Poverty Line to raise the amount. Currently, \$15,060 for a single person. If you would like to consider as an individual, please do so.

Commissioner Giannini volunteered to research and bring back information regarding the Federal Poverty Line Act for possible support by the CoA.

Chair Lee would like the Commissioners to begin reporting on work being done in the county by their buddy assignments.

Commission on the Status of Women presentation.

Information, Resources, and Community Engagement Committee

Chair Lee reported the following:

- The finalized guidelines for representing the Commission are being reviewed by County Counsel for input and approval.
- Senior Showcase events are coming up. Commissioner Owdom has the schedule, please consider tabling as it is a worthwhile opportunity to connect and share CoA work being done.
- The committee is preparing for the updating of the Help@Home guide. Requested all commissioners assist with the update process.. Commissioner Giannini requested consideration of having Tagalog version available.
- Chair Lee requested an informal survey be conducted by Commissioners when outreaching to help identify translation needs.
- A list of current buddy assignments is being circulated for updating purposes.

Aging Readiness and Family Caregiver Support Committee

Commissioner Coppock reported that the committee is continuing work on finalizing a work plan focused on identifying how people

	<p>would like to age and what will it look like. Financial information will be included.</p> <p>Commissioner Liana shared that the villages held a presentation on aging readiness and they are holding a series of presentations. If interested, please contact Commissioner Liana.</p> <p>Commissioner Arnos was contacted regarding a pilot program at San Carlos Community Center. Their plan is to discuss Baby Boomers who are aging. Funding support was received from the BoS for the program.</p> <p><u>Social Isolation and Transportation Committee</u></p> <p>Commissioner Liana reported the meeting was cancelled due to the atmospheric storm. They met for a virtual information session.</p> <p>Commissioner Vico announced that a south coast transportation survey is being developed to help identify transportation needs.</p>
<p>9. CoA Strategic Planning Retreat</p>	<p>Chair Lee requested feedback from Commissioners regarding the retreat. Comments are below:</p> <ul style="list-style-type: none"> • Facilitator was instrumental in guiding the discussions • Offered opportunity for each Commissioner to share their areas of interest • Opportunity to get to know each other better • Fabulous write-up • How do we pull the information together? • The priorities identified by the facilitator provides a great framework • Well attended and well facilitated but we needed more time • Need to discuss advocacy and how to advocate to the BoS and Aging and Disability Service • Need for acknowledging ageism and bias • Unable to discuss committee work plans at the retreat • Request made that each committee finalize their work plans prior to the April 14th general meeting. <p>Chair Lee announced that continued strategic work plan discussion for the next two years will be covered next month. Overall goal is to support efforts to assist older adults to age in place.</p>
<p>10. Staff Report</p>	<p>Director Pullen will be presenting the Area Plan update and gave his report time to allow for the agenda items above to continue.</p>

11. Announcements	No announcements made.
12. Stretch Break	There was a 5-minute stretch break.
13. Public Hearing 2025-2026 Area Plan Update Presentation	Presentation given by Director Pullen.
14. Action Item: Approval of the 2025-2026 Area Plan Update	Commissioner Coppock motioned to approve the Area Plan update. Motion was seconded by Commissioner Giannini. Roll call vote took place. Unanimously approved by Commissioners.
15. Adjourn	Commissioner Barr moved to adjourn the meeting. Seconded by Commissioner Uhl. Motion passed. Meeting adjourned at 11:00 am.



Commission on Aging

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