

San Mateo County (SMC) Suicide Prevention Committee (SPC) 2025 Meeting Schedule¹

Virtual Location			
Until further notice, we plan to meet virtually. You can join by: <ol style="list-style-type: none"> Web Browser: https://zoom.us/j/410362485 (Meeting ID: 410 362 485) Phone (one-tap): +16699006833,,410362485# (San Jose) Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485 			
Date ² (Tuesdays)	Time ²	Type	Topic ³
January 7	1:30-3:00pm	Workgroup	Review Priorities (Goal 1 , Goal 2 and Goal 3) Key Partners Map
February 4	1:30-3:00pm	Workgroup	Resource Flyers
March 4	1:30-3:00pm	Workgroup	"I Am Suicide Prevention" Partner Video Series Volunteer Opportunities
April 15	1:30-3:00pm	Workgroup & Presentation	Psychiatric Emergency Services Panel Suicide Data Visualization Project
May 6	1:30-3:00pm	Workgroup & Presentation	Partner Presentation Resource Flyers
June 3	1:30-3:00pm	Workgroup & Presentation	Partner Presentation: SMC Office of Education Resource Websites Suicide Prevention Month Planning
July 1	1:30-3:00pm	Workgroup & Presentation	Partner Presentation: Behavioral Health Crisis Services (TBD) Suicide Data Visualization Project Suicide Prevention Month Planning
August 5	1:30-3:00pm	Workgroup & Presentation	Partner Presentation Suicide Data Visualization Project Suicide Prevention Month Planning
September 2 (310 Harbor Blvd, Bldg E, Belmont)	2:00-3:00pm	In-Person Meeting	Suicide Prevention Month Group Photo & Outreach Materials
October 7	1:30-3:00pm	Workgroup & Presentation	Partner Presentation Suicide Prevention Month Debrief
November 4	1:30-3:00pm	Presentation	Partner Presentation: Suicide Survivor Resources (TBD) Suicide Survivor Loss Day
December 2	1:30-3:00pm	Workgroup	Suicide Prevention Committee Year-In-Review Members & Partners Appreciation

1. Meeting details above are subject to change. Please refer to the latest email reminders for updated information.

2. Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.

3. This column includes meeting topics that align with the below goals of the Suicide Prevention Roadmap.

[GOAL 1: Enhance Visible Leadership and Networked Partnerships](#)

[GOAL 2: Increase Development and Coordination of Suicide Prevention Resources](#)

[GOAL 3: Advance Data Monitoring and Evaluation](#)

To get involved or for more information about suicide prevention in SMC, visit SMCHealth.org/SuicidePrevention or contact SPC Co-Chairs:

Sylvia Tang, MPP (She/Her/Hers) | 650-208-5799 | stang@smcgov.org

Taylor Georgina Coutts, ASW (She/Her/Hers) | 650-727-7184 (text okay) | taylor.coutts@star-vista.org

If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support:

Call 650-579-0350 or 988 | Text "BAY" to 741741 or 988 | Visit sanmateocrisis.org