



SAN MATEO COUNTY HEALTH

**ENVIRONMENTAL
HEALTH SERVICES**

Environmental Health Services

Body Art Program

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Body Art Disclosure and Care Instructions for Clients

The **Safe Body Art Act (Section 119303)** requires body art practitioners to provide clients with information about the procedure, potential risks, aftercare requirements, and health considerations before performing body art. These requirements help ensure clients are informed about the permanent nature of body art procedures, understand possible complications, and receive proper care instructions to reduce the risk of infection or other adverse health effects. All forms must have and share the following information listed below.

CONSENT FORM

- A description of the procedure.
- A description of what the client should expect following the procedure, including suggested care and any medical complications that may occur after the procedure.
- A statement regarding the permanent nature of body art.
- Notice that tattoo inks, dyes, and pigments have not been approved by the Food and Drug Administration and that health consequences of using these products are unknown.
- Whether the client may be pregnant.

MEDICAL QUESTIONNAIRE

- Whether the client has a history of:
 - Herpes infection at the proposed procedure site
 - Diabetes
 - Allergic reactions to latex or antibiotics
 - Hemophilia or other bleeding disorder
 - Cardiac valve disease
- Whether the client has a history of medication or is currently using medication, including prescribed antibiotics prior to dental or surgical procedures.
- Other risk factors for bloodborne pathogen exposure.

AFTERCARE INSTRUCTIONS

- Information on the care of the procedure site.
- Restrictions on physical activities such as bathing, recreational water activities, contact with animals, and the duration of the restrictions.
- Signs and symptoms of infections include but are not limited to redness, swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, or purulent (pus) drainage from the procedure site.
- Seek medical attention if you experience these symptoms of infection.