

## San Mateo County (SMC) Suicide Prevention Committee (SPC) 2025 Meeting Schedule<sup>1</sup>

Virtual Location			
Until further notice, we plan to meet virtually. You can join by: <ol style="list-style-type: none"> <li>Web Browser: <a href="https://zoom.us/j/410362485">https://zoom.us/j/410362485</a> (Meeting ID: 410 362 485)</li> <li>Phone (one-tap): +16699006833,,410362485# (San Jose)</li> <li>Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485</li> </ol>			
Date <sup>2</sup> (Tuesdays)	Time <sup>2</sup>	Type	Topic <sup>3</sup>
January 7	1:30-3:00pm	Workgroup	Review Priorities (Goal 1, Goal 2 and Goal 3) Key Partners Map
February 4	1:30-3:00pm	Presentation	Resource Flyer Suicide Data Visualization Project
March 4	1:30-3:00pm	N/A	Resource Website Suicide Data Visualization Project
April 15	1:30-3:00pm	Workgroup	Partner Presentation Suicide Data Visualization Project
May 6	1:30-3:00pm	Presentation	Partner Presentation Suicide Data Visualization Project
June 3	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning Partner Presentation
July 1	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning Partner Presentation
August 5	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning Partner Presentation
September 2 (In-Person)	2:00-3:00pm	310 Harbor Blvd, Building E, Belmont	Suicide Prevention Month Group Photo & Outreach Materials Partners   Resource Flyer   Infographics & Videos
October 7	1:30-3:00pm	Workgroup	Suicide Prevention Month Debrief Partner Presentation
November 4	1:30-3:00pm	Presentation	Suicide Survivor Loss Day Partner Presentation
December 2	1:30-3:00pm	Presentation	Suicide Prevention Committee Year-In-Review Members & Partners Appreciation

- Meeting details above are subject to change. Please refer to the latest email reminders for updated information.
- Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.
- This column includes meeting topics that align with the below goals of the Suicide Prevention Roadmap.
  - GOAL 1: Enhance Visible Leadership and Networked Partnerships
  - GOAL 2: Increase Development and Coordination of Suicide Prevention Resources
  - GOAL 3: Advance Data Monitoring and Evaluation

To get involved or for more information about suicide prevention in SMC, visit [SMCHealth.org/SuicidePrevention](https://SMCHealth.org/SuicidePrevention) or contact SPC Co-Chairs:

Sylvia Tang, MPP (She/Her/Hers) | 650-208-5799 | [stang@smcgov.org](mailto:stang@smcgov.org)

Taylor Georgina Coutts, ASW (She/Her/Hers) | 650-727-7184 (text okay) | [taylor.coutts@star-vista.org](mailto:taylor.coutts@star-vista.org)

If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support:

**Call 650-579-0350 or 988 | Text "BAY" to 741741 or 988 | Visit [sanmateocrisis.org](https://sanmateocrisis.org)**