



MINUTES

SUICIDE PREVENTION COMMITTEE (SPC) SMCHealth.org/SuicidePrevention	
SPC MISSION	To provide oversight and direction of suicide prevention efforts in San Mateo County.
SPC STRATEGY	Suicide Prevention Roadmap 2021-2026
TOP PRIORITIES	GOAL 1: Enhance Visible Leadership and Networked Partnerships GOAL 2: Increase Development and Coordination of Suicide Prevention Resources GOAL 3: Advance Data Monitoring and Evaluation

DATE/TIME: Tuesday, July 7, 2026

1:30pm - 3:00pm

VIRTUAL LOCATION: <https://zoom.us/j/410362485> OR 669-900-6833 Meeting ID: 410 362 485

Item	Time
1. WELCOME - Stipends Available for Clients, Consumers & Family Members - Please Type in Chat Window: Name, Pronouns, Affiliation(s) - Attendance: - Taylor Coutts (she/her), Program Director of Peninsula Suicide Prevention and Felton 988 as well as co-chair of SPC with Sylvia! Welcome all! 😊 - Tamara "Tam" Smith-Jones with Lineage & Legacy, also partnering with Kingdom Love - Linda Lenoir - advocate/consult with YCS - Angelica McDaniel (She/Her), San Mateo County DA's Office - Jean Perry she/her family member serving on Behavioral Health Commission - Walter Ng - Community Engagement Supervisor Felton Institute Peninsula Suicide Prevention (wng@felton.org) (650) 722 – 7652) - Project Safety Net peying, she/her, project safety net -- working on youth mental health and suicide prevention. =) - William E, He/Him, volunteer. - Verna Barrientos (she/her) clinical social worker starting a private therapy practice.	1:30-1:45pm (15 mins)

Next Meeting: **Tuesday, August 4, 2026 1:30-3:00PM via Zoom**

If you know someone who is in suicidal crisis or emotional distress, please reach out for 24/7 confidential crisis support:
Call/text 988 (Suicide & Crisis Lifeline)
Call 650-579-0350 (San Mateo County Crisis Line)

Questions/suggestions, email/call/text either of the following SPC Co-Chairs:
Sylvia Tang, MPP (She/Her) | stang@smcgov.org | 650-208-5799
Taylor Coutts, ASW (She/Her) | tcoutts@felton.org | 650-727-7184

○ Sylvia Tang (She/Her), San Mateo County Public Health Policy and Planning (Work Out of Class), Co-Chair with Taylor! ○ Taylor Barkee (she/her) Great to meet you. My name is Taylor Barkee (she/her) and I am the Director of School and Community Programs at the Child Mind Institute. Our team of clinicians provide direct services (group therapy and individual therapy) at schools in Ravenswood and Redwood City ○ Cassandra Wilson she/her - San Mateo County - Lived Experience and other affiliations in the county. community member ○ Craig P. (he, his, him), NCMH ○ Eamonn Hartman – SMC Epidemiology Team ○ LaShelle Burch, LCSW - Community Engagement and Partnerships Coordinator, Palo Alto VA Suicide Prevention Service - 650-512-6463 - lashelle.burch@va.gov. Priority areas: Service, Veterans and their families; enhance connectedness/improve care transitions; screening for suicide, lethal means, and safety	
2. SEPTEMBER SUICIDE PREVENTION MONTH (SPM) ● SPM 26 will be limited in comparison to past years ○ Prop 1 ○ Emphasis on community partnership and collaboration in spite of cutbacks ○ Data Use: Suggestion to use data to really pinpoint what are highest needs in our community ▪ Where to access data: SMC epidemiology team is currently working on collecting data which will be reported ▪ You can find mental health, suicide and other health indicators for San Mateo County at this site: https://www.healthysmc.org/ ● Proclamations ○ 1 County Board of Supervisors ○ City Proclamations ● Community Events ○ Calendar of Partner Events ○ Historical mini-grants will likely not be available for SPM 26 ▪ Emphasis on agencies working together for joint events to share resources and community/audience bases ● Communication Campaign ○ Theme Proposition: The Weight We Carry ▪ Emphasis on men and Boys mental health ○ Acknowledgement that we carry heaviness, but we do not have to carry this alone, and we can and should be tapping into our village ● Group Interest: Suicide Prevention for Black Families ○ If there is an interest for suicide prevention collab for Black Families, I am open to assist. I have collab for caregivers/families, and Native and Asian Americans. There is a need to develop for Black families. ▪ Tamara Smith-Jones tamara@lineageandlegacy.org ● Event ○ Veterans and First Responders Mental Health Forum	1:45- 2:15pm (30 mins)

▪ Thursday, September 10 (World Suicide Prevention Day) ▪ Central Peninsula Church, 1055 Shell Blvd, Foster City ▪ 9am-12pm ○ PSP x Parent Venture – Navigating Mental Health Crisis ▪ In planning stages with Sequoia Healthcare District ▪ Aim to be educating families ▪ Professional Panel ▪ Data links shared by group: https://childmind.org/about-us/reports/mental-health-support-for-black-families/ Here is an article specific to Black adolescent boys: https://childmind.org/article/meeting-the-mental-health-needs-of-black-adolescent-boys/ Community Stigma Baseline Survey: Mental Health & Substance Misuse Knowledge, Beliefs & Behavior Behavioral Health & Recovery Services Blog ○ Venue suggestion: Skyway Center (free or low cost for events) ▪ Will hold up to 90 ppl, 50 seats ▪ Sound system	
3. NOVEMBER 19 INTERNATIONAL MEN’S DAY • Focus around men and boy’s mental wellness • Carrying over theme of “the weight we carry” • Time and Location: Location tbd Time likely be late afternoon, evening to reach community • “We tell our boys to keep quiet, but we crave for our men to speak.” - CDPH CoP Men & Boys Suicide Prevention Webinar • Forever Young Foundation – community programming, athletic programming ○ Taylor Barkee offering to share info with her connections • Acknowledgement of intersectionality: ○ Desire to insure we are including various intersectionality such as BIPOC, LGBTQ+ • Programming Examples: ○ Atelier For Healing did a local Men's Mental Health community event: https://www.atelierforhealing.org/ ○ NAMI-NYC also recently did a Panel entitled "Real Talk: NAMI NYC's Men's Mental Health Panel". If interested, it's on https://www.youtube.com/watch?v=bO6KmlEYZ0M • Brochures and Marketing Materials ○ Utilizing combined resources	2:15-2:45pm (15 mins)
4. FELTON PSP LOSS AND SOSA PROGRAMMING • Peninsula Suicide Prevention to launch Local Outreach Suicide Support (LOSS) and Survivors of Suicide Attempt (SOSA) programming	

○ Programming with support suicide loss survivors navigate next steps ▪ Will include launching of suicide loss support group and survivors of suicide attempt group ○ Currently recruiting 20 volunteers with lived experience ○ If interested, please email – psp@felton.org	
5. ANNOUNCEMENTS & NEXT STEPS • The next iteration of this meeting will be held on Tuesday, August 4, 2026. • BSBB Adaptations: ○ Elected Officials ○ Middle School ○ Black/African-American • Older Adult Resource by Santa Clara County ○ https://bhsd.santaclaracounty.gov/get-prevention-services/crisis-and-suicide-prevention/understanding-emotional-distress-older-adults • Suicide Prevention Community Outreach Materials by Santa Clara County ○ Suicide prevention community outreach materials Behavioral Health Services County of Santa Clara • Free in-person <i>DBT Groups for Students</i> training that we will be offering August 10th – August 11th at our office in San Mateo. ○ The program was created to effectively treat students in historically minoritized and marginalized communities who are at risk of further mental health problems due to anxiety, depression, and risky behaviors. Our wonderful clinician, Jayme Murakami, LMFT, will be leading the training and we would love to invite folks from your network who might be interested in joining us. ○ Participation in this training program is intended for school-based mental health staff members, such as school counselors and social workers. We will cap this training at 25 attendees. Trainees are required to: ▪ Work in a setting with students in grades 6-12 ▪ Have a mental health degree ▪ Have some previous training or experience with evidence-based interventions (e.g., cognitive behavioral interventions) ○ Registration Link: registration link. • Shared funding opportunity this month for 503(c)(3) orgs with budgets under \$5M ○ Michael Lim has offered support from Behavioral Health Commission	2:45-3:00pm (15 mins)

Morgan Stanley

APPLY NOW

Morgan Stanley Alliance for Children's Mental Health Innovation Awards

The Innovation Awards program aims to fund and advance transformative mental healthcare solutions for children and young adults across the U.S.

We invite U.S.-based 501(c)(3) public charities with an annual total revenue under \$5 million to submit innovative ideas for advancing children's mental health under two award categories:

- **Innovation Awards** (\$100,000 each) which are open to all; and
- **Next Gen Innovation Awards** (\$25,000–\$50,000 each) which are open to nonprofits founded and/or led by leaders under 32 years old, with more than two years in operation.



Funding

Winners receive up to \$550,000 in grants



Recognition

Winners raise their profile and showcase their program



Networking

Winners learn from peers and build powerful connections



Learning

Select applicants receive expert-led leadership training

KEY DATES

June 8, 2026:
Application opens

June 23, 2026 at 12pm ET:
Briefing session

July 24, 2026:
Application deadline

Spring 2027:
Winners are announced

APPLICATION DETAILS

Learn more about the program, previous winners, selection criteria and application process:

ms.com/alliance-awards

CONTACT US

acmhinnovation@morganstanley.com