

## San Mateo County (SMC) Suicide Prevention Committee (SPC) 2024 Meeting Schedule

### Virtual Location

Until further notice, we plan to meet virtually. You can join by:

1. Web Browser: <https://zoom.us/j/410362485> (Meeting ID: 410 362 485)
2. Phone (one-tap): +16699006833,,410362485# (San Jose)
3. Phone (dial-in): +1 669 900 6833 US (San Jose) Meeting ID: 410 362 485

Date <sup>1</sup> (Tuesdays)	Time <sup>2</sup>	Type	Topic <sup>3</sup>
January 2	1:30-3:00pm	Workgroup	Committee Priorities ( <del>Goal 1, Goal 2 and Goal 3</del> )
February 6	1:30-3:00pm	Workgroup	<del>Suicide Data Request</del>
March 5	1:30-3:00pm	N/A	Cancelled (Due to Orientation of New Co-Chairs and Statewide Learning Collaborative Meeting for Co-Chairs)
April 2	1:30-3:00pm	Workgroup	<del>Draft Partner Activation Kit and Presentation</del>
May 7	1:30-3:00pm	Presentation	<del>Presentation of Draft Flyer and Web Page for Suicide Prevention Resources</del>
June 4	1:30-3:00pm	Workgroup	<del>Suicide Death and Attempt Data (By SMC Office of Epidemiology and Evaluation)</del>
July 2	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning
August 6	1:30-3:00pm	Workgroup	Suicide Prevention Month Planning
September 3 (In-Person)	2:00-3:00pm	In-Person Gathering	Suicide Prevention Month Group Photo and Outreach Materials at 310 Harbor Blvd, Building E, Belmont <del>Suicide Prevention Resource Promotion</del>
October 1	1:30-3:00pm	Workgroup	Suicide Prevention Month Debrief <del>Suicide Attempt &amp; Ideation Data (By SMC Office of Epidemiology and Evaluation)</del>
November 5	1:30-3:00pm	Presentation	<del>Suicide Death Review Annual Update (By SMC Coroner's Office)</del>
December 3	1:30-3:00pm	Presentation	Suicide Prevention Committee Year-In-Review <del>Committee Appreciation</del>

1. Meeting details above are subject to change. Please refer to the latest email reminders for updated information.

2. Unless otherwise noted, SPC meetings fall on the first Tuesday of the month 1:30-3:00pm.

3. This column includes meeting topics that align with the below goals of the Suicide Prevention Roadmap.

GOAL 1: Enhance Visible Leadership and Networked Partnerships

GOAL 2: Increase Development and Coordination of Suicide Prevention Resources

GOAL 3: Advance Data Monitoring and Evaluation

**To get involved or for more information about suicide prevention in SMC, visit [SMCHealth.org/SuicidePrevention](https://SMCHealth.org/SuicidePrevention) or contact SPC Co-Chairs:**

Martha Cervantes, LMFT (She/Her/Hers) | 650-208-3057 | [martha.cervantes@star-vista.org](mailto:martha.cervantes@star-vista.org)

Sylvia Tang, MPP (She/Her/Hers) | 650-208-5799 | [stang@smcgov.org](mailto:stang@smcgov.org)

Walter Ng (He/Him/His) | 650-722-7652 | [walter.ng@star-vista.org](mailto:walter.ng@star-vista.org)

*If you or someone you know is in suicidal crisis or emotional distress, you can reach out for 24/7 free confidential crisis support:*

**Call 650-579-0350 or 988 | Text "BAY" to 741741 or 988 | Visit [sanmateocrisis.org](https://sanmateocrisis.org)**